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VOL. 27, NO. 29

SANIBEL & CAPTIVA ISLANDS, FLORIDA

JANUARY 17, 2020

JANUARY SUNRISE/SUNSET: 17 7:18 • 5:58 18 7:18 • 5:59 19 7:18 • 6:00 20 7:17 • 6:01 21 7:17 • 6:02 22 7:17 • 6:02 23 7:17 • 6:03

BIG ARTS Opening Doors To New Home

BIG ARTS is opening the doors of its new home, and the community is invited to join the celebration.

BIG ARTS will be hosting a community open house on Saturday, January 25 from noon to 4 p.m. The open house is free and will feature live music by Island Jazz and the BIG ARTS Community Band and Chorus, as well as barbecued chicken and pork sliders, potato salad and coleslaw provided by Rib City. Guests will be able to tour the garden area, art gallery and experience the new state of the art performance hall. The BIG ARTS Community Open House is sponsored by

The LAT Foundation.

"We're thrilled to finally be able to open our doors and show off this gorgeous new facility to the public" said Don Rice, co-chair of the board



Rendering of the new home of BIG ARTS

of directors. "BIG ARTS mission is to provide quality arts and entertainment to the Sanibel and Captiva community, and we couldn't think for a better way to celebrate our opening than with the much image provided

loved talent from our own community."

The event will begin at noon with
Island Jazz performing in the garden.

The gallery will be open all day featuring
the first fine arts exhibit of the year,

Time for Joy, by renowned artist Mally Khorasantchi. At 1 p.m., guests will get a chance to experience the new state of the art performance hall with the BIG ARTS Community Chorus. Island Jazz will perform in the garden all day and the finale is the BIG ARTS Concert Band at 3 n m

Throughout the day, guests will be able to move freely around the facility. "This is a celebration of not just the new facility, but the amazing people who make up the Sanibel and Captiva community who have supported the arts on the island throughout the years," said Susan Heisler, board co-chair. "We hope guests get a chance to experience everything the new building has to offer, grab a bite to eat and, most importantly, enjoy the art and music."

The BIG ARTS new facility is located at 900 Dunlop Road. Guests are encouraged to beat the traffic and ride a bike as ample bike parking will be provided at Sanibel City Hall. To learn more about the new home of BIG ARTS and its 2020 Dream Season, visit www.bigarts.org.

American alligator

CROW Speaker Program With Live Animal Encounter

The Clinic for the Rehabilitation of Wildlife (CROW) weekly Speaker Series presented by LCEC continues on Tuesday, January 21 with Fast Hands or No Hands by Patty and Allen Register, owners of Gatorama.

photo provided

Gatorama is a historic roadside tourist attraction and alligator farm in Glades County, exhibiting the largest collection of large alligators and crocodiles anywhere in the United States. During this presentation, the owners will share their story of Gatorama's sustainable model for the recovery of an endangered species and provide live specimens for guests to meet.

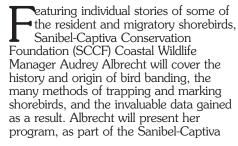
Speaker Series programs begin at continued on page 12

Tracking Shorebirds Through Banding



Audrey Albrecht

photos provided





Banded sanderling P03

Audubon Society lecture series, on Thursday, January 23 at 7 p.m. at The Community House, located at 2173 Periwinkle Way on Sanibel.

Humans have been banding birds since as early as the 16th century. The ability to individually identify birds gives a greater understanding of their life histories, and helps in making educated decisions to

continued on page 9



Jewelry by Don McCoy

Jeweler Among Artists At Festival On Sanibel

on McCoy will be among the artists who will be displaying their work at The Sanibel Community House Art Festival on Friday, January 17 and Saturday, January 18. McCoy uses diamond tools, many of which he has to make by hand to cut, carve and polish the gemstones. He incorporates alloy 24k gold into 14k, 18k or 22k and rolls out his own

photo provided

sheet and wire to use in his hand fabricated gold work. Australian opal, diamonds, tourmaline, topaz, fire opal, citrine and amethyst are some of the gemstones he uses.

"The inspiration is right in front of me. I don't have to make anything up," he said. "My craft allows me to breathe my subjects into being, which is at once thrilling and brings enormous gratitude."

The Sanibel Community House Art Festival will be held at The Community House, located at 2173 Periwinkle Way on Sanibel. For more information, visit www.boulderbrook.net or call 293-9448.

Free Bike Tour This Saturday

'N "Ding" Darling National Wildlife Refuge is offering a free guided bike tour of its Bailey Tract trails on Saturday, January 18. Tarpon Bay Explorers (TBE), the refuge's recreation concession. will be providing the free use of bicycles and helmets for up to 20 participants ages 10 and older. Reserve in advance at 472-8900, and meet at TBE by 9 a.m. Cyclists with their own bicycles can also join the tour for free, but must also preregister.

The bike tour is part of the refuge's year-long 75th anniversary celebration, which culminates on December 1, 2020. Refuge guides will lead the 90-minute

Sign up to bike the trails of Bailey Tract on a ranger-guided tour photo provided

tour from TBE through the 2.2 miles of trails at Bailey Tract. Participants will learn about the alligators, bobcats, birds, and endangered Sanibel rice rat that call the tract's marsh and wetland habitat home. Cyclists should bring drinking water, sunscreen and insect repellant.

Other highlights of the refuge's 75th anniversary season include a Clyde Butcher photography exhibition through February 5; an art exhibition by Ed Anderson, the refuge's official 75th anniversary "resident artist," from February 25 through April 24; Project Refuge: A Couture Fashion Show Using Trash on March 10; a fall exhibit of Jay N. "Ding" Darling cartoons and historic artifacts; special lectures; discounts on TBE tours; and a public celebration on December 1, 2020.

For more information, visit www.ding75.org.

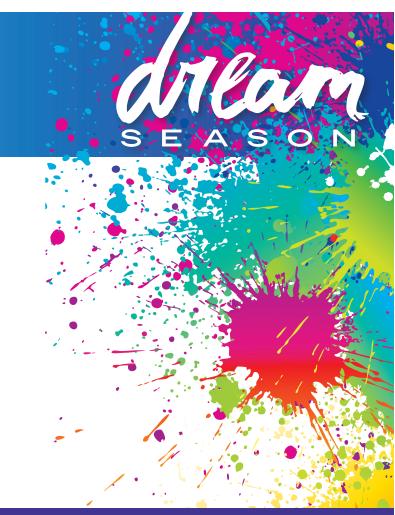
ARTS 20 20

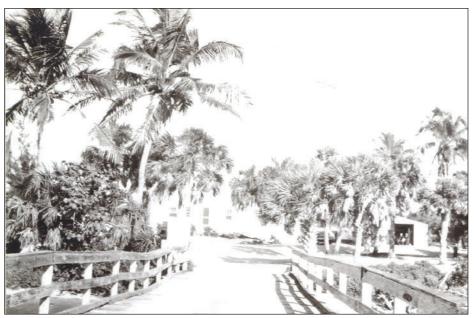
BIG ARTS COMMUNITY FREE OPEN HOUSE

Join us as we celebrate the opening of BIG ARTS new home with an afternoon of food, drinks, music and community and our first exhibit opening in BIG ARTS new gallery!

Beat the traffic and ride a bike! Ample bike parking provided at City Hall

SATURDAY, JANUARY 25 12 PM - 4 PM 900 Dunlop Road





Blind Pass Bridge

Captiva Island Historical Society

Landmark: Blind Pass Bridge

his week's image is a postcard of the second Blind Pass Bridge from Sanibel to Captiva. It was only one lane and was built in the 1940s and replaced in 1954.



The History Gallery, developed by the

photo courtesy Captiva Island Historical Society Archives

Captiva Island Historical Society, features many photos like this. All ages are welcome to step aboard a wooden replica of the old mailboat, Santiva, to capture the spirit of Captiva and learn through graphic and video panels about the events and people that shaped the island. The History Gallery is accessed through the Captiva Memorial Library, located on Chapin Lane and open during library hours. Call 533-4890 for information.

Visit the website at www. captivaislandhistoricalsociety.org/ archives/research to view many more images to bring you closer to Čaptiva.☆

Churches/Temples

ORTHODOX CHURCH

Rev. Father Dean Nastos, Orthos Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., Fellowship Programs, Sunday School, Bible Study. www.annunciation.fl.goarch. org, 8210 Cypress Lake Drive, Fort Myers, 481-2099.

BAT YAM-TEMPLE OF THE ISLANDS

The Reform Jewish congregation has Friday Shabbat services at 7:30 p.m. (7 p.m. from May to Sept.) in Fellowship Hall of Sanibel Congregational UCC. Rabbi Stephen Fuchs, President Barry Fulmer. www.batyam.org, 2050 Periwinkle Way, 732-780-2016.

HISTORIC CAPTIVA **CHAPEL BY THE SEA**

Rev. Larry Marshall. Services every Sunday 11 a.m. November 10, 2019 thru April 26, 2020. 11580 Chapin Lane, Captiva, 472-1646

FIRST CHURCH OF CHRIST, SCIENTIST Sunday 10:30 a.m., Sunday School 10:30 a.m., Wednesday afternoon meeting 4:30 p.m. Reading room open, Monday, Wednesday and Friday 10 a.m. to 12 p.m. (November through March), Friday 10 a.m. to 12 p.m. (summer hours). 2950 West Gulf

Drive, 472-8684. SANIBEL FELLOWSHIP, sbc

Join us for Bible study and Worship Sunday 10 a.m. at Island Cinema. Call Pastor Mark Hutchinson, 284-6709

SANIBEL COMMUNITY CHURCH

Dr. Stephen LeBar, Interim Senior Pastor Sunday Worship: 8 a.m. Traditional in Historic Chapel; 9 a.m. Contemporary and Children's Church in Main Sanctuary; 11 a.m. Traditional in Main Sanctuary. Childcare available at all services. www.sanibelchurch. com, 1740 Periwinkle Way, 472-2684

SANIBEL CONGREGATIONAL **UNITED CHURCH OF CHRIST**

The Reverend Dr. John H. Danner, Sr. Pastor. The Rev. Deborah Kunkel, Associate Pastor. Sunday worship: chapel service at 7:45 a.m. Full service at 9 and 11 a.m. with Sunday school and nursery care provided, www.sanibelucc.org, 2050 Periwinkle Way,

ST. ISABEL CATHOLIC CHURCH

Father Ed Martin, Administrator, Saturday Vigil Mass 5 p.m., Sunday Mass 8:30 and 10:30 a.m., Sunday May through October 9:30 a.m. only. Daily Mass Wednesday, Thursday and Friday 8:30 a.m. Holy Days call. 3559 San-Cap Road, 472-2763.

ST. MICHAEL & ALL ANGELS **EPISCOPAL CHURCH**

The Rev. Alan Kelmereit, Priest-in-Charge Saturday Eucharist 5 p.m., Sunday Eucharist 8 and 10:30 a.m., Sunday School 10:30 a.m., Tuesday Morning Prayer 9 a.m., Wednesday Healing Eucharist 9 a.m., Prayer and Potluck 1st Wednesdays 6 p.m., Taizé Service 3rd Wednesdays 6 p.m. www.saintmichaels-sanibel.org, 2304 Periwinkle Way, 472-2173.

UNITARIAN UNIVERSALISTS OF THE ISLANDS

Meets 5 p.m. on the second Sunday of each month from December through April at the Sanibel Congregational Church. A pot luck is held at a member's home on the third Sunday of each month. ryi39@aol.com, 2050 Periwinkle Way, 433-4901.



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Sanibels

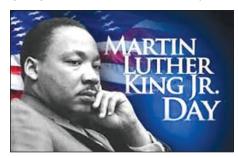
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City Of Sanibel Holiday Schedule

The City of Sanibel administrative offices will be closed in observance of Dr. Martin Luther King, Jr. Day on Monday, January 20 and will resume regular operating hours on Tuesday, January 21.

All refuse, recycling and vegetation waste collection by Advanced Disposal will be collected on your regularly scheduled day. If you have any questions, call Advanced Disposal at 334-1224.

The Sanibel Recreation Center will be closed on Monday, January 20 and will resume regular operating hours on Tuesday, January 21. If you have any questions, call 472-0345.

Center 4 Life will be closed on Monday, January 20 and will resume regular operating hours on Tuesday, January 21. If you have any questions, call 472-5743.**

CARD OF THANKS

White cooperation from the Bay Pines VA Healthcare system, Songs and Stories for Soldiers, a local foundation, conducted its 3rd annual campaign to obtain shoes and socks for homeless veterans in Southwest Florida.

Many organizations on Sanibel helped this year, with 567 pair of shoes and 1,245 pairs of socks donated, well over the initial goals. Over the causeway, St. Columbkille Church alone, donated 193 pairs of shoes and 660 pairs of socks, all included in our totals. The shoes and socks will be distributed by the VA homeless shelter in St. Petersburg, as well as by VA community-based healthcare services centers from St. Petersburg to Naples.

On behalf of the hundreds of men and women veterans who will benefit from these shoes and socks, we say thank you, Sanibel. Plans are already in the works to expand the program next year with additional participants, as well as getting schoolchildren involved.

One in 10 veterans in our country today are homeless, and giving these men and women a pair of shoes can help them on their journey towards getting a job and taking care of themselves.

– Dan Perkins☆

Community House

SCA Art Festival

The Sanibel Community Association (SCA) Art Festival is this Friday and Saturday, January 17 and 18 from 9 a.m. to 4 p.m. Suggested donation of \$5 at the gate.

Pasta And Cheese Making

Chef Jarred Harris will lead a Pasta and Cheese Making class, and give an olive oil tasting on Monday, January 20 from 9 a.m. to noon. Cost is \$45 for members and \$55 for guests.

Oil Painting Workshop

Oil Painting with Suzette will be held on Monday, January 20 from 9:30 to 11:30 a.m. Learn how to paint blueberries. Cost is \$45 for members and \$55 for guests.

Design A Silk Scarf

Create a silk scarf with French dyes and sea salt on Tuesday, January 21 from 2 to 4 p.m. Cost is \$40 for members and \$45 for guests. Additional scarves can be made for \$12.

Audubon Dinner Meeting

Chef Jarred Harris will prepare dinner before the Sanibel-Captiva Audubon Society speaker program on Thursday, January 23 from 5 to 6:15 p.m. Cost is \$25 and includes dinner and sundae bar. The Audubon program begins at 7 p.m. Doors open at 6:30 p.m. A \$10 donation for the program is

not included with the cost for dinner.

Yoga Classes

Yoga Nidra with Dr. Susan Susan Pataky is offered on Mondays from 3 to 4 p.m. Experience the powerful practice of deep relaxation.

Sanibel Yoga with Vinyasa is offered on Tuesdays at 10 a.m. and Gentle Yoga at 11:15 a.m. On Thursdays, yoga for all levels is held at 10 a.m. and Gentle Yoga at 11:15 a.m.

Cost is \$18 for members and \$20 for guests.

BIG ARTS Current Events

The BIG ARTS Current Events group meets from 10 a.m. to noon on Mondays and Wednesdays.

Shell Crafting

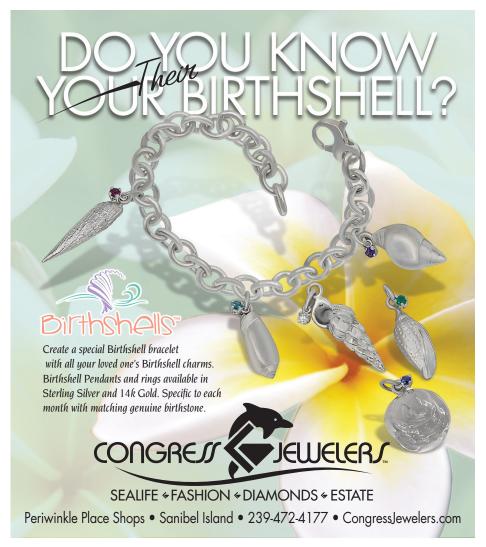
Shell craft lessons are held at 10 a.m. on Mondays. All ages are welcome but children must be accompanied by an adult. Cost is \$3 to \$5 per project, supplies provided. Shell Crafters are on site until 1 p.m. on Mondays for those who would like to view or purchase their work.

Honey, Pickles And Jellies

Locally harvested honey is for sale, as well as chutneys, pickles and jellies made by Chef Jarred Harris.

The Community House is located at 2173 Periwinkle Way. For more information, visit www. sanibelcommunityhouse.net or call 472-2155.❖

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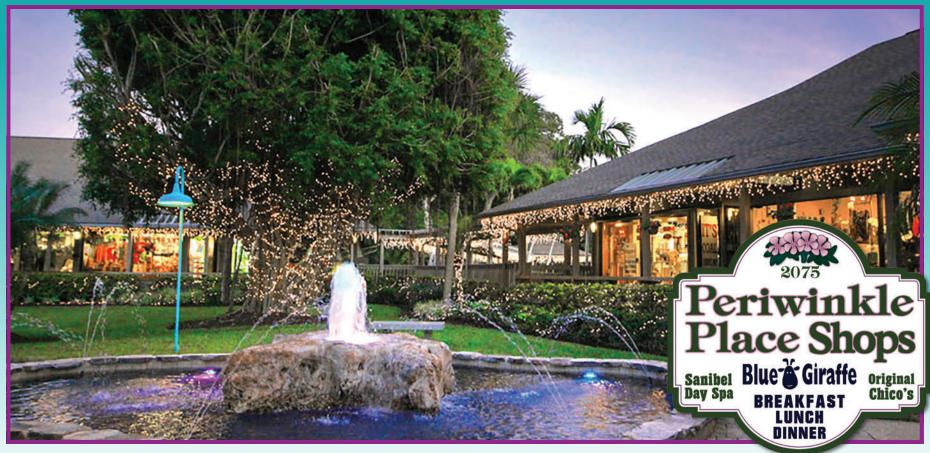
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Small Group Night Out For Youth Ministry

submitted by Jamie Senkeleski

he Sanibel Community Church H2O Student Ministry teens and their leaders enjoyed a casual night out recently. The middle school students attended various events based on their grade. The sixth grade girls had a night of pampering and pizza. On the other side, the sixth and seventh grade boys performed a service project where they filled 30 stockings for teen girls who are being ministered to by One More Child Anti-Trafficking Missions based in Fort Myers.

To top off the evening, the group competed in a wall squatting contest, with the girls claiming victory for 2019. The night ended with ice cream at Joey's Custard.

The seventh and eighth grade girls were off-site and had a pool party. The girls had fun bonding with their leaders. The seventh grade girls were given journals and had the chance to decorate them. The eighth grade girls celebrated

a special friend's birthday and had

cupcakes.

The eighth through 12th grade young men took their event over the causeway for bowling and arcade games. These teens had a blast, with plenty of pizza. The high school ladies adventured around the island in the 3rd annual Sanibel Crawl. Their first stop was Blue Giraffe, where they dined on happy hour appetizers including the infamous cohiba chicken rolls and nacho chips and cheese. Their next stop was Sanibel Sprout for specialty soups. The teens' tastebuds were tantalized with coconut curry soup, cauliflower leek soup and vegetarian chili. Their last stop was Traders for dessert, with each girl ordering the chocolate molten lava cake.

The H2O youth leaders are thankful for the chance to spend time with their teens and look forward to creating many more memories while furthering them along with their walk with Jesus Christ.



From left, Dominick Martinez, Drake Stroud, Jonah Froelich, James Doss, Alexander Erickson, Nicholas Santoro, Rick Zurbriggen (leader), Karsten Schafer and Aiden Reason with their filled Christmas stockings photos provided



Audrey Mulka and Amelie Knoglinger in the wall squatting contest

H2O Student Ministry is a youth program for sixth through 12th graders that meets on Wednesdays from 5 to 7 p.m. for middle schoolers and from 6 to 8 p.m. for high schoolers, as well as on



Back from left, Kennedy Hanni, Marit Foster, Insa Baumgarten, Jenna Cook, Izzy Formolo and Heidi Hall. Front from left, Kay Casperson and Kayce Nette.

Sundays from 10:45 to 11:45 a.m. at Sanibel Community Church, located at 1740 Periwinkle Way. Youth on island and from surrounding communities

are welcome to attend. For more information, call 472-2684 or email Pastor Kevin at kevin@sanibelchurch.

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SANIBEL CAPTIVA









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Publisher

Lorin Arundel

Accounting Mike Terry

Advertising **Bob Petcher**

Graphic Arts & Production

Ann Ziehl, Manager Amanda Hartman Justin Wilder

Reporter Jeff Lysiak

Contributing Writers

Read Us Online: www.IslandSunNews.com

Leah Biery Kay Casperson Constance Clancy, EdD Suzy Cohen Linda Coin Marcia Feeney Kathy Kurtz Ferrari Katie Frederic Shelley Greggs Jarred Harris Marion Hauser, MS, RD Ross Hauser, MD Bryan Hayes

Craig R. Hersch

Shirley Jewell Dr. Jose H. Leal, PhD Kealy McNeal Capt. Matt Mitchell Trinette Nelson Howard Prager Gerri Reaves PhD Angela Larson Roehl Hannah Star Rogers J. Brendan Ryan, CLU, ChFC, MSFS Di Saggau Jeanie Tinch

Spirit Tree Proceeds To Benefit CROW

In The Garden – Sanibel's Retail Garden Center and Outdoor Showroom has a spirit tree that benefits local nonprofits. Spirit tree donations throughout the month of January will benefit Clinic for the Rehabilitation of Wildlife (CROW).

Canvas spirit tree tags can be purchased at the garden center gift shop for \$5. Purchasers can write well-wishes or blessings on the tags and attach them to the tree. All tag sales will be donated to CROW and In The Garden will match all

"Each year, the number of sick, injured and orphaned wildlife CROW cares for continues to rise with more than 5,000 patients representing more than 200 species admitted to the wildlife hospital in 2019," said Lisa Walsh, owner of RS Walsh Landscaping and In The Garden. "CROW's hospital is one of the nation's leading rehabilitation facilities for native and migratory wildlife."

In The Garden is located at 3889
Sanibel-Captiva Road. Is is open Monday through Friday from 10 a.m. to 4 p.m. and on Saturday from 9 a.m. to 1 p.m.*

From page 1

Tracking Shorebirds

protect and manage wildlife. In this presentation, Albrecht will go over the history of bird banding, and some of the methods involved in safely trapping and marking birds. She will discuss the interesting life histories of some of the species that are commonly seen with bands around Sanibel and Captiva, such as banded sanderling P03 who nests in Arctic Canada and returns to Sanibel each winter for the last four years. Learn how you can help contribute to this research as a citizen scientist by re-sighting and reporting banded birds.

Albrecht is originally from coastal Connecticut and graduated from the University of Rhode Island with a bachelor of science degree in wildlife conservation biology and management in 2006. She has worked all over the country with a variety of species, but the majority of her career has focused on shorebirds. From 2010 to 2016, she worked with both the Virginia Tech Shorebird Program and the U.S. Geological Survey monitoring and banding piping plovers and least terns on the Missouri River in South Dakota and North Dakota. She joined the staff at SCCF in early 2016.

This is the third of eight Sanibel-Captiva Audubon Society lectures to be held in 2020. All are welcome to attend. Doors open at 6:15 p.m. and parking is available at The Community House and across the street in the Herb Strauss Theater parking area. A \$10 donation per attendee is appreciated, with proceeds after costs being used to promote conservation on Sanibel and in Florida.

For more information, call Bill Jacobson at 395-1878 or visit www. san-capaudubon.org.

Limited Tickets For Sunset Cruise With Folk Artist

CCF's Pine Island Sounds sunset concert series will feature classic folk singer Willie Watson for a performance aboard *Lady Chadwick* on Sunday, January 26. Tapping into the rich core of roots music, Watson continues to bridge the gap between past and present since parting ways with the Old Crow Medicine Show, whose platinum-selling music helped jumpstart the 21st century folk revival.

Watson is a singer, storyteller and traveler with a catalog of songs that captures the enduring essence of Southern gospel, railroad songs, Delta blues, Irish fiddle tunes and Appalachian music. With amazing vocal and instrumental chops, Watson does more than interpret older songs. He carries on the spirit of a time nearly forgotten by breathing new life into a canon of songs that have shaped not only a genre, but an entire country.

This is the second voyage of Pine Island Sounds, a new concert series created by SCCF (Sanibel-Captiva Conservation Foundation) in partnership with Captiva Cruises. Featuring unique national touring acts of varying genres in an intimate setting, the series supports SCCF Marine Lab's water quality research.

Only 100 tickets are available for



Willie Watson

photo provided

the double-deck Lady Chadwick, which features a cash bar, snacks and an open-air deck. Boarding begins at 3:30 p.m. at McCarthy's Marina on Captiva, with departure at 4 p.m. Tickets at \$60 include light snacks and one complimentary beverage. Boarding guests will receive a "First Drink's on Us" voucher made possible by an anonymous donor. Tickets are available at Eventbrite/SCCF.



BIG ARTS
PROUDLY PRESENTS

The Temptations

JANUARY 24, 2020 5:00 P.M.

Support the final phase of BIG ARTS building campaign and be the first to visit the stunning new facility

\$750.00 PER PERSON

includes open bars, lavish dinner, concert and post-concert dancing, desserts and drinks.

For info: www.BIGARTS.org

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Jase Foster and Ryder Szymancyzk with one box completed and waiting for their table to be called for the next go around photos provided

Children's Ministry Celebrates One Nation Under God

submitted by Jamie Senkeleski

he LOGOS youth ministry group from Sanibel Community Church did it again. With the help of H2O high school volunteers and table

parents, the children packed over 200 boxes for the annual Operation Christmas Child pack out. The theme for LOGOS that evening was One Nation Under God, with emphasis on global missions.

Each year, the children create handmade Christmas cards during craft time to include in the boxes that they pack. They look forward to adding their own personal touch. It is such a special



Eden Fautz and Alexandria Broadwater making a Christmas card that will be included in their shoe box

time. The LOGOS leaders set up tables with various treats and goodies based on ages. The boxes are packed with goodies, love and a prayer.

This year, the children packed boxes in record time. Each student packed three to four boxes. The LOGOS children had a mission that evening: To put a smile on some other child's face this Christmas and to remind them that they are loved by the children



Keeva Clark shows off her packed shoeboxes

of Sanibel Community Church, and especially by God.

The LOGOS program is for children who are preschool age through fifth grade. The group meets every Wednesday from 3:30 to 7 p.m. at Sanibel Community Church, located at 1740 Periwinkle Way. For more information, contact Holly Patton-Roark at 472-2684.☆



362 PERIWINKLE WAY • SANIBEL ISLAND, FL 33957



San Cap Catholics

A New Organization for All Catholics

On January 7, 2020, over one hundred area Catholics gathered at the Sanibel Community House to jointly and joyfully celebrate and plan the creation of a new organization of Catholic Women and Men, forming the "SanCap Catholics."

Mission Statement of the SanCap Catholics:

An inclusive, just, and Catholic community where faith and ordinary life intersect, dedicated in an ecumenical spirit, to service, individual spiritual growth, and fellowship, where all are welcome.



Donation Box" at the kick-off meeting for the



Clare Phelan, Cathy Odlaug, Jean & John Halliga Cathie & Bill Thiede and Judy Risch



Ioanne O'Neil, Jack & Geri Campbell, Ann Walte Nancy DeBenedictis and Ann Marie Sprotte



en Sartoris, Dottie McGovern, Madeline & Philip acovara, Dan & Shirley Valentine and Lois Codai



Patsy & Hubie Whitaker, JoAnn & Andy McKelvey Lil Gailius and Gail McKennitt

Plans are underway to support social service projects reaching needy beneficiaries beyond the causeway. In the past, members have participated in events supporting Right-to-Life efforts, shared in ecumenical Lenten programs, and celebrated our common elements of spiritual heritage experiencing Passover Seder Meals. These and other similar faith supporting initiatives will continue along with current plans including their annual Lobster dinner and Italian Festa. In addition to providing opportunities for Christian fellowship, past events have raised thousands of dollars for such organizations as the Guadalupe Social Services, Immokalee Housing projects and the Marianist Missions.

The organization's theme, "All are Welcome" truly means membership is open to all.

Those wishing additional information or wanting to join can contact Dottie McGovern at 239-481-5950 or sanibeldot@aol.com.



Paid for by SanCap Catholics

What's Happening At The House

MONDAYS

10 am Shell Crafter Lesson **Limited Seating**

TUESDAYS & THURSDAYS

10 am & 11:15 am Sanibel Yoga

FRI. & SAT. JANUARY 17 & 18

9 am - 4 pm SCA Art Festival

MON. JANUARY 20



9:30 am Oil Painting with Suzette - Blueberries

TUES. JANUARY 21

2 pm - 4 pm Silk Scarf French dying with Venera

WED. JANUARY 22

7 pm Soil, Crops & Food Talk by Ariel Hoover

THURS. JANUARY 23

5 pm Audubon Dinner by Chef Jarred

FRI. JANUARY 24

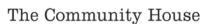
7:30 pm Stories for Grownups by Dr. Sid Simon

> Save the Date **SCA Gala January 31**

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"To enrich community spirit through educational, cultural and social gatherings in our historic Community House." The SCA is a 501c 3 Organization.

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Interfaith Shared Scholar Lecture

The 2020 Interfaith Shared Scholar Lecture will feature Mary Evelyn Tucker at Sanibel Congregational United Church of Christ on Sunday, January 26 at 4 p.m. Dr. Tucker will speak on the interface between



Mary Evelyn Tucker

environmental concerns and spirituality.

She will also present a seminar at the church on Monday, January 27 from 9 a.m. to 1 p.m. Both events are open to the public free of charge; a freewill offering will be taken at the lecture on January 26. Space is limited for the seminar on Monday. Call the church office at 472-0497 for reservations.

Dr. Tucker is a senior lecturer and research scholar at Yale University where she has appointments in the School of Forestry and Environmental Studies as well as the Divinity School and the Department of Religious Studies. She teaches in the joint master of arts program in religion and ecology, and directs the Forum on Religion and Ecology at Yale with her husband, John

Her special area of study is Asian religions. She received her PhD from Columbia University in Japanese Confucianism. In addition to teaching at Yale, she has been a research associate at the Reischauer Institute of Japanese Studies at Harvard since 1997. Her Confucian publications include: Moral and Spiritual Cultivation in Japanese Neo-Confucianism (SUNY, 1989) and *The Philosophy of Qi* (Columbia University Press, 2007). With Tu

Weiming, she edited two volumes on Confucian Spirituality (Crossroad, 2003, 2004).

Dr. Tucker's concern for the growing environmental crisis, especially in Asia, led her to organize a series of 10 conferences on World Religions and Ecology at the Center for the Study of World Religions at Harvard (1995 to 1998) with Grim. Together, they are series editors for the 10 volumes from the conferences distributed by Harvard University Press. In this series, she co-edited Buddhism and Ecology (Harvard, 1997), Confucianism and Ecology (Harvard, 1998), and Hinduism and Ecology (Harvard,

After the conference series, she and Grim founded the Forum on Religion and Ecology at a culminating conference at the United Nations in 1998. They now direct the Forum at Yale where they also teach religion and ecology. To help shape this new interdisciplinary field, they edited Worldviews and Ecology (Orbis, 1994) and a Daedalus volume titled Religion and Ecology: Can the Climate Change? (2001). Dr. Tucker also wrote Worldly Wonder: Religions Enter Their Ecological Phase (Open Court Press, 2003). She and Grim completed a new overview of the field titled Ecology and Religion (Island Press, 2014). Tucker, Grim and Willis Jenkins co-edited the Routledge Handbook on Religion and Ecology (Routledge, 2017).

The Interfaith Shared Scholar programs are sponsored by Captiva Chapel by the Sea; Bat Yam-Temple of the Islands; Saint Michael and All Angels Episcopal Church; Christian Science Church of Sanibel; and Sanibel Congregational United Church of Christ, as well as the Leo Rosner Foundation.

Sanibel Congregational United Church of Christ is located at 2050 Periwinkle Way. For more information, email deb@sanibelucc.org.\$



Audubon Bird Walk At Pond Apple Trail

he next Sanibel-Captiva Audubon bird walk will be held on Saturday, January 18 at Pond Apple Trail. Meet in the Matzaluna parking lot nearest Periwinkle Way at 8 a.m. These bird walks are open to the public and all levels of experience. A \$5 donation is appreciated. For more information, visit www.san-capaudubon.org.☆

From page 1

Speaker Program

4:15 p.m. in the CROW Visitor Education Center, located at 3883 Sanibel-Captiva Road and are approximately one hour in length. This presentation will feature a live animal encounter. Admission is \$10 for adults, \$5 for teens (ages 13 to 17) and no charge for children ages 12 and under. Space is limited and advance registration is recommended.

CROW's 2020 Speaker Series features weekly talks and runs through April 14. For a full schedule, more information or to register in advance, visit www.CROWClinic.org/ articles/2020-speaker-series-presentedby-lcec.☆

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OBITUARY



BETTY JANE PUFF

etty Jane Puff passed away on January 3, 2020, four days short of her 96th birthday. She resided at Arden Courts assisted living in Fort Myers, Florida.

Betty was born in Fort Wayne, Indiana where she lived the first 38 years of her life. Though diminutive in stature, she excelled in athletics, and during the 1940s, played professional baseball for the Fort Wayne Daisies as commemorated in the movie A League of Their Own.

In the '50s, she began her career as a freelance artist and graphic designer, and joined forces with Bette Parke in what was to be a long term partnership. In 1962, the "Bettyes" moved to Sanibel Island, Florida and owned and operated a grocery store (B-Hive), gift shop (Black Pearl), and ultimately, a small office building (Baywind Plaza).

She was a founding member of the Sanibel chapter of ABWA and was frequently called upon to donate her artistic talents for their special events. She loved playing golf in her younger years, and was past president of the Beachview Golf Club.☆

Show your colors! SANIBEL

OBITUARY

LARS CHRISTIAN LILJEQUIST

ars Christian Liljequist was born in Evanston, Illinois on August 6, 1969. He moved to Sanibel at age 16 where he stayed for many years until he moved to Fort Myers.

He had two years of college at Edison Community College and had 14 years in food and beverage experience at various restaurants on both Sanibel and Captiva. Then he took a captains license with the U.S. Coast Guard and thereafter increased that up to a 50-ton license also with the Coast Guard, and finally became a TWIC card holder with the Department of Homeland Security.

Lars' first love was being on the water both as a fisherman and as a charter captain. Lars died unexpectedly on December 22, 2019. He is survived by his son Gunnar Liljequist, his two sisters, three nephews and his mother and father, Bonnie Liljequist and Jon Liljequist.

There will be memorial service at 1 p.m. on Saturday, February 15 in Fellowship Hall at Sanibel Community Church. In lieu of flowers, contributions may be made to Habitat for Humanity or Sanibel Community Church. \$\pi\$

Grief Support Group Meetings At Sanibel Church

anibel Community Church is offering GriefShare sessions on Tuesdays through March 31 in the main sanctuary. They are open to everyone who has lost a loved. The program features a video, book, discussion and support. Refreshments will be served.

Sanibel Community Church is located at 1740 Periwinkle Way. For more information, contact Maryelle Pavelka at 850-4221 or Robert Adams at 408-569-5440.₩



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The mission of F.I.S.H. is to lend a helping hand to those who live, work or visit here, and F.I.S.H. has something for everyone. It is our goal to offer services that can assist, educate, and enrich all our island community through our Helping Hands Program, Food Pantry, Adult & Youth Scholarships, Workshops, Transportation and more!

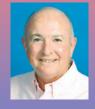






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Plant Smart

Common Wire Weed

by Gerri Reaves

ommon wire weed (Sida ulmifolia) is a Florida native and member of the mallow family, with includes species such as okra, cotton and mahoe.

This native wildflower grows abundantly throughout the state in disturbed areas, pinelands, hammocks, and fields, and along roadsides.

It is typically considered a weed if growing in a lawn. The taproot makes it difficult to remove and mowing doesn't faze it, so maybe this is one to simply appreciate.

It is valuable as a foraging food for wildlife such as white-tailed deer, rabbits and birds, including quail and turkeys. When allowed to grow tall, it provides cover as well.

Multi-branched with wiry stems, it often grows in sandy soil and can reach up to three feet tall. It is drought-tolerant and tough.

The dark green alternate leaves are lance-like with serrated edges and pointed tips and up to two inches long.

The yellow or creamy flowers bloom throughout the year. They appear in the leaf axils singly or in pairs and measure less than an inch across.

The outer petals, or sepals, collectively called a calyx, is ribbed. When the sepals are joined they



Native common wire weed grows throughout the state, often in lawns

photo by Gerri Reaves

resemble a tiny Chinese lantern.

The five notched asymmetrical petals overlap like a pinwheel, thus the alternate common names, common fanpetals or Antilles fanpetals.

The flowers resemble the popular

hibiscus flower, which is in the same family.

The seeds are dispersed by attaching themselves to clothing, animal fur and other objects.

The plant has a variety of medicinal

uses and is also called teaweed.

Sources: Everglades Wildflowers by Roger L. Hammer, Wildflowers of Florida by Jaret C. Daniels and Stan Tekiela, http://www.eattheweeds.com, www.edis.ifas.ufl.edu, and http://www.efloras.org.

efloras.org.

Plant Smart explores the diverse flora of South Florida.☆

Orchid Society Meeting

The first topic of the new year for Sanibel Captiva Orchid Society will be Encyclias and their Culture. The meeting will be held in the Sanibel Public Library meeting room on Monday, January 20 at 1:30 p.m.

The program will be presented by John Odom of Odom's Orchids in Fort Pierce, one of the largest retail growers and shippers of orchids in the U.S.

There will be no fundamentals session this month. Anyone with questions or an "ill orchid" that needs diagnosis can bring their plant to the meeting during show and tell. Orchid society members are invited to participate in a monthly show.

Ribbons are awarded for best hybrid and best species orchids. Most meetings will have orchids for sale as well as an orchid raffle. Annual society membership is \$25 per person or \$45 for couples. Guests can attend meeting for \$5.

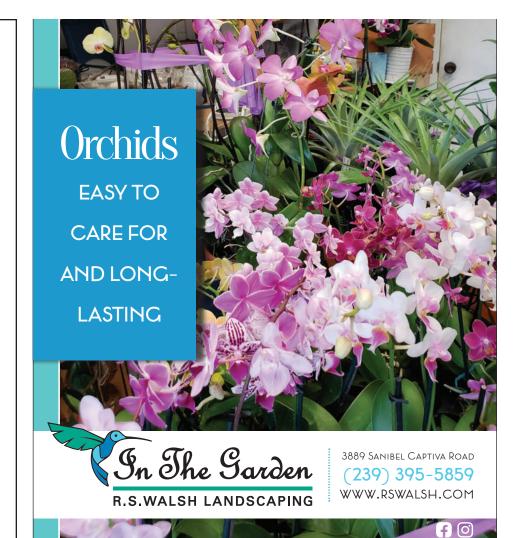
The Sanibel Public Library is located at 770 Dunlop Road. For more information, visit www.sancaporchid.org.*

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Weather Rollercoaster



by Capt. Matt Mitchell

'f there is one thing I have learned spending lots of time afloat, it is to take the weather forecast with a grain of salt. This held true this week as we had a forecast of super

strong winds for days that just never really panned out. Waking up with a wait-and-see attitude has saved many a days' fishing. With all the weather apps and forecasting tools we have at our fingertips, it's very easy to overthink the forecast. The only way to really know what the weather is currently is to step outside.

For the start of this week, we had the strongest cold front so far this winter, dropping morning low temperatures into the high 40s. After two really cold mornings, our water temperature in the sound dropped from the mid-70s to the mid-60s. We switched gears to shrimp fishing for almost an entire week, and clients experienced some great sheepshead action along with black drum and

Staying close to home for days with breezy conditions, we had some of the best bigger sheepshead action we have

seen so far this winter. Several favorite docks around St. James and the eastern end of Sanibel produced sheepshead up to 20 inches. Then, as water temperatures gradually rebounded back to that magic 70-degree tipping point, we started catching shiners again.

It never fails to surprise me the variety of fish you can catch while targeting sheepshead. The big surprise of the week came while fishing during an afternoon trip with the Marvel

After picking them up, I headed right back to a dock that we had fished. That morning trip was strong on catching lots of sheepshead. On the first cast on this dock, we immediately hooked up to a large fish that turned out to be a black drum. After releasing the drum, we instantly hooked up on a little tarpon weighing roughly 10 pounds. After several amazing jumps we landed the tarpon, got a quick picture and watched it swim off.

For as bad as the weather forecast was for this entire week, we not only managed to get all of our charters out but caught a amazing variety of species along with some real quality fish. Without that wait-and-see attitude watching the weather, we may have never even left the dock.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.



A surprise for the Marvel Family was this juvenile tarpon caught while sheepshead fishing with Capt. Matt this week

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CROW Case Of The Week:

Great Blue Heron



by Bob Petcher

he great blue heron (Ardea herodias) is a grayish-blue, tall bird with a long S-shaped neck and dagger-like bill.

This large wading bird is surprising light in weight. Due to

its hollow bones, a great blue heron typically weighs only five to six pounds. Interestingly, all birds share this bone

When the heron utilizes its rangy neck and sharp bill for fishing, it emulates a spear-like thrust that is lightning-quick and effective. In fact, this species of heron has specially shaped neck vertebrae, which enables it to strike from a distance.

A great blue heron's eyes are also important in its pursuit of prey. Great eyesight – reportedly about three times more intricate than a human's eyesight - allows the heron to possess good depth perception.

At CROW, an adult great blue heron was transferred from Busch Gardens in Tampa to CROW for continued care on a chronic lower left eyelid abscess and a resistant infection of the eyelid.

Upon intake, veterinarians noticed a collection of fluids built up on the lower eyelid, a condition that may have been



Patient #19-5298 had difficulty with its eye before a second surgery was performed to remove additional abscess material and the soft tissue material surrounding the abscess

photo by Brian Bohlman

impacted by a fishing hook or another sharp object.

The patient underwent surgery the following day to release the fluid. A topical ointment was applied, and veterinarians bandaged the eye. The bird was given antibiotics daily and pain medicine as needed.

"Surgery was performed to remove all infected abscess material as well as the surrounding soft tissue encapsulating the abscess. The chronic nature of the abscess meant the surgery was more complicated

in order to remove all of the affected tissue," said Dr. Robin Bast, CROW staff veterinarian. "The incision was temporarily bandaged after surgery to keep it clean and allow for drainage."

Over the course of the next week, the eyelid was flushed and the bandage was changed daily. A veterinarian check was performed six days after intake on January 3, and radiographs revealed that the wound had soft tissue swelling. This particular injury was not detected upon intake.

A second surgery was done to

surgically explore the area and attempt to remove the encapsulated abscess.

"A second procedure successfully removed additional abscess material and the soft tissue material encapsulating the abscess," said Dr. Bast. "The initial surgery removed abscess material and samples were taken to determine what type of bacteria were present and what medications they were susceptible to... cytology, culture and sensitivity."

A few days later, CROW medical staff reported that the patient was active, eating well and that the swelling had greatly improved.

The great blue heron is now on a wait-and-see program until its infection

The patient is on the appropriate antibiotics for the next two weeks post-operatively to ensure the infection resolves. The site where the abscess was removed continues to heal, and the inflammation is resolving," said Dr. Bast. "Over the weekend, the patient was moved to an outdoor enclosure and is eating its antibiotics in its fish. If the site heals within the next two weeks and blood work shows no evidence of infection, the patient will be cleared for release at that time and will be returned to the area it was found near Tampa."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.

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SUNDAY **JAN. 26**

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SUNDAY

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Dark Cerith



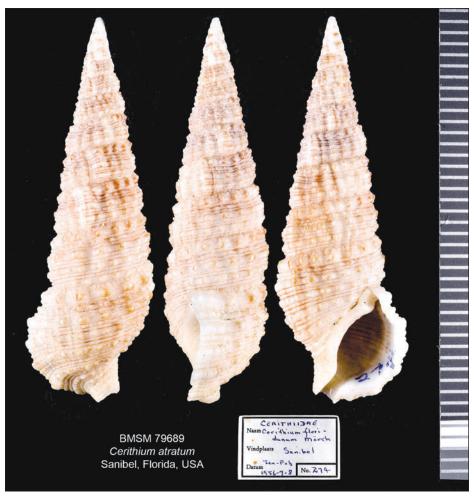
by José H. Leal, PhD, Bailey-Matthews National Shell Museum Science Director and Curator

erithium atratum Born, 1778) is the most common among the six species of the

family Cerithiidae present on the barrier islands of Southwest Florida. Its shell grows to about 40 mm (about 1.5 inches) and bears a sculpture of spiral (revolving) cords crossed by axial ("vertical") ribs. Beads form at the intersection of those cords and ribs. Those spiral cords are separated by smaller spiral lines. The shell color is dirt-white to gray covered with irregular brown spots or flecks. This detritus-feeding species is very common in the shallow bay areas and sandy-muddy flats. Read more about mollusks and their shells at www.shellmuseum.org/shellguide and www.shellmuseum.org/blog.

The museum is open! The aquarium is scheduled to open in March 2020. See updates at www.shellmuseum.org.

The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. Call 395-2233 or visit www.shellmuseum.org.☆



The Dark Cerith, Cerithium atratum

photo by James F. Kelly.

American Legion Post 123

merican Legion Post 123 is having a fish and shrimp fry this Sunday, January 19 from noon to 8 p.m. Barbecued ribs and chicken are on the menu for Sunday, January 26.



A membership drive will be held at Bailey's General Store on two consecutive Sundays, January 19 and 26, from 10 a.m. to 2 p.m. Veterans and family members are invited to stop by and join the Legion.

A Welcome New Members gathering will be held on Sunday, February 2 with live music by the Marty Stokes Band from 2 to 5 p.m.

The third Thursday of the month is Open Mic Night from 6 to 9 p.m.

The 9 Ball pool tournament begins at 5 p.m. on Monday nights.

On Tuesdays, tacos are served all day. Spaghetti and meatballs are served all day on Wednesday. On Fridays, a six-ounce ribeye steak sandwich is on the menu. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m.

If you have a flag that needs to be retired, you can drop it off at Post 123.

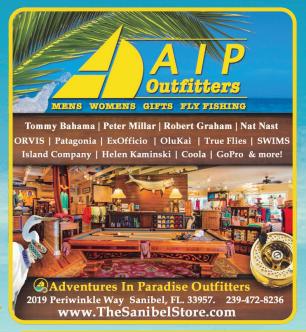
Post 123 is located at mile marker 3 on Sanibel-Captiva Road, open Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m. For more information, call 472-9979.❖







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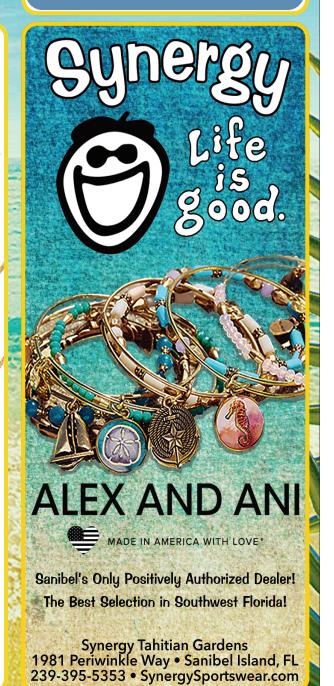
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CROW Calendar Of Events

The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact the Visitor Education Center at 472-3644 ext. 229 or reservations@crowclinic.org. Hours are 10 a.m. to 4 p.m. Monday through Friday. Daily presentations and Wildlife Walk hospital tours are offered Monday through Friday at 11 a.m. CROW is located at 3883 Sanibel-Captiva Road.

Friday, January 17, 11 a.m. to **12:30 p.m.**, \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff. Not recommended for children under the age of 13. Photography opportunity with an animal ambassador.

Friday, January 17, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge – Patient Profiles: Owls of Southwest Florida (daily presentation). One of CROW's animal ambassadors will

Friday, January 17, 2 to 3:30 **p.m.**, \$25 per person, advance registration with payment required -Wildlife Walk with Kehabilitators and Staff. Not recommended for children under the age of 13. Photography opportunity with an animal ambassador.

Friday, January 17, 2 p.m., adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge – Patient Profiles: Wading



Birds (daily presentation). One of CROW's animal ambassadors will be present.

Saturday, January 18, 11 a.m. to **12:30 p.m.**, \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff. Not recommended for children under the age of 13. Photography opportunity with an animal ambassador.

Saturday, January 18, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge - Baby Care at CROW (daily presentation).

Saturday, January 18, 2 p.m., adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge – Species Profile: Snakes of Southwest Florida (daily presentation). One of CROW's animal ambassadors will be present.

Monday, January 20, 11 a.m. to **12:30 p.m.**, \$25 per person, advance registration with payment required -Wildlife Walk with Kehabilitators and Staff. Not recommended for children under the age of 13. Photography opportunity with an animal ambassador.

Monday, January 20, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3

and under no charge - Patient Profiles: Birds of Prey (daily presentation). One of CROW's animal ambassadors will be

Monday, January 20, 2 to **3:30 p.m.**, \$25 per person, advance registration with payment required -Wildlife Walk with Rehabilitators and Staff. Not recommended for children under the age of 13. Photography opportunity with an animal ambassador.

Monday, January 20, 2 p.m., adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge – CROW Case of the Week (daily presentation). One of CROW's animal ambassadors will be present.

Tuesday, January 21, 11 a.m. to **12:30 p.m.**, \$25 per person, advance registration with payment required -Wildlife Walk with Rehabilitators and Staff. Not recommended for children under the age of 13. Photography opportunity with an animal ambassador.

Tuesday, January 21, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge – Patient Profiles: Virginia Opossums (daily presentation). One of CROW's animal ambassadors will be present.

Tuesday, January 21, 2 to **3:30 p.m.**, \$25 per person, advance registration with payment required – Wildlife Walk with Kehabilitators and Staff. Not recommended for children under the age of 13. Photography opportunity with an animal ambassador.

Tuesday, January 21, 2 p.m., adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge – Species Profile: Snakes of Southwest Florida (daily presentation). One of CROW's animal ambassadors will be present.

Tuesday, January 21, 4:15 p.m., adults: \$10, teens: \$5, age 12 and under: no charge, advance registration recommended – Speaker Series presented by LCEC: Gatorama: Fast Hands or No Hands! (seasonal program) with Patty and Allen Register, owners of Gatorama.

Gatorama is a historic roadside tourist attraction and alligator farm in Glades County, exhibiting the largest collection of large alligators and crocodiles anywhere in the United States. During this presentation, the owners will share their story of Gatorama's sustainable model for the recovery of an endangered species and provide live specimens for guests to meet.

Wednesday, January 22, 11 a.m. to 12:30 p.m., \$25 per person, advance registration with payment required -Wildlife Walk with Kehabilitators and Staff. Not recommended for children under the age of 13. Photography opportunity with an animal ambassador.

Wednesday, January 22, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge – Wildlife Rescue 101 (daily presentation). One of CROW's animal ambassadors will be present.

Wednesday, January 22, 2 to **3:30 p.m.**, \$25 per person, advance registration with payment required -Wildlife Walk with Rehabilitators and Staff. Not recommended for children under the age of 13. Photography opportunity with an animal ambassador.

Wednesday, January 22, 2 p.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Patient Profiles: Birds of Prey (daily presentation). One of CROW's animal ambassadors will be present.

Thursday, January 23, 11 a.m. to 12:30 p.m., \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff. Not recommended for children under the age of 13. Photography opportunity with an animal ambassador.

Thursday, January 23, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge – Patient Profiles: Gopher Tortoises (daily presentation). One of CROW's animal ambassadors will be present.

Thursday, January 23, 2 to 3:30 p.m., \$25 per person, advance registration with payment required -Wildlife Walk with Kehabilitators and Staff. Not recommended for children under the age of 13. Photography opportunity with an animal ambassador.

Thursday, January 23, 2 p.m., adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge – CROW Case of the Week (daily presentation). One of CROW's animal ambassadors will be present.



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Join us Thursday, January 30th for Cielo's third annual James Beard Foundation Celebrity Chef Tour dinner featuring Andrew Zimmerman, Matias Boirie, Pat Sheerin, Ed Sura, and our own Melissa Akin. Cocktails and hors d'oeurves will be served at 5 pm and dinner at 6 pm. For tickets or to learn more, email us at info@cielo-sanibel.com.



JamesBeard uoixpuno₄

Nature Photographer At Lecture Series

cclaimed nature photographer Clyde Butcher will be presenting two free programs at JN "Ding" Darling National Wildlife Refuge on Friday, January 24 at 10 a.m. and 1 p.m. Based on his *Big Cypress Swamp:* The Western Everglades and other photographic books, the programs are part of the 2019 "Ding" Darling Lecture Series.

Butcher, who is dubbed "the Ansel Adams of Florida," has made for himself a big reputation based on big black-and-white nature images taken with big cameras. The award-winning artist captures the Florida Everglades, coastal island, and other unspoiled areas with stunning majesty. In recent years, he has expanded his depth of field nationwide and even abroad in a recent exhibition commissioned by The Dali museum in St. Petersburg

Butcher will sign copies of his books, available in the Refuge Nature Store, following the lecture. Proceeds from nature store sales directly benefit refuge wildlife, education and research.

"Wilderness, to me, is a spiritual necessity," said Butcher, whose lecture coordinates with a refuge 75th anniversary exhibition of his work now on display free-of-charge in the Refuge Visitor & Education Center through



Clyde Butcher immerses himself in nature to create stunning photography

photo by Woody Walters

February 5.

The underlying message to this important exhibition and Clyde's lecture is the value of preserving the fragile Everglades habitat and the quality of our waterways in the pristine state he has captured them," said DDWS Executive Director Birgie Miller. "We thank Mark and Gretchen Banks for sponsoring the

Sales of prints from the exhibition also benefit the refuge through a direct

donation from the photographer.
HighTower/Thomas & Swartz
Wealth Management and Sanibel Carts co-sponsor the free 12-lecture series with support from the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS). The free lectures take place every Friday at 10 a.m. and 1 p.m. in the admission-free "Ding" Darling Visitor & Education Center Auditorium.

Seating is limited and available on a first-come basis. Early arrivals can save their seat and one extra with personal items. Saved seats must be filled 15 minutes before lecture time or risk being reassigned.

This year, DDWS will be filming most lectures and broadcasting them on Facebook Live at facebook.com/ dingdarling. For more tips on getting the most out of your "Ding" lecture experience, visit dingdarlingsociety.org/ articles/lecture-tips.

As usual, Wildlife Drive closes on Friday, but visitors are welcome to explore the Visitor & Education Center, Indigo Trail, Bailey Tract and recreational opportunities at Tarpon Bay Explorers, the refuge's official recreation concession located at its Tarpon Bay Recreation Area.

Note: Opinions expressed in guest lectures do not necessarily reflect the views of refuge and DDWS management, staff, and board of directors.

The season's remaining schedule is listed follows. For more information, call 472-1100 ext. 241 or visit www. dingdarlingsociety.org/articles/ lecture-and-film-series.

January 31 - Author & Honey Sommelier C. Marina Marchese, Honeybee: Lessons from an Accidental Beekeeper. Book signing to follow.

February 7 – Zoo Miami Ambassador Ron Magill, From Butterflies to Lions: A Walk on the Wild Side

February 14 – Author Cynthia Barnett, Rain: A Natural and Cultural History. Book signing to follow. February 21 - Author Jeff

Klinkenberg, Alligator in B Flat: Improbable Tales from the Files of Real Florida. Book signing to follow.

February 28 – Author Craig Pittman, Cat Tale: The Wild, Weird Battle to Save the Endangered Florida Panther. Book signing to follow.

March 6 – Author and photographer Paul Bannick, The Owl and the Woodpecker: Encounters with North America's Most Iconic Birds. Book signing to follow.

March 13 – Upcycle Designer Nancy Judd, www.recyclerunway.com.

March 20 – Author Eliot Kleinberg, Black Cloud: The Great Hurricane of 1928. Book signing to follow.

March 27 – Author Jack Davis, All About Eagles and Other Florida

Eco-Topics. Book signing to follow.

April 3 – Jeri Magg, Remarkable

Women of Sanibel & Captiva. Book signing to follow.以



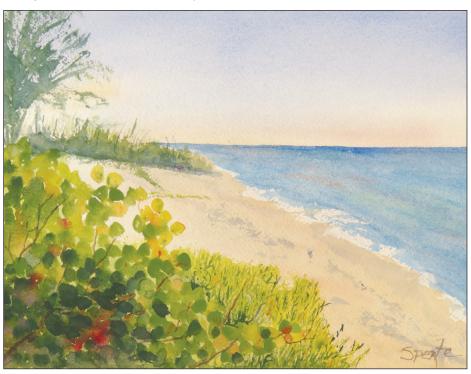




This year we are honored to host the James Beard Foundation's Celebrity Chef Tour dinner at our newly remodeled restaurant. And be sure to check out our new bar room addition featuring small plates and exotic drinks.

To learn more, visit cielo—sanibel.com

CIELO



Blind Pass Morning by Nancy Sperte

Call To Artists For Themed Exhibit At Homestead

anibel-Captiva Conservation Foundation (SCCF) and Sanibel Captiva Art League (SCAL) are seeking fresh works of art depicting the theme of Island, inspired by

image provided

conservation and protection of natural beauty and wildlife. The exhibit will hang from February 3 to April 2 at SCCF Bailey Homestead Preserve, located at 1300 Periwinkle Way on Sanibel.

The exhibit is open to all members of SCAL and SCCF, and artwork should be representative of SCCF's mission and the theme, whether interpretative or literal. Submissions may be 2-D or

3-D (no photography). Pieces can be dropped off at the Native Landscapes & Garden Center on Thursday, January 30 between 9 and 11 a.m. There will be an artist orientation following dropoff at 11:30 a.m. There is no fee to enter with proof of membership. If not a member, you can join SCCF at www.

sccf.org (see the "Support Us" button at the top right of the home page) or SCAL at www.sancapart.com. All work must be for sale and a 20 percent donation to SCCF will be applicable if sold

Current Events Group Hosting Annual Seminar

urrent Events (Monday) will present its 6th annual Economics Seminar on Friday, January 24 at 10 a.m. at The Community House. The discussion will focus on income inequality and measures to deal with it. The discussions will begin with a presentation by Dr. Eric Zwick.

Zwick, who grew up on Captiva and whose parents Jack and Anita live in Fort Myers, is an associate professor of finance at the University of Chicago Booth School of Business. He has a PhD in business economics from Harvard University and a BA in economics and mathematics from Swarthmore College. He has won numerous awards including Chicago Booths Leo Melamed prize for outstanding research in finance, and the Martin award for excellence in business economics from Harvard University. In 2019, he provided testimony the the Joint Economic Committee of Congress on inequality in the U.S.

His recent research has focused on inequality – more specifically, on understanding the nature of top income inequality and what has driven its recent rise. He looks at the impact of pass-through businesses and how they are taxed, how they have contributed to the rise in inequality, and how important human capital is at the top end of the U.S. income distribution.

Zwick's perspective is that the potential list of solutions is long and diverse and includes those that target the top as well as the bottom part of the income pyramid. He will discuss his perspective on the scope of inequality in the U.S., its primary drivers and possible policy actions that might help to address this important issue.



Dr. Eric Zwick

photo provided

The session will be held in the Founders Room of The Community House, located at 2173 Periwinkle Way on Sanibel. A donation of \$10 at the door is suggested.

Top 10 Books On The Island

- 1. Tell Me a Story by Cassandra King Conrov
- 2. Naked Came the Florida Man by Tim Dorsey
- 3. City of Flickering Light by Juliette Fay
- 4. Dear Edward by Ann Napolitano 5. A Minute to Midnight by David
- Baldacci
 6. Overstory by Richard Powers
- 7. Little Women by Louisa May Alcott
 - 8. Tell Me More by Kelly Corrigan
 - 9. Shell Shocked by Jennifer Schiff
- 10. Circe by Madeline Miller







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Destination: Estero Bay And River Paddling Trail

by Kealy McNeal

re vou itching to explore somewhere new this year, but don't want to travel far? Check out Estero Bay and River Paddling Trail, which runs nine miles between

Koreshan State Park and Lovers Key State Park. The paddling trail starts on the Estero River at Koreshan State Park and continues past historic Mound Key, across Estero Bay to Lovers Key. The trail is part of the Estero Bay portion of the 190-mile Great Calusa Blueway between Fort Myers and Bonita Beach.

The trail offers a variety of paddling conditions for paddlers of all skill levels - from blackwater river and hardwood

hammock to mangrove swamps that open to the bay at Lovers Key. Enjoy an upstream paddle on the Estero River from Koreshan State Park and relax coming back downstream, avoiding elements such as wind, tide, open water and motorboats on Estero Bay. If leaving from Koreshan State Park, check out the hiking trails or take a tour of the 11 historical buildings on site.

Spend the day at Lovers Key State Park and paddle around its tranquil 2.5-mile mangrove-protected waterway. This state park is a prime location for wildlife and bird watching. Don't forget to pack your lunch; Lovers Key has great picnic facilities with great views of the waterfront scenery.

Regardless of how you choose to explore this beautiful waterway, this is a day trip paddling destination you have to check out!

Ocean Tribe Outfitters is a branch of Sanibel Sea School that helps the local paddling community better explore, enjoy and understand the ocean. Visit www.oceantribeoutfitters. org, or follow us on Facebook and Instagram.☆

Fish Caught



Jack Sullivan

photo provided

ack Sullivan of Edisto, South Carolina recently caught and released his first snook while visiting the Fay family over the holidays.☆

Shell Found



Margaret Ransohoff

photo provided

argaret Ransohoff of Shaker Heights, Ohio found a junonia on Lthe beachfront just east of Casa Ybel Road while staying at Casa Ybel Resort. "I found it digging in a tidepool. It was under about three feet of sand," she

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Following The Island Currents



by Kathy Kurtz Ferrari

Ello fellow Santivophiles. Or should it be Captibelophiles? I think we just made up new words!

This week's currents take us to The Village Shops, located at 2340

Periwinkle Way, where some delightful destinations await.

Described as a "sanctuary of art" on its website, **Watson MacRae Gallery** welcomes visitors with an explosion of colors emanating from artwork in all different media.

The space itself, designed by Florida architect Joyce Owens, is an impressive setting with high ceilings and an open feeling with lots of wall area.

feeling with lots of wall area.

Themed exhibits are held in the gallery every month throughout the season, with a lively opening reception featuring free refreshments.

Gallery owner Maureen Watson, who exudes an artistic aura on her own, travels throughout the country to find inspiration and artists to feature.

"What I want to do is show art that is unusual, very well done and has some spirit," Watson explained as she stood in



Maureen Watson enjoys greeting visitors at Watson MacRae Gallery

photos by Kathy Kurtz Ferrari

the gallery among pieces from the recently ended show Arts & Crafts.

The current show, which opened earlier this week, is called Forever Friends. It's a collaboration of works by 13 artist-friends of the late Hollis Garland Jeffcoat, the renowned abstract artist who called Sanibel home.

"Sanibel was her most favorite place in the world, and she was well-traveled," Watson said, adding that many of Jeffcoat's colorful pieces had been displayed and sold at the gallery over the years.

The current show runs from now through February 8, with three upcoming



Watson MacRae Gallery is filled with artwork in a variety of media

shows scheduled through July.

"I often feel a little bad, or sad – I don't quite know the adjective – that more people don't come to see the shows just to see the shows, because I think people are intimidated by the word gallery," Watson said. "And what I try to do is make this very casual and welcoming and intimate, so people can come and look at that work. That's what the art needs. Art needs to be looked at and admired."

While Watson studied to be an artist herself, she found her niche on the business side of the industry.

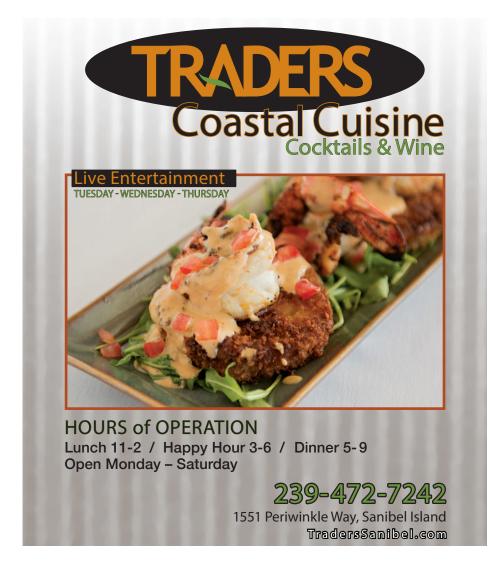
"What I learned most was, it's really, really hard to be a great painter, really

hard. Making art is difficult.

"I also learned I'm much better on this side of the easel than on that side. So artists need help... They need people who will support them and show their work and be excited about their work."

Moving to Sanibel from New York, Watson opened the gallery in 2008 at the age of 60, a fact of which she is very proud. She also knows this was the right place to fulfill her passion.

"I think there's kind of a spirit, an energy, that is on these islands that are like no other. And I think part of that is creative energy," she said, mentioning a list of visionary people, in addition







T2, located at The Village Shops, offers casual fine dining with indoor and outdoor seating

to Jeffcoat, who spent time on the islands over the years, including Robert Rauschenberg, Maybelle Stamper, Ann Morrow Lindberg and Dan Brown.

Watson MacRae Gallery features artwork in all different price ranges, from glassware and jewelry to large canvas paintings and sculptures. (During my recent visit, although I lusted for pieces in the \$1,000 range, I bought myself a little gift for around \$40. I guess I'll have to write more stories!)

Watson MacRae Gallery is open Monday through Friday from 10:30 a.m. to 5 p.m. Visit www. WatsonMacRaeGallery.com for more information and details on upcoming exhibits, or call 472-3386.

Now if your appetite has gotten some creative juices flowing, The Village Shops also houses **T2**, the sister restaurant of Traders.

Entering its third season, T2 has an intimate, cool vibe. With indoor and outdoor seating for 50 and an inviting full bar, this place is one of my favorites.

I have dined at T2 with friends many times, as it's a great place for outdoor lunch or dinner on a warm day. If it is chilly, gas warmers are fired up to keep customers cozy.

Seated inside, diners can enjoy the fun,



The gift shop at T2 has lots of fun things for sale

island-inspired décor. The bar serves a nice selection of Florida craft beers, wines and fun cocktails.

The lighter fare bistro menu prepared by chef Renee Ramirez features soups, salads, a variety of tacos, flat breads, sandwiches and full dinner choices. Daily specials are also offered.

Although The Village Shops has a few vacant store fronts, T2 co-owner Joe Archambault is enthusiastic about the location

"I think it's a great shopping center," Archambault said. "It's kind of a hidden corner."

Just like its sister location, T2 has a cute

gift shop, with a selection of jewelry, hats, greeting cards, soaps, lotions, housewares, Norman Love chocolates (so good!), men's novelties and children's items. It's definitely worth a visit on its own.

T2, with its all day menu, is open everyday from 11 a.m. to 9 p.m. Visit www.t2traders.com or call 558-8919 for more information.

So until next time, enjoy the island currents!

Kathy Kurtz Ferrari is a journalist who splits her time between Captiva and the Boston area. If you have any questions or comments, email Kathy.islandsunnews@gmail.com.





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Mulch is a valuable tool for improving landcapes photo by Ruth Brooks

City Of Sanibel Vegetation Committee

Much Ado About Mulches

Mulches are not a new concept. For as long as trees have grown in forests, leaves and needles fall to the ground, mat together, and form a natural protective layer over the soil. Natural areas provide their own renewable mulch supply; however, maintained landscaped areas should be mulched to provide the following benefits:

Moisture absorption and retention; surface insulation; reduced soil erosion; soil enrichment; weed prevention and control; landscape beautification; and decreased toxic lawn runoff.

Moisture Absorption And Retention

In Southwest Florida, it's all about water. It's estimated that nationwide 60 percent of precious drinking water is used for irrigation. Mulching your plants will help keep the ground around the plants moist between rain events. When compared to bare soils, mulched areas can hold almost twice the amount of soil moisture.

Surface Insulation

Organic mulches help regulate the temperature of soil around plant roots. In the summer, organic mulches cool the roots; in the winter, mulch keeps the roots warm.

Reduced Soil Erosion

When water droplets land on bare soil, the impact causes soil particles to fly in



Mulch helps retain moisture

photo by Jason Cull

all directions, resulting in soil compaction and slow water infiltration. Mulches break the impact of the droplets, reducing soil erosion and compaction, and increasing the absorption and retention of water in the soil.

Soil Enrichment

Organic mulches improve soil structure in several ways. As organic mulches decompose, they provide organic matter and nutrients that prompt soil particles to aggregate. Large aggregates increase aeration and improve moisture conditions in the soil. More moisture in the soil encourages additional root/plant growth, further enhancing soil structure.

Weed Prevention And Control

Mulch is a natural weed germination blocker. Weeds need light to sprout and develop. A layer of mulch will allow less light to reach the soil, which will reduce the amount of weeds that you need to pull

Landscape Beautification

Less sod and more trees, shrubs and groundcovers create a softer landscape. Property values have been shown to increase 15 to 20 percent with attractive plantings.

Decreased Toxic Yard Runoff

Using groundcovers, shrubs and trees with mulched areas will reduce the need for lawns/sod. The need to use fertilizers, insecticides and herbicides will decrease as sod is reduced. These chemicals end up polluting the waterways and contribute to health risks for humans and the natural environment.

Which Mulch Should I Use?



Groundcovers

photo by Ruth Brooks

It is important to evaluate and choose the right mulch for your yard and communicate that choice to your landscaper. Organic mulches made of natural materials that break down over time and provide nutrients to the soil are the best choices.

Do not use cypress mulch. Cypress trees take hundreds of years to establish and provide many benefits that indirectly and directly affect the surrounding environment. Currently, cypress trees are being harvested from Florida's wetlands at a rate faster than they can grow. If this unsustainable practice continues, this irreplaceable natural resource will soon be depleted.

Other options include melaleuca, eucalyptus, pine straw, pine bark, yard waste, compost and mixed hardwood.

Melaleuca mulch (brand name FloriMulch) is an environmentally sustainable product that is long lasting (withstands high use), is heavier so it won't wash away, is treated to kill seeds and repels termites.

Eucalyptus mulch is harvested on managed plantations and is a renewable resource. It maintains soil pH, repels termites, fleas and ticks, and it's aromatic.

Pine straw (pine needles) is harvested from pine plantations. It lowers pH or acidifies the soil, it does not wash away, it resists compaction and suppresses germination of weeds, but it is flammable.

Pine bark is a long lasting material that is a by-product of the forestry industry. It floats during high rain events and is low maintenance.



Consider the options before you mulch photo by Jason Cull

Yard waste (clippings, leaves, chipped wood) is free and it adds nutrients to the soil and decomposes quickly. However, it is not as uniformly attractive and can spread weed seeds.

Compost is also free and full of nutrients. But it takes time to become ready to use and decomposes quickly.

Mixed hardwood mulch decomposes quickly and has questionable nutritional value for soil. Produced from scrap lumber, it raises pH or alkalinity, may include pressure-treated lumber that may be treated with chemicals, including arsenic.

What About Dyed Mulch?

Although colored or dyed mulches are readily available and increasingly popular, there are several reasons why dyed mulch should be avoided:

Often made from wood waste (old buildings, pressure-treated lumber) containing chromium copper and arsenic; does not break down as fast as natural mulch; leaches dye and possible contaminates into the soil harming or killing soil bacteria, insects, worms and even the plants themselves.

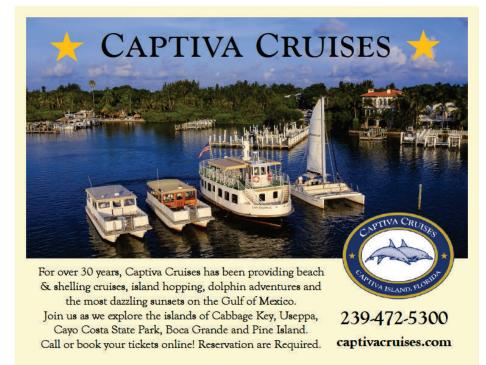
Can I Use Shell, Rocks Or Rubber Mulch Instead?

Inorganic mulches are not recommended and may require a development permit. Contact the City of Sanibel Planning Department at 472-4136 for more information.

Unlike organic mulches, crushed shell, gravel/rock, and shredded rubber tires do not contribute to the soil's nutrient and organic content or water-holding capacity.

continued on page 36





Sanibel-Captiva Conservation Foundation



SCCF Nature Center Trail

Walking Tours

ondays, January 20 and 27 at 2 p.m. and Thursdays, January 16, 23 and 30 at 10 a.m. Take a one-hour walking tour of the Bailey Homestead Preserve that blends SCCF's conservation work on the historic property, the history of the land itself and some stories about the Bailey family. Meet at the head of the Shipley Trail, 1300 Periwinkle Way. Suggested donation \$5.

Weeds And Seeds

ondays, January 20 and 27 from 8:40 to 11 a.m. Weeds Land Seeds is a group of amateur botanists who enjoy finding and identifying native plants on Sanibel and along the Caloosahatchee watershed. Walks at different locations in Lee County and are guided by a leader with a plant list. Meet at the SCCF Nature Center, 3333 Sanibel-Captiva Road. Depart at 8:45 a.m. at the base of the porch and carpool to the site.

Bowman's Beach Walks

Tednesdays from 9 to 11 a.m. Meet your SCCF guide at Bowman's Beach at the foot of the bridge that crosses the bayou on the way to the beach. Your guide will lead you along the beach towards Blind Pass and back along the back dune/bayou trail. Keep your eyes open for shorebirds and gopher tortoises. The walk is free but you must pay to park.

Bonfires On The Beach

aturday, January 25 at 5:30 p.m. Family-friendly community bonfires on the beach with SCCF and Sanibel Sea School. Meet at Lighthouse Beach for sunset views, s'more roasting and light refreshments. RSVP to nicole sanibelseaschool.org.

Wetland Trail Walks

uesdays, Wednesdays and Thursdays from 11 a.m. to noon. Sanibel is a unique barrier island because it still has an interior freshwater wetland ecosystem that has not been lost to development. Take a guided walk through the interior wetlands and midisland ridges. Meet at the SCCF Nature Center, 3333 Sanibel-Captiva Road.

Student Survival Skills

uesdays, January 21, 28 and February 4 from 3:30 to 5:30 p.m. Students ages 6 to 13 can learn survival skills and techniques to help keep them alive on an island - or anywhere



After School Survival Skills group

else. Find drinking water, construct a shelter, build a fire and find a food source. Register at www.sanibelseaschool.org. Cost is \$20 per student per session.

Native And Solitary Bees

Tednesday, January 22, 10 to 11:30 a.m. Marisol Mata will be giving a talk on hot-offthe-press scientific research, novel approaches for inspiring community Local pollinator stewardship towards



pollinators, and a visually beautiful look at some of the lesser known bees in your own backyard. Register at Eventbrite/ SCCF. Cost is \$5 for SCCF members and \$8 for non-members.

New Moon Meditations

hursday, January 23 at 5:15 p.m. (recurs monthly through April on the New Moon). Take part in a guided meditation on the beach as the sun sets and the moon rises. Meet at Alison Hagerup Beach Park, 14790 Captiva Drive. Suggested donation of \$10 to \$15; all proceeds benefit SCCF's sea turtle research program. Bring a towel or blanket. For more information email info@ambuyoga.com or call 314-9642.

Watercolor Workshop



Prickly Pear by Marion Hall

ednesday, January 29 from 1 to 4 p.m. Marion Hall, an awardwinning watercolor artist, will lead participants in creating a watercolor painting of a prickly pear cactus. Register at Eventbrite/SCCF. Cost is \$30 for SCCF and SCAL members, \$40 for non-members.

Call 472-2329 for more information on these programs. Sanibel-Captiva Conservation Foundation Nature Center is located at 3333 Sanibel-Captiva Road. Bailey Homestead Preserve is located at 1300 Periwinkle Way.☆



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photo courtesy Fresh From Florida

LIVE

Cielo has live entertainment Tuesday through Sunday with pianist and vocalist Scott McDonald

Island Cow has live entertainment on Friday with Dan Confrey. Peter Redpath plays on Saturday. Dan Confrey returns on Sunday.

The Jac Island Bar & Grille has live

entertainment on Friday with the Renata Band. Tribal Love performs on Saturday. On Sunday, it's CJ Matthews. Monday is karaoke. Flying Hasselhoffs perform on Tuesday. Cruzan Vibes plays on Wednesday. On Thursday, it's James Prather.

MudBugs Cajun Kitchen has live entertainment on Friday with Dave Collaton. Brian Markley plays on Saturday. Slim Gillian performs on Sunday. JD Ingalls plays on Monday.

Sundial Beach Resort & Spa: John McLane plays on Sunday at Turtle's Pool & Beach Bar; Dan Confrey plays on Wednesday at Sea Breeze Cafe.

Traders Coastal Cuisine has live entertainment Tuesday and Thursday with Danny Morgan and Friends. Chris Workman plays on Wednesday.

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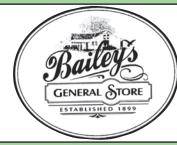


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Programs At Sanibel Library

Weekly children's programs with Youth Service Librarian Deanna Evans continue this season at Sanibel Public Library. STEM programs for all ages have been added to the schedule. Events are on the calendar on the library's website at www.sanlib.org.

Storytime for preschoolers and their caregivers will be held on Wednesdays and Thursdays at 11 a.m. Family Storytime helps develop pre-reading skills through songs and stories. Length is approximately 20 to 30 minutes plus the craft and activities that follow. There will be no storytime or afterschool programs on January 22 or 23

Duane Shaffer of Sanibel Public Library will present his popular World War II lecture series, starting with 1942 Battle of the Atlantic. Program starts at 10 a.m. on Friday, January 17. His next talk will be held on Friday, February 7,with 1942 Battle of Midway. Robin Heid and Doug Webster

Robin Heid and Doug Webster visited the Antarctic Peninsula in 2014. Their visit included numerous shore excursions, and close-up encounters with wildlife ranging from whales and seals to penguins. At 10 a.m. on Monday, January 20, they will present a half-hour video about their trip, plus answer questions about the logistics, costs and options of traveling to the south polar region.



Marion and Ross Hauser

photos provided

Dr. Brian Formolo will present Reduce Your Risk for The Big Three: Cancer, Diabetes and Heart Disease at 10 a.m. on Tuesday, January 21. Learn how to significantly reduce your risk for all three of these threats to your health with proactive strategies backed by scientific research.

Ross Hauser, MD and Marion
Hauser, MS, RD, CEO, will be
presenting a Regenerative Medicine talk
at 1:30 p.m. on Wednesday, January
22. The Hausers and Caring Medical
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Children experiencing Microsoft HoloLens mixed reality at the library

chronic pain and sports injuries with prolotherapy and regenerative injection therapy.

Reserve your spot in the morning of January 22 or 23 to experience Microsoft HoloLens mixed reality smartglasses. Call 472-2483 for available times.

On Thursday, January 23 at 2 p.m., Beth Jarrell will review using the library's language learning app (Mango) and magazine reading app (rbDigital). You can have appetizers while you learn about how to use apps, which are

available to all Sanibel Public Library cardholders at no extra cost.

Learn about researching German ancestry with Ken Weaver at 10 a.m. on Friday, January 24. Weaver is a former Pennsylvania language teacher and principal who studied and lived in Germany. Now retired in Florida, he devotes considerable time to genealogy and helping others decipher German documents.

Stop by the library's open house from 2 to 4 p.m. on Tuesday, January continued on page 32





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The Community House

The Artichoke





by Resident Chef Jarred Harris

The artichoke is the large unopened flower bud of the artichoke plant, which is a member of the thistle family and related to the sunflower. Artichokes are covered with thick coarse leaves called "scales" and at the center of the artichoke is tender core called the "heart." These are the only edible parts of the plant.

Originating in Tunisia, artichokes are one of the world's oldest cultivated vegetables and they have been around since 40 AD. The ancient Greeks, Romans and Egyptians believed artichokes were an aphrodisiac and men were only allowed to eat them. As a matter of fact, women were prohibited from eating artichokes in many countries until the 16th century because many believed artichokes have aphrodisiac properties.

The Dutch introduced artichokes to England during the early 1500s and

by the late 1800s, French and Spanish immigrants brought artichokes to the United States. Artichokes became so popular by the early 1900s, they were being grown commercially in California.

Artichokes have been used for many years in practical and medicinal applications. This delicious vegetable and its extracts (made from the leaves) are used in everything from flavoring digestive liqueurs, the treatment of liver problems, preventing the development of coronary disorders and the reduction of digestive issues.

The artichoke contains high amounts of vitamins K, C, B4, B6 as well as copper, magnesium, phosphorus and manganese. Artichokes are ranked number one over all other vegetables when it comes to antioxidant levels, including anti-inflammatory antioxidants.

Here is a simple recipe to try using artichokes:

Artichoke Bisque

Ingredients

½ stick butter

6 large artichokes (trimmed and hearts removed and sliced) or 2 cans of artichoke hearts

2 stalks celery (fine diced)
1 large onion (fine diced)
½ cup dry white wine
2 ½ cups chicken stock
1 cup heavy cream
Salt and pepper

Method In a large, heavy bottom pot, melt the butter over medium heat.

Add the artichoke hearts, celery

and onions. Cook until the onions are translucent (about 5 minutes).

Add the wine to the pan and reduce by half.

Stir in the chicken stock and then bring to a boil.

Reduce heat to a simmer. Cook on a low heat, gently simmering for 20 minutes.

Stir in the cream and remove from the heat and season with salt and pepper.

In small batches, puree the soup at high speed in a blender, with an emersion blender or food processor. Strain the soup into a serving dish.

Serve hot with bread and butter. Resident Chef Jarred Harris heads the Culinary Education Center at The Community House on Sanibel. For volunteer opportunities or questions, contact him at kitchen@sanibelcommunityhouse.net or call 472-2155.**

From page 31

Sanibel Library

28 to hear Swing, New Orleans Style Dixieland Jazz, and Mississippi Delta Blues with The Hot Buttered Nuggets. Members include Ruby Collins on washtub bass; Piérre Mondragon on washboard, harmonica, and musical saw; and Douglas Everton on vocals, banjo, and guitar. Take a tour of the library, enjoy the live music and learn about the services the library offers to residents and visitors.

A book talk on *The Lady is a Champ* with Carol Polis will be held at 2 p.m. on Wednesday, January 29. Polis traveled throughout the world judging title boxing fights plus two nontitle heavyweight fights – Mike Tyson and Larry Holmes. She was on the TV shows *What's My Line?* and *To Tell the Truth*, and appeared in the 1990 movie *Rocky V.* Polis is a cancer survivor and the theme of her presentation is With Courage, Anything is Possible.

A veteran of World War II, distinguished for his service as a U.S. Navy pilot, Sanibel's Ed Sieber will review his role in sinking the Japanese battleship *Yamato* in April of 1945. *Yamato*, along with her sister ship *Musashi*, were the largest battleships ever built in history. Sieber participated in other critical missions which ultimately led to him being awarded the Silver Star, the U.S. Navy Cross, and several Distinguished Flying ribbons. Sieber will speak at the library at 10 a.m. on Thursday, January 30.

The public is invited to these programs. There is no registration required (unless noted) and no additional cost to participate.

Sanibel Public Library cards are available to all residents of Sanibel and Lee County at no charge. Visitor cards are available for a \$10 fee, and are good for one year.

Sanibel Public Library is located at 770 Dunlop Road. For more information, call 472-2483, or visit www.sanlib.org.☆



The following Sanibel & Captiva businesses will be offering a donation to Community Housing & Resources that is funded by you walking through their door and shopping local!

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Capernaum

by Di Saggau

he BIG ARTS Monday Night Movie for January 20 is Capernaum, a drama from Lebanon about a 12-year-old boy named Zain, who sues his parents for bringing him into the world without having the resources to raise him properly. Zain is serving a five-year sentence for attempted murder against a man who deserves no pity. With the help from a lawyer, played by filmmaker Nadine Labaki, Zain sues his parents for bringing him into the world in the first place. He believes his suit will allow him to independently qualify for a passport, go to school and be treated for medical problems. His poverty-stricken

parents had never registered his birth.

Zain and his siblings were regularly used to sell drugs. When their parents decide to sell Zain's 11-year-old sister to their landlord for a few chickens, Zain decides to fight back. As sad as this story is, the film is lightened by moments of joy, warmth and comedy. When Zain goes on the run, he is given shelter by an illegal Ethiopian cleaner named Rahil, and he babysits her 1-year-old boy. When Rahil fails to return home from work, Zain has to find ways to keep the young boy and himself alive.

The director elicits terrific performances from her young cast. The boy playing Zain was discovered on the Beirut streets and he portrays his character with equal parts amusing swagger and vulnerability as he travels from slums to shanty towns with an adorable toddler. They deliver



image provided

two astonishing child performances. The title of the film refers to an ancient city on the Sea of Galilee whose name stands for "chaos" or "disorder," which was Zain's everyday existence. Capernaum is an emotional powerhouse of a film, with flashes of humor and performances by a cast of nonprofessionals that are extremely moving. It runs 123 minutes. Moderators for the evening are Roland and Nancy Shrull.

Admission to BIG ARTS Monday Night Film Series is \$10 and all screenings begin at 7 p.m. The films are temporarily being

shown in the Strauss Theater, located at 2200 Periwinkle Way. Tickets are available online, at the BIG ARTS box office, 2244 Periwinkle Way, Suite 8, and at the door the evening of the movie. For more information, call 395-0900.

Local Chefs To Serve Their Best At 1927 Gala

Island residents and guests have an opportunity to experience a four-course meal created by four diverse chefs at The Community House 1927 Gala on Friday, January 31 beginning at 5:30 p.m. Tickets are \$150 per person and also include passed appetizers by eight local restaurants and caterers, salad, pasta, entrée and dessert.

The featured chefs include:

Melissa Donahue – This chef describes
her cooking as "Gulf Coast centered"

cuisine with a French and Southern emphasis." She has worked in New York City's renowned Union Square Café, then joined famed Commander's Palace in New Orleans, and is now the proprietor of Sweet Melissa's. In 2019, she was nominated for a James Beard award. Her salad is a creation from her own home kitchen that has been perfected in her restaurant over the years.

Loretta Paganini – Born to Tilde Castaldini, a renowned Italian chef and television personality, Paganini followed in her mother's pasta path. She attended classes at the Cordon Bleu, was certified by the International Association of Culinary Professionals and the American Culinary Federation. She is the founder of the Tri-State Association of Cooking Schools. Paganini has been teaching week-long series of classes on Sanibel for over 20 years. With a pasta recipe she used to make alongside her grandmother, this dish is full of love and history.

Resident Chef Jarred Harris of The Community House – Formally trained in culinary arts at Johnson and Wales University, Harris has worked in the industry for over 35 years. After being executive chef at The Sanctuary Golf Club, Harris moved to England. There he was to be able to source meat and produce locally and embrace the "Field to Fork" ethos. In that vein, his dish will be surf and turf, elevated to the highest level.

Malia Samson – Not to be outdone by her father, chef Jeff Samson, Malia Samson is holding her own and winning awards on Sanibel. After attending Western Michigan University, while working at Continental Pastry, she went to work at Malia, the family business in Battle Creek, Michigan. Malia Island Fusion Cuisine restaurant is now on Sanibel where Samson provides the desserts while simultaneously running Spoondrift Island Bowls, where she is co-owner. She said, "If you love what you do and you create something that makes others happy, there is nothing more rewarding in the world. Samson will provide dessert, using locally

harvested honey.
For tickets, call 472-2155 or visit www.sanibelcommunityhouse.net. The Community House is located at 2173 Periwinkle Way on Sanibel.





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and she will walk you through the registration process. You can also schedule a tour of the campus.

Contact Donna Marks at 472-1617

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Academy Award Contenders Little Women



by Stan Gembicki

Wednesday, January 22 at 12:30 p.m., Island Cinema will show the third movie in this year's BIG ARTS Film Society Academy Award Contenders Series. Due to an

early Oscar awards presentation on February 9, this year's series will be limited to five films. After the movie, a discussion will take place at Island Cinema, where tickets are available. Other movies in the series will be announced prior to the weekly showing.

Writer-director Greta Gerwig (Lady Bird) has crafted a Little Women that draws on both the classic novel and the writings of Louisa May Alcott. It unfolds as the author's alter ego, Jo March, reflects back and forth on her fictional life. In Gerwig's take, the beloved story of the March sisters - four young women each determined to live life on her own terms – is both timeless and timely. Portraying Jo, Meg, Amy and Beth March, the film stars Saoirse Ronan, Emma Watson, Florence Pugh and Eliza Scanlen, with Timothée Chalamet as their neighbor Laurie. Laura Dern as Marmee and Meryl Streep as Aunt March.



A scene from the movie

Set in Civil War-era Massachusetts, the period drama is a tribute to sisterhood, generosity, the creative spirit and the importance of community. Although the story is set in a time when gender roles were more narrowly defined, the March sisters are all worthy role models, and their journeys demonstrate the core values they were taught by their parents. This touching adaptation could become a classic for a new generation.

Little Women received two Golden Globe nominations including best actress for Saoirse Ronan. The film is one hour and 35 minutes long.

Island Cinema is located at 535 Tarpon Bay Road in Bailey's Center.\$

Sanibel School Accepting **Applications**

he Sanibel School is currently accepting applications for students in grade K-8 whose families live on island. The school is also accepting applications from families who work on Sanibel. Off island waivers are currently

he Sanibel Recreation Archery Team is looking for archers for its

District.☆

Co-ed team sport at the Sanibel Recreation Center on Wednesday afternoons from January 29 through April 8 from 2:30 to 4:30 p.m. This program will include an introduction to a standard compound bow as well as competitive target skills for tournaments

and events.

The recreation department currently has two certified archery instructors on staff for this team activity. Registration includes a team T-shirt, use of equipment, and transportation to and from local events. Cost is \$42.75 for members and \$56 for non-members.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. For more information or to register, call



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For tickets, visit pickle.bpt.me



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Ribbons Of Scarlet



by Di Saggau

found Ribbons of Scarlet to be a fascinating story about women involved in the French Revolution because they wanted to change the world. The book is the story of six diverse and complex

women, told by six skilled, best-selling and award-winning authors. Kate Quinn, Stephanie Dray, Laura Kamoie, Sophie Perinot, Heather Webb and E Knight each tell the tale of a real-life woman and how their paths crossed during the French Revolution.

Many of their stories are tragic but also inspiring. Women did not have a place in politics in late 18th century France, but these women from all walks of life decided to join the fight to upend a world order that has oppressed them for so long. The French Revolution was complicated and so were the lives of the women who fill the pages of this novel. This is a breathtaking novel that describes the hopes, desires and destinies of these unforgettable women.

In the Authors' Notes at the end of the book, the writers explain why they chose their individual characters and what they

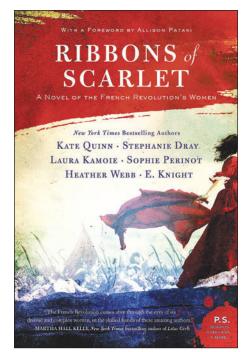


image provided

learned about them through historical documents. Here are a few examples. Sophie de Grouchy aimed to prove that an educated populace can govern itself. She was a blue-blood who believed in democracy, education and equal rights for women. Louise "Reine" Audi, was vivacious and passionate and dedicated to a cause that ultimately led to a mental break and her tragic end. Manon Roland was a woman ahead of her time. She had a gift for making speeches, drafting legislation and, in the 21st century, would

probably be a congresswoman. Marie-Anne Charlotte de Corday d'Armont has been named a heroine and an evil assassin of the French Revolution. She said, "I killed one man to save a hundred thousand." Each story is fascinating.

Many historical figures have a place in the book, such as Robespierre, King Louis XVI and his sister Princess Elisabeth, to mention just a few. The authors show that what these women experienced was marked by cataclysmic

change and conflicting beliefs, brutality, rapidly shifting alliances and new factions sprouting up by the day. In the Forward, we are told it's our chance to enter Paris for a front-row seat to all the action and drama during the years of the French Revolution.

Ribbons of Scarlet is an epic novel about the women who fought alongside the men believing their rights were every bit as important. I loved this book.

School Smart



by Shelley M. Greggs, NCSP

ear Shelley, I have two preschool children. I know that they should not have much screen time but it is such a struggle. They love the iPad, and my

smartphone. Are there any benefits for kids in using tablets or phones?

Mari B, Fort Myers Beach

Mari,

You are correct that there should be very limited use of tablets/phones and screen time for young children.

According to the American Academy of Pediatrics (AAP), screen time can get in the way of creative play and interactions with caregivers that are essential for child development.

Under 2 years of age, children shouldn't have any screen time at all, whether it's television or digital games and toys, the AAP recommends. From ages 2 to 5, kids should get no more than an hour a day of total screen time, and they should be with parents or caregivers during these activities, the AAP advises. Doctors urge parents of young kids to limit screen time or avoid it altogether because all those hours watching videos or gaming have been linked to slowed development of speech and language, motor skills and social and behavioral skills.

However, there is a bit of positive news about screen time from recent research. The analysis of results from previous research of approximately 4,500 children and 35 separate studies, found that typically developing kids who use interactive educational apps may be better at recognizing and writing numbers and letters. Researchers found some evidence that interactive apps helped with math and reading skills, particularly with early building blocks like counting and sounding out simple words. Unfortunately, the team couldn't draw broad conclusions about what type of app might be best for building specific academic skills.

The study leader Shayl Griffith of Florida International University in Miami reported that, "There is somewhat consistent evidence across studies that game-based educational apps targeting early academic skills, like early math skills, have the potential to support learning in young children. These findings are important because they suggest that interactive apps, when chosen well and used appropriately, may be a useful and

accessible tool to support early academic development".

"Parents should absolutely continue to try to limit screen time, as recommended by the AAP," Griffith said. "However, when children do use screens, parents should also pay attention what kinds of activities they are engaging in, so as to maximize potential benefits. Parents should be thoughtful about the types and content of media that they give children access to, and preview those media."

Consult organizations like Common Sense Media (commonsensemedia.org) for advice on various media may help parents identify specific apps and other media for young children that are fun but also support emerging academic skills.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail. com. Not all questions submitted can be

From page 28

Mulches

These mulches last a long time, but will need to be cleaned of debris frequently.

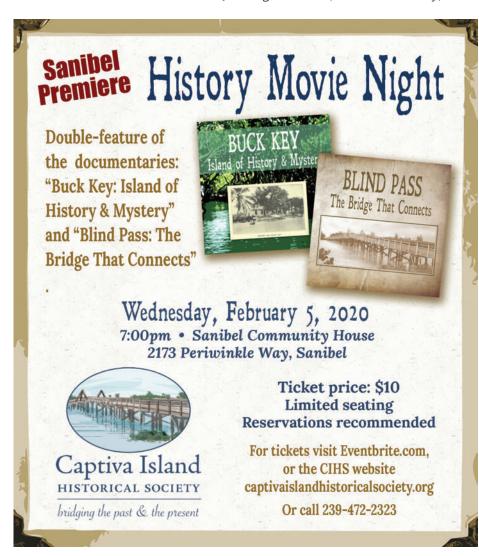
These mulches absorb heat from the sun, raising soil temperature to levels that destroy nutrients and beneficial organisms. Shells and limestone chips raise the alkalinity of already highly alkaline soil. **How To Mulch**

For new areas, lay down several layers of newspaper as a weed barrier. Spread mulch two to three inches thick; if mulch is too thick, roots are deprived of oxygen. Keep mulch two inches back from any tree trunk or plant stems. Mulch under trees to the "drip line" (out to the edge of the canopy).

Do not mulch under citrus or avocado trees.

Do not mulch in wetlands or natural areas. Wetlands are protected by both city and state laws and may not be "filled" with organic or inorganic mulch. Leaf litter in natural areas provides mulch that is free and renewable.

The Natural Resources Department section of the city's website, www. mysanibel.com, offers information on native plants, a listing of licensed contractors, Sanibel's vegetation standards and codes, and the Environmental Reference Handbook prepared by the city's vegetation committee. The committee also offers free native plant tours. For more information, call 472-3700.☆



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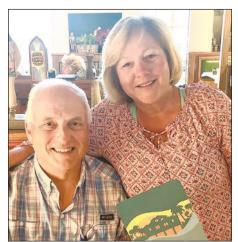
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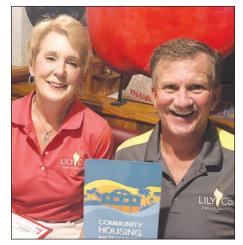
CHR Give Back Wednesday At Matzaluna The Italian Kitchen



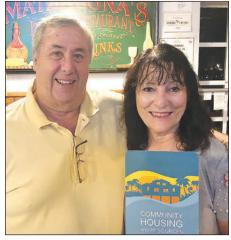
and Jennifer Johnson photos provided



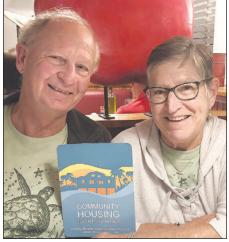
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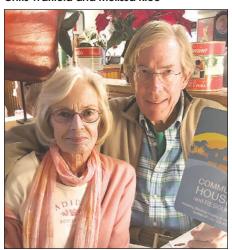
Sharon and Dan Schuyler



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From left, Maryann Daly and Jerry Edelman with Danny, Terri, Bruce and Mia Daly,



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Maestro Nir Kabaretti

Symphony Concert Goes Beyond Classical

hell Point Retirement Community will continue the Southwest Florida Symphony installation of its 2019-20 Fine and Performing Arts Series with a performance of Stradi-Various at The Village Church on The Island at Shell Point on Thursday, January 23 at 7 p.m. Tickets are \$25. Maestro Nir Kabareti will conduct

the Southwest Florida Symphony's

photo provided

Stradi-Various, along with violinist and guest artist Gilles Apap. The performance will feature a repertoire that extends far beyond classical horizons with country, bluegrass, Irish folk tunes and Gypsy-Roma melodies.

In addition to Apap, this concert will feature 2018 Jillian Prescott Scholarship Competition winner Caroline Sikuta on violin in Bach's Concerto for Two Violins.

The Village Church on The Island at Shell Point is located at 15100 Shell Point Boulevard in Fort Myers. For more information and tickets, visit www.shellpoint.org/concerts or call 454-2067.☆

Art League Seeking Exhibitors



Patrons at a previous Sanibel Captiva Art League fair

photo provided

anibel Captiva Art League is seeking additional artist participants for its 2020 Art Fair to be held at The Community House on Sunday, February 23. The Art Fair, previously known as the Clothesline Sale, has been a popular annual event for 18 years. Participants must be members of the art league, which is an organization geared for painters. Membership dues are \$30 and information can be found on the league's website at www.sancapart.com.

For the 2020 Art Fair, indoor spaces cost \$125 for a 10- by 10-foot area including two 8-foot tables. Outdoor spaces are available for a fee of \$60, which provides a 10- by 10-foot area. Outside tables and tents must be provided by the artist. All space rental fees cover the shared costs for advertising, traffic officers and the cost of renting The Community

House inside and out.
The Sanibel Captiva Art League has been in existence since 1964 and has continued to be a vital, creative collaboration of painters ever since. New members are always welcome. The league hosts speakers and demonstrations, provides classes and learning opportunities, organizes shows and sales events, arranges weekly plein air painting sessions, participates in community activities and offers a wealth of networking opportunities.

For more information, email Suzette Heeres at suzig4463@aol.com.☆

Gala Fundraiser - February 18th. Call 472-4648 for tickets. \$135 per person.

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BUSINESS REAL ESTATE CLASSIFIEDS

VOL. 27, NO. 29

SANIBEL & CAPTIVA ISLANDS, FLORIDA

JANUARY 17, 2020

Sanibel Historical Village Gearing Up For Gala

The Sanibel Historical Museum & Village will hold its 2020 Gala at The Community House on Tuesday, February 18 from 6 to 10 p.m. There will be a buffet dinner, dancing and a lot of reminiscing. The theme is It Takes A Village.

"This year's gala will benefit the village as it works to enhance the visitor's experience and increase its community impact," said Sherry Halleran, co-chair of the event along with Mary Bondurant. "We hope people will join us to help support the preservation of this special part of Sanibel. And we'll have fun while we're doing it."

The artwork accompanying the invitation is a rug depicting every building in the village, crafted by museum volunteer Barbara Broadhurst.

"In 1984, the Rutland House stood alone as Sanibel's historical museum.



Volunteers working on centerpieces for the gala

Since then, eight additional Sanibel historical buildings have joined it to create a village," said Emilie Alfino, executive director. "Our theme says it all: It Take

A Village to make the historical village such a vital part of the community. From our board members to our volunteers and docents – and, importantly, to the

photo provided

community of Sanibel – everyone plays a big part to make the village what it is today and what it hopes to be in the future."

Sanibel Catering by Bailey's will provide the food, and Kelly and Shelly will provide musical entertainment. Tickets are \$135 per person, with sponsorships available at several levels. To make a reservation or for more information, call Emilie Alfino at 472-4648.

So far, this year's business sponsors include: Island Sun, Times of the Islands, Bank of the Islands, Breeze Newspapers (Islander, Island Reporter, Captiva Current), Island Yacht Sales, Congress Jewelers, The Grog Shop, Kingfisher Real Estate Inc., VIP Realty, and Captiva Cruises.

Individual sponsors include: Wayne and Linda Boyd, Bill and Gail Bachman, Roland and Gail Garlinghouse, Neal and Sherry Halleran, Ed and Annette Hendrick, Pete and Jan Halliday, and Alex Werner and Karen Storjohann. The LAT Foundation is also a sponsor.

The Sanibel Historical Museum and continued on page 23B



Participants at the 18th annual Peek at the Unique are greeted by Zontians Karen Pati and Nori Ann Reed, right, as they board the bus for the three-hour tour photo provided

Buy Peek Tickets Early At Zonta Film Festival

submitted by Sue Denham

The Zonta Club of Sanibel-Captiva has a special offer for islanders: buy tickets to the annual home tour, A Peek at the Unique, at Zonta's upcoming film festival, LunaFest, at The Community

House on Tuesday, January 21 beginning at 7 p.m. This is several days before the ticket site opens to the general public for this sought-after event.

Now in its 19th year, A Peek at the Unique, set for Saturday, March 14, is a three-hour, guided tour of normally inaccessible island homes. All funds raised are awarded in grants to organizations that aim to empower women, both locally and around the world, through Zonta International. Bring your credit card;

continued on page 6B

Film Series Explores Bee Buzz

The 8th annual "Ding" Darling Wednesday Film Series continues its free biweekly showings on January 22 with Queen of the Sun: What Are the Bees Telling Us? at 1 p.m. in the JN "Ding" Darling National Wildlife Refuge Visitor & Education Center on Sanibel.

Taking the viewer on a journey through the catastrophic disappearance of bees and into the mysterious world of the beehive, *Queen of the Sun* weaves an unusual and dramatic story of the heartfelt struggles of beekeepers, scientists and philosophers from around the world in an engaging and ultimately uplifting film.

Selection and award winner in film festivals from Nashville to Abu Dhabi, the 82-minute documentary follows colorful, alternative and inspiring beekeepers from all around the globe as they keep bees in natural and holistic ways.

"Ding" Darling Wildlife Society-Friends of the Refuge hosts the free film showings with sponsorship from Sanibel-Captiva Beach Resorts. Seating is limited and on a first-come basis.

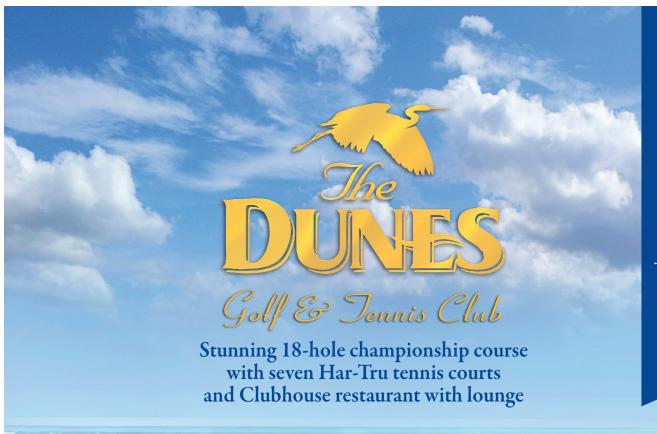
For the showing of Queen of the



image provided

Sun, the "Ding" Darling Nature Store will feature bee products such as local honey and eco-friendly Bee's Wrap waxed food wrappers. Profits from the store benefit wildlife research and education at the refuge.

Following is the full schedule of film continued on page 18B



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Reception For Sanctuary Classic Honorary Chairs

The newly created Sanctuary Golf Club Foundation has chosen Al and Sally Hanser as their inaugural honorary chairs for the Sanctuary Charity Classic, which will be held on Saturday, January 25. A celebration reception will be held on that day at 5:30 p.m.

'There is no other couple we could think of that has been as instrumental in fostering the spirit of giving in our community than Al and Sally," said John McCabe, chair of The Sanctuary Golf Club Foundation. "A special thanks to Al for helping shepherd the Sanctuary Classic over these many years. We are truly grateful for everything the Hansers have done to inspire all of us to do what we can to help those in need in our community.

Steve Peltzman said, "As the current chair of the Charity Classic, I have an even greater appreciation of the time and heartfelt energy Al, Sally and the team at CFI (Charitable Foundation of the Islands) have also put into this event over the years.

"Al and Sally have been an integral part not just of the Sanibel and Captiva communities, but of The Sanctuary Golf Club as well. I cannot say enough about how generous they have consistently been over the years - in all they do and how they do it. I cannot thank them enough for agreeing to be the honorary chairs of this year's Sanctuary Charity Classic," said Chief Operating Officer



Sally and Al Hanser

photo provided

Ken Kouril.

The Hansers have touched the lives of many people in the community and for decades have supported local efforts for conservation, the arts, historic preservation, education, affordable housing and youth activities. This year, they will be celebrating their 59th wedding anniversary, are parents of four, grandparents of nine and great grandparents of two (soon to be three).

The Sanctuary Charity Classic celebration reception will feature an open bar, gourmet food stations, a helicopterhovering golf ball drop and live music.

Tickets are \$250 per person.

The Sanctuary Golf Club is located at

2801 Wulfert Road on Sanibel. For more information or tickets, call 333-0700.☆

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WEDNESDAY, JANUARY 22, 2020 3:00 - 4:30 PM

The Sanibel Captiva Trust Company 2460 Palm Ridge Road - Sanibel





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Gala Sponsor Added



From left, Sanibel Historical Village Director Emilie Alfino, board member Gail Garlinghouse, The Grog Shop Manager Rich Bennett and board member Blair Wyatt photo provided

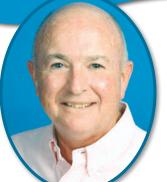
he Grog Shop is a silver sponsor of the 2020 Sanibel Historical Village Gala, scheduled for Tuesday, February 18 from 6 to 10 p.m. at The Community House. Tickets are \$135 per person and can be purchased by calling 472-4648.

"Tee Ann Bailey, owner of The Grog Shop, on behalf of herself and her sisters, stated that the historical museum and village was her father, Sam Bailey's

passion project. The family is proud to honor their father through continuing their support for this wonderful organization that preserves and shares Sanibel's rich history," said The Grog

Shop Manager Rich Bennett.
The Sanibel Historical Village is located at 950 Dunlop Road. For more information or to make a donation, visit www.sanibelmuseum.org or call 472-

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Weekly Rental License! This 3 BR/2 BA family home overlooks the Sanibel River. Living room, dining/kitchen combo with French door access to the screened back porch overlooking lush vegetation. Community pool; easy

walking distance to beach access. \$549,000

Seashells of Sanibel #36



2-BD/2-BA second floor unit! Great rental income with 3-day minimum rentals! Conveniently located and just a short walk from the beach, this complex is an ideal West Gulf Drive location.

\$380,000

4156 West Gulf Drive



This 3BR/2BA has been updated with cathedral ceilings. an inviting kitchen and dining/living room combo. The master bedroom with en-suite has private access to the rear porch. The beautifully designed guest bath includes an etched glass enclosed walk-in shower. Relax on the large rear porch or play a game of tennis or pickleball on your private court.

\$1,329,000

678 Durion Court



Beautifully remodeled... 3BD/2BA lake home. Located in East Rocks. Living/kitchen area boast beautiful lake views. New stainless appliances, freshly painted, new baths, and more! Priced to sell.

\$699,900

Sandalfoot #3C1



Beautiful 2 BR/2 BA unit with walk-out to the pool and beach. Updated, the kitchen features custom cabinetry, granite counter tops and stainless steel appliances, both bathrooms have been remodeled and the unit has an open floor plan. \$674,000

4014 West Gulf Drive



Brand new custom home across from beach access 4 BR/3BA home, large acre+ lot. Impact glass, glassed elevator, gourmet kitchen, gas cook top and stainless appliances. All rooms access screen enclosed decks, native vegetation, oversized salt water pool.

\$3,699,000

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The Sanibel Captiva Trust Company

Current Outlook And Portfolio Strategy



by Ian N. Breusch, CFA, Chief Investment Officer

he past year has proven to be very profitable for most investors regardless of their specific asset allocation. The U.S. stock and bond

markets rallied throughout most of the year. International stock markets also performed well in 2019. Stock markets were propelled higher as a result of a strong economic underpinning highlighted by low unemployment, modest wage increases and continued GDP growth.

Year over year, while corporate earnings slowed through the middle part of 2019, results were slightly better than what analysts expected late last year. As we look to next year, expectations for corporate earnings growth are increasing, particularly in the latter half of 2020. These expectations can obviously change, but we must acknowledge the progress made on two important risks we've highlighted over the past year – monetary (interest rate) policy and tariff discussions.

Twelve months ago, we were operating under a monetary policy regime that indicated continued, methodical movements higher in the Federal Funds rate. The broader bond market clearly disagreed and sold off longer-term bonds creating an inversion in the yield curve (meaning shorter-term bonds were yielding more than longer-term bonds). This caused additional worry that a recession was likely given the correlation between inverted yield curves and economic recessions throughout history. There was much conjecture about what the Federal

Reserve's response should have been, but ultimately the Fed decided to take action by lowering interest rates on three separate occasions during 2019. Stock markets and interest rates responded, which in turn, re-inflated the yield curve. We do not expect further rate decreases during 2020.

Tariff discussions between the U.S. and China were a roller coaster ride through much of 2019. However, progress seems to have been made when the U.S. and China agreed to a "Phase 1" deal. While this is certainly positive news, implementation ultimately matters. At the risk of sounding cynical, it remains quite possible that China sees very little incentive to acquiesce during an election year. Nonetheless, we acknowledge there is less uncertainty now than there was at the beginning of 2019, which bodes well for 2020.

Given the improving landscape and the reduced risk tied to monetary policy and tariff discussions, we are cautiously optimistic as we head into next year. While there is much to be optimistic about, we also know that global equity markets have rallied by more than 20 percent over the past year. Undoubtedly, 2020 will bring its own set of challenges. At a minimum, we expect more volatility given the overhang of the election year. Therefore, we will be focusing our efforts on the things we can control, such as our clients' asset allocations among high-quality stocks and bonds, as well as our individual research efforts. Our research process will remain focused on sourcing high-quality investments trading at attractive prices relative to the overall opportunity set.

Asset allocation, an emphasis on quality, and attention to pricing will be even more vital in 2020 to ensuring we achieve (and hopefully exceed) our clients' long-term investment goals.

This information is not intended to be and should not be treated as legal advice. investment advice or tax advice. Readers, including professionals, should under no circumstances rely upon this information as a substitute for their own research or for obtaining specific legal or tax advice from their own counsel.\\\$

FISH Of SanCap Hosting Inaugural Senior Expo

NSH of SanCap will hold its inaugural Senior Expo at The Community House on Wednesday, January 22 from 11 a.m. to 3 p.m.

The FISH Senior Expo will include an exhibition of senior services, represented by approximately 40 area agencies and businesses. Exhibitors will offer information that includes healthcare, recreation/vacations, end of life planning, legal services, senior employment opportunities, safety, scams, medical alert options, nutrition, independent and assisted living, long-term care facilities and pet sitters. Interactive opportunities

for participants will include a virtual dementia tour and auditory, visual and memory screenings.

"The main purpose of this event is to provide a setting where our more mature neighbors, their families and friends will have the opportunity to learn about services, activities and businesses that touch their lives, all in one place," said Kathy Y. Monroe, program director of FISH. "Sanibel's own Billy's Rentals will showcase their senior friendly products. This is going to be informative, fun and exciting, and we hope you will join us. Feel free to bring your friends.

For more information, contact Kathy Y. Monroe or Anthony Morales at 472-4775.

The Community House is located at 2173 Periwinkle Way on Sanibel. For more information, visit www.

What To Do At These Fine Properties...







Watch pelicans dive, dolphins play, manatees meander. Store prized autos/toys in 3-car finished air-conditioned garage. Bring boat to lot with dock/lift in boat basin. Live easy -- master suites both on main level & top floor, 4-stop elevator. Entertain - spacious bayside living, family, dining rooms & open kitchen with butler's pantry. Host overnight guests, several bedrooms. Watch movies in media room. Swim in waterside pool. Work in office with view. Relax & enjoy San Carlos Bay. \$3,595,000



Benefit from east-end convenience for vacation & income. Easy on-site rental program with low fees. This view at Sandalfoot & end-unit privacy. \$699,000



Delight in beach, park at large East Gulf Dr community access, & swim in large canal-side pool. Bring boat to 90' dock, quick deep-water access. Just bring suitcases, it's decorator furnished. Privacy with 3 suites & den around great room. No work needed, new inside & out. No stairs, except to upper open loft. \$2,095,000



Live year-'round or part-time in residential Gulfside Place. Use resort-like amenities including clubhouse with fitness room, pools & saunas, tennis & pickleball, grills, shuffleboard, & more. Enjoy peace-of-mind from onsite management & security. In private tier, 2nd floor, all new & with gulf view shown above. \$1,297,000



Stretch out in 1,700+sq.ft. of air conditioned space & bask on bay-view open terraces. Walk to beach, fishing pier, & more. Lighthouse Point. \$599,000



Live on one level with lakeside privacy. Cozy up next to family room fireplace. Enjoy spacious screened deck. Entertain like rock star or retiree. \$549,000



Build ole-Florida-style home in Island Woods. Stroll to nearby community pool & tennis. Walk to shops, restaurants, bank, & more. Bike to gulf. \$249,000



Build piling home on southern-exposure lot in Sanibel Bayous. Zip to Clam Bayou & Bowman's Beach. Handy to wildlife refuge, school, rec ctr too. \$149,000



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on island for 24+yrs, Realtor®, on team nearly 13 yrs, Sales Associate; Elise Carnes -

on team 20+yrs, licensed 17+yrs, Assistant, Listing Coordinator, Notary



The SanibelSusan Team is professional & experienced! See more listing info, search MLS, & read real estate blog at SanibelSusan.com

Shift To Clean **Energy Resources**

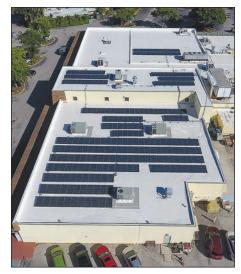


submitted by Bob Moore, COTI **Environment** Committee

n Sanibel, we pride ourselves as leaders on environment, conservation and sustainability. And Sanibel

has more to lose from the effects of climate change than almost any other place in the country. Use of fossil fuels contributes to climate change, which already affects us through stronger storms, sea level rise, heat waves, warming oceans and waterways that complicate our water quality crisis, ocean acidification destroying fisheries and coral reefs, droughts on one hand and flooding from stronger downpours on the other, food production challenges and rising insurance rates.

But there is good news, too. In the past 10 years, utility-scale solar installation costs dropped by 74 percent, while costs for community and rooftop solar decreased by 59 percent. And production is up dramatically, with more solar installation in 2017 than coal, gas and nuclear combined. Installation costs for wind powered electricity are also down 75 percent



Bailey's General Store solar panels photo provided

over the past 10 years. In 2018, approximately 50 percent of new electricity capacity in the U.S. was from wind and solar driven by market forces. In fact, these favorable market forces are occurring even though the fossil fuel industry receives more than 36 times as much in subsidies than the renewable energy sector. Simply put, developers and the public sector are quickly realizing that embracing renewable energy sources is financially and technologically desirable.

Many cities in Florida, including Sarasota, Gainesville, Tallahassee, Orlando and St. Petersburg, have joined with over 100 other cities around the

country to commit to a timely transition to renewable energy. Some have already achieved 100 percent renewable electricity in their communities. It's time for Sanibel to do the same, for our own sustainability and to inspire the communities around us to follow suit.

Doing this would not mean installing solar panels on every home on Sanibel. It can be accomplished in other ways -such as by working with the Lee County Electric Cooperative (LCEC) to provide Sanibel with only electricity generated from renewable sources.

The Committee of the Islands (COTI) believes it is time for Sanibel to commit to making a shift to a 100 percent clean energy future as part of our sustainability plan. We hope that the City of Sanibel, working in conjunction with LCEC, local businesses and residents can make this goal of 100 percent renewable energy a reality.

If you agree that it is time to take action on this pressing issue, please add your voice to the growing communitywide support to transition Sanibel to 100 percent renewable electricity. Write the city council and ask them to pass a resolution committing to switch to 100 percent renewable electricity with an aggressive timeline (preferably by 2030) and then appoint a committee to develop a plan for implementation.

Bob Moore is a member of the COTI Environment Committee. He is also co-founder with his wife, Ariel Hoover, of the Lee County Chapter of Climate Reality, a national organization promoting education and action on climate change issues. For more information or to get more involved, contact the COTI Environment Committee at coti@coti. org.₩

From page 1B

Zonta

tickets are \$100 (plus a small service charge) for morning departures and \$90 (if available) for the afternoon.

LunaFest is a traveling film festival showing short films that highlight female filmmakers and raise awareness about women's lives. Organizers have commented that anyone who is intrigued by film would enjoy this evening.

Best of all, in honor of Zonta's centennial, the club is offering this event to the community at no charge. Included in the program will be the first public premiere of a short film on the Equal Rights Amendment, made by local women filmmakers.

For LunaFest, doors open at 6:30 p.m. While entrance is free, reservations are requested: get your free ticket at www.eventbrite.com/e/ lunafest-sanibel-fl-tickets-82840884315.

The Community House is located at 2173 Periwinkle Way on Sanibel. For more information on the "Peek' and LunaFest, visit www.zontasancap. com; follow Zonta Sanibel-Captiva on Facebook; and "like" Zonta Sanibel-Captiva (@zontasancap) on Instagram.☆



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Today is the day to live your beautifulife



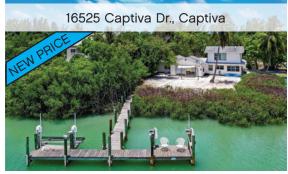
- · Newer construction. Gorgeous interior
- · Wine room, elevator, game rooms
- Panoramic Gulf views. Private pool + landscaping \$7,995,000



- 3+ acres of privacy + luxury
- · Stunning Euro influence w/ 8 bedrooms
- · Private beach access. Tennis Court
- · Pool + entertainment areas



- Beautiful golf village condo, 3BR, 3BA.
- · Fabulous westerly views offering panoramic vistas of the 18th fairway. Private elevator \$838,500



- · Captiva Hideaway+Roosevelt Channel waterfront
- Multiple boat docks + lifts. Gold Coast location
- · 3 bedroom residence with Beach Access \$1,459,000



- · Premier Beach Location on Gold Coast
- · Western Exposure Direct Sunset Views
- Live the Island dream \$3,995,000



- Beautiful beach front w/ option of a vacant lot
- Located in private + exclusive Gulf Ridge
- · 6BR beach house. Large pool, generator, shutters \$3,495,000



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FRIDAY Sunny High: 77 Low: 67



SATURDAY Sunny High: 74 Low: 64

<u>Day</u>

Fri

Sat

Sun

Tue

Wed



High

SUNDAY Sunny

5:30 am 12:09 am 5:46 pm 11:58 am

7:32 am 1:42 am 6:29 pm 12:37 pm

9:38 am 3:03 am 7:16 pm 1:16 pm

1:38 pm 6:34 am 10:30 pm 4:40 pm

Mon 11:20 am 4:10 am 8:06 pm 2:00 pm

8:57 pm 5:05 am

9:45 pm 5:53 am

High

None

None



MONDAY Cloudy

<u>Day</u>

Fri

Sat

Sun



High

TUESDAY Cloudy

High



Low

High



Cape Coral Bridge Tides

8:35 am 3:23 am 8:51 pm 3:12 pm

10:37 am 4:56 am 9:34 pm 3:51 pm 12:43 pm 6:17 am 10:21 pm 4:30 pm

2:25 pm 7:24 am 11:11 pm 5:14 pm

Low

None 8:19 am None Wed 12:02 am 9:07 am None

Thu 12:50 am 9:48 am 4:43 pm 7:54 pm

THURSDAY Cloudy

Redfish Pass Tides

<u>Day</u>	<u>High</u>	Low	<u>H1gh</u>	Low
Fri	6:25 am	12:07 am	6:41 pm	11:56 am
Sat	8:27 am	1:40 am	7:24 pm	12:35 pm
Sun	10:33 am	3:01 am	8:11 pm	1:14 pm
Mon	12:15 pm	4:08 am	9:01 pm	1:58 pm
Tue	9:52 pm	5:03 am	None	None
Wed	10:40 pm	5:51 am	None	None
Thu	2:33 pm	6:32 am	11:25 pm	4:38 pm

High: 76 Low: 62 Point Ybel Tides

Low



Low

None

None

High: 71 Low: 61



Punta Rassa Tides

Mon 11:00 am 3:43 am 9:15 pm 3:23 pm

Wed 12:17 pm 5:28 am 11:02 pm 5:08 pm

Thu 12:46 pm 6:14 am 11:40 pm 5:53 pm

6:38 am 12:26 am 6:44 pm 12:28 pm

7:58 am 1:45 am 7:31 pm 1:34 pm

9:22 am 2:47 am 8:20 pm 2:30 pm

11:47 am 4:38 am 10:13 pm 4:17 pm

Low

High: 69 Low: 59

	WEDNESDA'
2	Cloudy
-3	High: 67 Low: 5

<u>Day</u>

Fri

Sat

Sun

Mon

Tue



High: 63 Low: 53

Low

None

High

Island Seniors At Center 4 Life

eet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up.



Kayaking on Tuesdays and **Select Thursdays** – January 14 and 16 at 8:30 a.m., weather permitting. There is space for 16 people on eight two-person kayaks and limited space for those who bring their own. Island Seniors, Inc. will provide kayaks, paddles and life jackets. Bring water, a small snack, sun screen, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for members and \$20 for non-members. Advance registration required.

Line Dancing Classes – Fridays, January 10, 17 and 24 at 2:15 p.m. Cost is \$2.50 for members and \$5 for non-members. The instructor will review dance steps then turn up the music. Advance registration not

Knitting With Deborah Boehm - Mondays, January 13 and 27 from 2:30 to 4:30 p.m. Open to all skill levels, including beginners. Bring your project(s). Share your interest in knitting with others. This is an informal, no charge, drop-in group.

Page Turners with Louise Fitzgerald & Ann Hartman - If you are not on the Page Turners list and wish to be, email oceann@comcast.net or contact the center.

Bea Pappas, ISEA-NF Collage, Part 1 - Tuesdays, January 14 and 21. Cost is \$100 for members and

\$130 for non-members. Make collage papers with gelli plates, fabric, tissue paper and National Geographic pages. Bring acrylic paint, preferably liquid, not tubes; white tissue paper, cloth-style paper towels, flat nylon brush (one- or two-inch) and a water container to clean

Pancakes with Pals - Captiva House, Thursday, January 20 at 9:30 a.m. The Pancakes with Pals group meets for breakfast at different locations on the islands. Separate checks will be provided. Advanced registration required as seating is limited. Carpool arrangements for transportation.

Baker Museum Private Tour: Magritte, Monet to Matisse Exhibits – Wednesday, January 29. Cost is \$12 for members and \$22 for non-members. Lunch is on your own.

This is the grand re-opening of the Baker Museum, which was closed for two years due to damage from Hurricane Irma. Take a private docent-led tour to view six works of surrealist master Rene Magritte, most of them unseen outside of Belgium for 48 years. The Monet to Matisse exhibit features works by some of the world's best-known artists, including Monet, Degas, Renoir, Toulouse-Lautrec and Pissarro. Advance registration required by Tuesday, January 14. Carpool arrangements for transportation.

Ostego Bay Working Waterfront Tour – Wednesday, January 29. Cost is \$25 for members and \$35 for non-members.

Includes a three-hour guided tour of the working waterfront of Fort Myers Beach. Half of the tour will be in the

Ostego Bay Marine Science Center and half will be a walking tour of the commercial fishing industry. Lunch will be on your own at Doc Ford's. Advance registration required by Wednesday, January 22. Carpool arrangements for transportation.

Learn to Play Mahjongg with Katie Reid - January 27 to 31. Cost is \$15 for members and \$30 for non-members. Class is limited to four or eight students (to fill a table to practice). You must be able to attend all five classes. All supplies provided. Advance registration required.

Damaris Peters Pike – Friday, January 31. Damaris Peters Pike will present Que Sera, Sera-Remembering Doris Day in the Women of Note Series.

Contrary to the popular image of the smiling girl next door, Doris Day's story is full of pain and sorrow along with great success. This recounting of her youth in Cincinnati, her start as a big band singer, and amazing rise to stardom in movies includes several wellloved songs associated with the star, such as It's Magic, My Secret Love and Sentimental Journey. A \$5 donation is requested with proceeds benefitting Island Seniors programming.

Contestants Wanted for Sanibel's Got Talent - Thursday, February 20. If you or someone you know wish to be in the spotlight, contact Tommy Williams. He is seeking local talent to perform in this special event at the Sanibel Recreation Center, following a potluck dinner.

Games – Cost for all games is \$3 for members and \$5 for non-members. Prizes will be awarded.

Bridge – Monday and Wednesday. Registration begins at 12:30 p.m.

Game begins at 1 p.m.

New! Euchre - Tuesday at 12:30

Mahjongg – Monday and Thursday at 12:30 p.m.

Hand & Foot – Thursday at noon. **Hearts** – Friday at 12:30 p.m.

Bingo - Monday, January 13 at 4:30 p.m. Games followed by potluck. Bring a side dish to share.

Fitness Classes – Island Seniors, Inc. members pay \$4.10 per class, visitors pay \$10.25 per class. Island Seniors, Inc. annual membership is \$20. Classes are included with Sanibel Recreation Center membership. You must show your Sanibel Recreation Center membership card to attend.

Fitness class schedule is as follows: Cardio Combo - Monday, Wednesday and Friday at 8 a.m.

Keep your brain fit, and your heart, lungs and muscles strong. Hand weights, stretch cords, stability balls and your body weight will be used. The format is 30 minutes of cardio dance and 30 minutes of balance exercises, core strength, flexibility exercises and

50/50 Cardio Sculpt – Monday, Wednesday and Friday at 9:30 and 11 a.m. This class includes cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls.

Qigong - Fridays, January 10, 17 and 24 from 1 to 2 p.m.

QiGong is a series of non-strenuous techniques and movements that focuses breathing, activates the body's internal energy, fosters relaxation, clears the "monkey mind" and helps to reduce stress. When combined, these techniques lead to a meditation that

continued on page 10B





WEST GULF DRIVE HOME **ACROSS FROM BEACH**

3BR/2BA, beautifully updated with cathedral ceilings, an inviting kitchen and dining/living room combo. The master bedroom with en-suite has private access to the rear porch. Enjoy the large pool and deck or play a game of tennis or pickleball on your private court! And, the beach is right across the street . . .

4156 West Gulf Drive Is Offered At \$1,329,000

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Happy New Year! Make Your New Year Brighter by Making Sanibel Island Your Home!





601 PERIWINKLE WAY C3 • SANIBEL Beautifully remodeled 1 bed, 1 bath condo at Captains Walk. Opened kitchen, granite counters & breakfast bar. Canal front complex just 1 mile historic Lighthouse & white sand beach.

OFFERED AT \$279,000



1567 SAND CASTLE RD • SANIBEL Beautiful lake and golf course views. 3 bed, 3 bath, 2560 sq ft with cathedral ceilings, space to entertain, master suite, guest room en suite & screened porches. **OFFERED AT \$849,000**

STUNNING BAY FRONT



261 FERRY LANDING DR • SANIBEL Direct Bay front duplex, 2 bed, 2 bath, 1637 sq ft with cathedral ceilings, spacious loft, master suite with office area, community tennis, pool & fishing pier.

OFFERED AT \$1,095,000



2065 WILD LIME DR • SANIBEL Serene and private West End island retreat with relaxing, screened pool & lanai. Coastal cool home with 3 beds and 2.5 baths. Close to Bowman's Beach & Blind Pass. **OFFERED AT \$639,000**

REMODELED GULF FRONT



SANIBEL ARMS F2 • SANIBEL Gulf front condo with 1 bed, 1 bath, 638 sq ft. Remodeled ground floor unit provides easy access to the beach in a favorite Sanibel complex. Great investment property.

OFFERED AT \$549,000

EAST END CANAL HOME



1056 S YACHTSMAN DR • SANIBEL Bay/Gulf access canal home with 3 bed, 2 bath, 1682 sq ft has been recently updated. Enjoy pool, screened lanai, and 2 car air conditioned garage. Recently updated dock.

OFFERED AT \$879,000

BEAUTIFUL GULF VIEWS



SAND POINTE 111 • SANIBEL Corner unit with 2 bed, 2 bath, 1007 sq ft. Enjoy breathtaking tropical views from the large lanai, relax at the heated pool, or stroll the white sandy beaches of Sanibel Island.

OFFERED AT \$699,000

EASY ISLAND LIVING



1031 SAND CASTLE RD • SANIBEL Overlooking The Dunes lake and golf course, 3 bed, 3 bath, 1908 sq ft home is easy on and off island. Lots of outdoor space, pool and 2 car garage.

OFFERED AT \$799,000

PENDING! 1611 SAND CASTLE ROAD SANIBEL IN THE DUNES!

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Rotary Happenings

submitted by Cindy Carter DeCosta

The new year is upon us, and that means that it is time to start realizing the resolutions that



many of us have made. While some resolutions that we have made may be to focus on our self-care and to begin eating healthier and exercising, other resolutions may be to help others in need.

A quote from William Carey best describes this week's guest speaker's vision in life, "Expect great things from God. Attempt great things for God." Karen Lawrence spoke from the heart about the organization Feed My Starving Children (FMSC), a Christian



The Sanibel-Captiva Rotary Club recognizes Shirley Jewell for 16 years of outstanding service to the club. She will be greatly missed

nonprofit hunger relief organization that provides food to help communities in developing countries become self-sustaining. FMSC's approach is simple: volunteers hand pack scientifically designed meals which are shipped to partners already in operation in nearly 70 countries and used to run orphanages, clinics, schools, missions and community feeding programs.

A sad statistic is that 6,200 children die daily from starvation or related causes, a statistic that could very easily be reduced. It costs just 22 cents to produce each FMSC meal, a fact that was not over looked by The Sanibel School's Chapter of Interact. Interact clubs are Rotary International' service club for young people ages 12 to 18. The Sanibel School's club is sponsored by the Sanibel-Captiva Rotary Club. At the 2019 Sanibel-Captiva Rotary Arts & Crafts Festival, The Sanibel School's Interact Club raised over \$725 that was donated to FMSC. They also helped with the meal packing event last year. This year, The Sanibel School Principal Chuck Vilardi volunteered the entire middle school to help pack meals as a way to share their power of "Service Above Self."

The Sanibel Community MobilePack has committed to raising \$44,500 and gathering 940 volunteers to produce 202,000 meals, which will feed 500 children for an entire year. Last year, FMSC had a goal of 100,000 meals and surpassed that goal by packing 148,000 meals. Having already raised \$23,000 and gathered over 300 volunteers for this year's event, they feel that they will be able to surpass their 2020 goal. The Sanibel Community MobilePack enables children, ages 5 and above, and adults to measure, scoop ingredients, seal bags and prepare boxes for shipping during a

two-hour packing session. Donations are also welcome; just \$80 annually can feed a child for an entire year.

The Sanibel Community MobilePack for FMSC will be collecting nonperishables for FISH of SanCap to help those in need locally as well.

The meal packing event will take place on Friday, January 31 and Saturday, February 1 at Sanibel Community Church Fellowship Hall. To volunteer as a food-packer or to make a donation, visit www.give.fmsc.org/sanibel. In just two hours, you can help produce thousands of meals for starving children worldwide.

From page 8B

Center 4 Life

generates a peaceful presence and an overall "good to be alive" feeling. Non-skid shoes are required. Paul Lawrence is the instructor.

Power Hour Fitness – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

Mahnaz Bassiri is the instructor. **Gentle Yoga** – Tuesday and
Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Bring a towel. Kim Kouril is the instructor.

Chair Yoga – Tuesday and Thursday at 11 a.m. Similar to gentle yoga but all poses are done in a chair. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by the Center 4 Life, located at 2401 Library Way on Sanibel.

You just found out dinner went from four to eight people.... luckily your dining table expands so easily you can do it with one hand tied behind your back!

The Jupe dining table, with self storing leaves.



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Superior Interiors

How To Revamp Your Laundry Room



by Katie Frederick

or many, the laundry room is generally only frequented when it's time to take care of the chores. That doesn't necessarily mean, however, that this living space doesn't deserve decor and attention

to design like the rest of the house. A revamp doesn't have to mean gutting the room; adding a pop of color with accessories or hanging stylish wall art can give the laundry room character and turn a room that was maybe once considered an eyesore into a beautiful place.

The laundry room is often a small space, so you need to consider a simple and bold way to make the room pop. Your walls make the perfect canvas for a new look, you can easily achieve this through paint or wall coverings with a

bold design. Wallpaper and paint are a great way to infuse interest and energy into a laundry room. These spaces often are mostly utility with little room for furniture or accessories, so feel free to go bolder with color and pattern selections in this space.

If you want to add more character to the painted or covered walls, wall art makes a simple addition to the room. A theme that correlates with the living space can help you choose graphic wall hangings, such as pictures and text art that describe the laundry room. Or, you can choose wall art that encourages a refreshing, natural and contemporary vibe in the space, such as flowers or other items from nature.

The vertical space in the laundry room is likely what you'll mix up the most. Take advantage of the wall space you have to hang shelves and create a new storage system for towels, blankets and other items that may stay in the laundry room over time. A design professional can help you build a custom storage system that fits perfectly in the room and matches your wants and desires as a utility space.

Bring comfort to your toes. The laundry room is often lined with tile or hardwood flooring, and with good reason, for the quick cleanup. This can be cold and uncomfortable while you're taking

care of laundry tasks. Area rugs offer a simple solution to this issue and can also bring a sense of style to the space with ease. Choose an option that emphasizes your character, fits perfectly within the room and brings comfort to the space.

With a few thoughtful additions, your laundry room doesn't have to go unnoticed anymore!

Katie Frederick is an interior designer on Sanibel/Captiva Islands. She can be reached at katie@coindecden.

Refuge Seeking Applicants For Scholarships

pplication deadline for several scholarships from the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS), ranging from \$1,000 to \$3,000 each, is March 31. High school seniors, college students and graduate students in or from Lee, Collier, Charlotte, Hendry and Glades counties pursuing degrees in environmental-related studies may

DDWS will award the scholarships at a ceremony at the JN "Ding" Darling National Wildlife Refuge on Sanibel in

June 2020.

Now in its 14th year, the DDWS scholarship program presented its first awards in 2006, donated by Tarpon Bay Explorers, the refuge's official recreation concession. To date, the program has awarded \$138,400.

Tarpon Bay Explorers started the program by offering two \$1,000 scholarships in 2005," said DDWS Executive Director Birgie Miller. "When four applicants turned out to be highly deserving, they doubled their commitment that year. Through the years, co-owner Wendy Schnapp has increased her annual contribution and has awarded a total of 51 scholarships."

Interested students can find more

information and printable application forms at www.dingdarlingsociety.org/ articles/student-scholarships.

To learn more about the scholarship program and establishing a permanently endowed scholarship, contact Birgie Miller at 472-1100 ext. 4 or director@dingdarlingsociety.org.

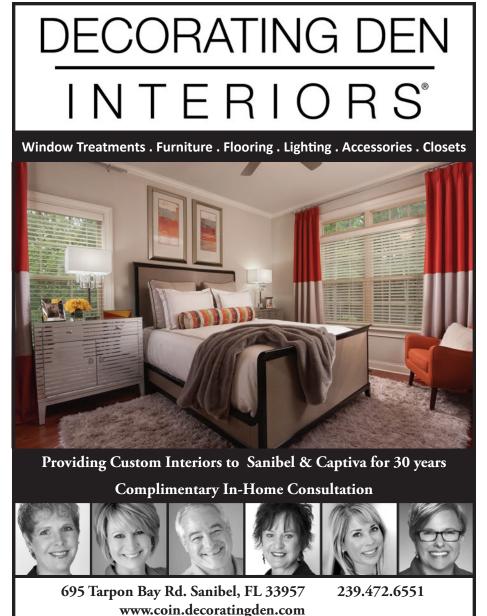
Named scholarships to date for 2020 include: Richard Bailey Memorial Scholarships; Mike and Terry Baldwin Scholarship; Dr. Andrew and Laura Dahlem Scholarship; Dr. H. Randall Deming Scholarship for Conservation and Environmental Studies, a permanently endowed scholarship; Hans and Leslie Fleischner Scholarship; Mary Elaine Jacobson Memorial Scholarship; Win and Marilyn Kloosterman Education Scholarship, a permanently endowed scholarship Francine and Barry Litofsky Scholarship; Tarpon Bay Explorers Scholarships; and Jane Werner Environmental Scholarship, DDWS' first

Round Robin Tennis Offered At Rec Center

tarting on Tuesday, January 14, Round Robin Tennis will be offered at the Sanibel Recreation Center on Tuesdays and Thursdays from 10 a.m. to noon. It will be tournament-style play, and participants can meet fellow tennis players in the process. Tennis pro Joe McEntyre organizes all matches.

Registration includes a demonstration of doubles tactics and doubles play. Cost to play is \$13.25 per member and \$17.50 per non-member. Register in advance at the recreation center front desk as space is limited.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. Daily, weekly and annual memberships are available. For more information, call





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Loggerhead Cay 222 - 979 E Gulf Dr 2BR/2BA, Gulf & Pool View, On-Site Management, Weekly Rentals, Pet Friendly, Pool, Tennis, Clubhouse ⁵637,000

1271 Par View Dr - Beachview EstatesVery near beach and golf course views. 3BR + den home w. screen-enclosed pool. Private lift, impact glass, new roof. \$949,000

1285 Par View Dr - Beachview Estates

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 ${\bf 1480~Middle~Gulf~Drive}\\ {\bf Elegant~custom~home~featuring~canal~and~golf~course~view~directly~across~the~street}\\ {\bf from~the~beach.}~~^{5}{\bf 1,650,000}$

10 AM - 12:30 PM

Yacht Haven 2 - 800 Sextant Dr Amazing Bay Views - 3BD/2BA - Private Boat Lift & Slip on Direct Canal Access to Gulf -2-Car Garage \$1,029,000

Mariner Pointe 421 - 760 Sextant

Spacious townhouse with great Bay views! Gut renovated, contemporary style, 2BR, 2.5BA, walk out enclosed lanai to open lawn and pool area. \$639,000

911 S Yachtsman Dr - Sanibel Estates
Canal front , 3BR/3BA, renovated ground-level home. Lg family rm, home office or 4th BR,
upstairs master suite. Caged pool, fenced yard, 3-car garage, lg parcel, 40' boat dock. §1,195,000

731 Durion Ct - The Rocks

Beautiful East Rocks home with sunset and long lake views and oversized pool. \$775,000

4619 Brainard Bayou Rd - Sanibel Bayous North

Alive with color & charm. 3 BR, 2 BA. Professionally furnished. Room for a pool.

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Blind Pass B205 - 5117 Sea Bell Rd

Renovated 2BR, 2.5BA townhome overlooking pool, spa-like master suite, clean & sleek ambiance. Near Ding Darling and a short walk to the beach. On-Site rentals. \$469,000

Blind Pass F204 - 5117 Sea Bell Rd

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1 - 4 PM

Tigua Cay 485 - 485 E Gulf DrRare Gulf Front Townhome - Updated 3BR, 3.5BA + Loft, Private elevator, Screened Lanais, Sundeck, & Covered Porch, 2-car Garage, Pool, AND VIEWS! \$2,295,000

1039 Sand Castle Rd - Dunes

Like New 3BR, 3BA + Office, 2 Masters, Long Lake Views, Meticulous Details & Upgrades, Huge Storage & Garage. \$999,000

1345 Eagle Run Drive - Beachview Estates

Luxury 3BR/2.5BA Pool Home, River & Golf views, private backyard beach, lower level storage. \$1,049,000

Sandpebble 1A - 1440 Middle Gulf Dr

2BR/2BA + Den, over 1,300 sf, updated kitchen & baths, elect shutters, meticulously maintained. Pool, Tennis, Beach. §439,000

1925 Roseate Ln - Sanibel Lake Estates

2BR + den, 2BA, beautifully & meticulously updated, on lake with gorgeous views & pool & spal. \$639,000

405 Tiree Ct - BrightwaterNear Beach Home, 3BR/2BA with updated kitchen and baths. Large yard, lake views.
Deeded beach access within walking distance. §735,000

610 Hideaway Ct - Sea Oats

Beautiful 3 BR/2 BA home, Backs up to Conservation Land, Vaulted ceiling and Fireplace, 2nd Floor Master w/balcony, Deeded Beach Access \$629,000

4701 Rue Belle Mer - Chateaux Ser Mer Gulf front 4BR, 5BA pool home, breathtaking Gulf views, light & bright kitchen, dumbwaiter, wood floors, 2-car garage, electric shutters, & more. §3,595,000

1356 Jamaica Dr - Tradewinds

Beach Bungalow, 1BR, 1.5BA, Den, Screened Porch, Impact Windows, Steps to Beach Access. 575,000

SUNDAY, JANUARY 19 • ALL DAY • 10 AM – 4 PM

Seawind A107 - 820 E Gulf Dr

Boat Dockage! 2BR, 2.5BA Remodeled Townhouse. Pool, Tennis, Beach Access, Gulf Access Canal. \$574,777

Loggerhead Cay 553 - 979 E Gulf Dr

2BR/2BA corner unit, Gulf view, vaulted ceiling, weekly rentals, pet friendly, on-site mgmt, pool, tennis, clubhouse. §679,000

1271 Par View Dr - Beachview EstatesVery near beach and golf course views. 3BR + den home w. screen-enclosed pool. Private lift, impact glass, new roof. \$949,000

1285 Par View Dr - Beachview Estates

"Built to last", over 2700SF under air, home with screen-enclosed pool. Tons of storage. Great value! \$879,000

Kings Crown 112 - 2721 W Gulf Dr Gulf views from this 2BR/2BA w/ den corner unit condo. \$679,000

6176 Henderson Road - Betts

Serene ground level canal home w. boat dock & Gulf access. Privacy and inspiration among a canopy of trees. 3BR, 2BA, over 2,000sq ft on .65 acre. Hidden gem! \$1,189,000

10 AM - 12:30 PM

Lighthouse Point 114 - 200 Periwinkle WayWow! Stunning remodel offers over 1500 sqft of living space. 3BR + 2BA, new kitchen, impact glass are just a few of the upgrades. §679,000

822 Beach Road

Canal front duplex, 2/2 each side. Boat dock serves both sides. Live in one side; rent the other. Mostly renovated; screened porches overlook the waterway. \$839,000

1480 Middle Gulf Drive

Elegant custom home featuring canal and golf course view directly across the street from the beach. \$1,650,000

1717 Sand Pebble Way - Lagoon Estates

Beautifully updated, over an acre, ground level on the Sanibel River. 1800tsf, 2-car garage, end of cul-de-sac, new paver driveway & new landscaping. \$635,000

1 - 4 PM

911 S Yachtsman Dr - Sanibel Estates

Canal front , 3BR/3BA, renovated ground-level home. Lg family rm, home office or 4th BR, upstairs master suite. Caged pool, fenced yard, 3-car garage, lg parcel, 40' boat dock. \$1,195,000

1747 Jewel Box - Sanibel IslesDirect Access Canal Home. Dock w/ 13,000lb lift. Very private, tile throughout. 2 Car garage, enclosed lower level. Impact windows & doors. §989,000

1345 Eagle Run Drive - Beachview Estates

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Sandpebble 1A - 1440 Middle Gulf Dr 2BR/2BA + Den, over 1,300 sf, updated kitchen & baths, elect shutters, meticulously maintained. Pool, Tennis, Beach. §439,000

Moonshadows 1F - 1350 Middle Gulf Dr

3BR/3BA Townhouse with Sanibel River Views, LR & FR, Glass-Enclosed Lanai, Screened Front Porch, Community Pool, Tennis, Across from the Beach. \$765,000

1460 Middle Gulf Drive

Custom Home, Incredible Sanibel River Views! 4BR 4.5BA, Across From The Beach, Approx 3660 Living Sq Ft, Elevator, Lg Waterfall Pool, 3-Car Garage, Absolutely Immaculate \$1,949,000

LaPlava #1B - 2629 W Gulf Dr

Excellent 3BR, 2BA Gulf Front Condo. Sm Complex, Tennis, Pool, Boardwalk to the Beach.
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Blue Gulf 201 - 2949 W Gulf Dr

Gorgeous sunsets & gulf views await. This small, private complex is a hidden treasure. 3BR, high ceilings, open kitchen, glassed lanai. \$1,398,000

731 Durion Ct - The Rocks Beautiful East Rocks home with sunset and long lake views and oversized pool. \$775,000

Seascape of Sanibel #304 - 3145 W Gulf Dr

GULF VIEWS! 3BR, 3BA Luxury Condo. Over 3,000sf, under bldg parking & storage, glassed lanai. Pool/Spa, Tennis, Beach. \$1,289,000

405 Tiree Ct - Brightwater

Near Beach Home, 3BR/2BA with updated kitchen and baths. Large yard, lake views. Deeded beach access within walking distance. \$735,000

1356 Jamaica Dr - Tradewinds

Beach Bungalow, 1BR, 1.5BA, Den, Screened Porch, Impact Windows, Steps to Beach Access. \$575,000

Emergency Care For Children, Close To Home

submitted by Mary Ann Watt, Lee Health Foundation

Picture an emergency room at a hospital, and you might imagine something straight out of a popular television show. Maybe it's a chaotic scene, with doctors rushing around to treat patients of all ages suffering from both traumatic and more basic injuries.

both traumatic and more basic injuries.
But at Golisano Children's Hospital of
Southwest Florida, the emergency room
has a totally different feel. It's the only
emergency department in Lee County
geared specifically toward children, and
that's first made clear from the way
it looks. Think bright colors instead
of sterile white, cartoons on the TV
screens, and toys and games to distract
young patients or keep their siblings
occupied.

It goes much deeper than just appearances. Golisano's emergency department is staffed by doctors and nurses who fully understand the difference between treating children and adults. As it's often said, children are not just small adults; so the same treatments and approaches used in a traditional ER won't necessarily work for kids.

won't necessarily work for kids.

"There are a lot of differences
between an adult body and a pediatric
body," said Dr. Carmen T. Garcia,
medical director of the pediatric



The SanCap Cares wall recognizing donors from Sanibel and Captiva. Pictured from left, Dr. Steve Brown, Melissa Congress, Diana Day, Valerie Tutor, Sue Ellen Cutler, Al Hanser, Kasey Albright, Amy Wainwright, Susan Ryckman, Deb Szymanczyk, Jim Nathan and Dr. Emad Salman.

photo provided

emergency department at Golisano Children's Hospital. "For example, their airways are different, so you have to manage them differently."

Those differences often require specialized equipment that a standard

emergency department might not have.

"A lot of times hospitals don't carry all the sizes (of equipment) you need to take care of kids," added Dr. Garcia. "Equipment costs money, and if you're not using it frequently, you might not

want to stock things you use once a year. But it's something we do frequently, so we have everything readily available."

That includes not only things like breathing tubes and blood pressure cuffs in a range of sizes but also child-sized





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CHR

beds and even a bedside ultrasound unit that can help with both the assessment and comfort level of a young patient. Other equipment has a kid-friendly look, like the "Bear Hugger" machines that warm up severely cold patients.

Island Donors Offer Support

The emergency department at Golisano Children's Hospital has received gifts totaling \$10 million from SanCap Cares, who raised the money over several years through its Island Celebration event. SanCap Cares will celebrate its 20th anniversary in March, and volunteers, donors and committee members look at the support of the emergency department as one of the event's greatest achievements.

The department sees more than 3,000 patients each month, and its staff of more than 75 clinical providers has experience with the kinds of illnesses, conditions and injuries that might present more often in children than adults.

"I've had kids sent to us from other hospitals where they did a diagnosis, but when we review the information we realize it's something else," said Dr. Garcia. "Other doctors might not be used to looking at pediatric ultrasounds or x-rays, or they're not thinking of the same pathology we're thinking of. Kids can act like they're well until much later than an adult. They have healthy hearts and can pretend like they're well for quite

Assessing young patients often requires a bit of detective work. "Adults are pretty straightforward; they tell you what is wrong with them," said Dr. Alfredo A. Vargas, an attending physician in Golisano's pediatric emergency department. "Children, on the other hand, are not as inclined to deliver such valuable information."

That could be because they are literally too young to communicate. Or because they don't know how to describe their symptoms or are too scared to do so. "Sometimes you have to figure out what the problem is," explained Dr. Garcia. "You have to really take in the nonverbal cues and listen to the parents."

The comfort of both patients and their families is a priority at Golisano. "Being in the emergency department is usually not a pleasant experience for families," said Dr. Vargas. "But we try to create an environment where both parents and children are put at ease.

For families, the hospital offers services and distractions for siblings in the waiting room, so parents can focus on their sick children – and often be right by their side. "Sometimes we have parents in the room with us when we're doing procedures," said Dr. Garcia. "We try to involve them as much as we can. I think we all understand that the child doesn't live in a vacuum, so we also have to be able to support the needs of the parents.

"What the parents want most is to feel that we really care about their kids," said Mary Kay Silverman, director of emergency services and the pediatric/ neonatal transport team at Golisano Children's Hospital. "If a parent feels that we are paying attention to their child during a really bad time and are doing continued on page 22B our CHR mission

to provide affordable housing to individuals and families who work on or serve our islands

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-Rodd, Sanibel City Employee



You are eligible for housing through CHR if you are working full-time on Sanibel. Priority is given to people with Sanibel history. All adults in the household are required to work full-time unless they are retired or disabled. The head of household is required to work on Sanibel; other adults may work off the island. Household gross income may not exceed Below Market Rate Housing Maximum Income Levels.



"I love living on Sanibel because I'm close to my grandma and grandpa, I like going to the blue ribbon school and I like helping at SCCF... thank you CHR for making it possible for me and my mom to live here!"

-Crystal, Sanibel School Student

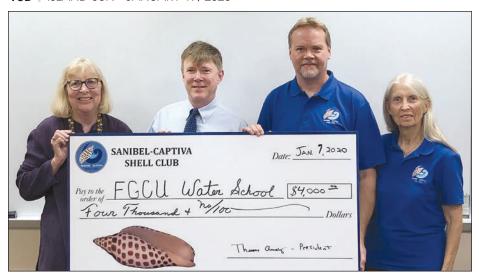




CHR is a 501(c)3 non-profit organization and we rely on community support from individuals and businesses. Donations are tax-deductible. We welcome both in-kind and cash donations.

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From left, Clair Beckmann, Dr. Gregory Tolley, Joe Timko and Karen Turner photo provided

Shell Club Awards Grant To FGCU

he Sanibel-Captiva Shell Club Grants Committee recently met with Dr. Gregory Tolley, PhD, executive director of the Water School at Florida Gulf Coast University (FGCU), to award a \$4,000 grant. Committee members are Clair Beckmann, Joe Timko and Karen

The Water School's mission is to understand and solve water problems and to plan for the future of Southwest Florida. The Water School will use the \$4,000 grant towards research on the potential link between nutrients coming from such sources as the Caloosahatchee, groundwater wells and red tide blooms.

The Sanibel-Captiva Shell Club awards grants from proceeds raised at the Sanibel Shell Festival, held annually at The Community House. This year's festival is scheduled for March 5 to 7. Grants are given in the fields of conchology and malacology, as well as the fields of conservation and water quality, primarily in Southwest Florida. The entry fees from the show, shell sales, sponsorships and T-shirt sales generated over \$30,000 in 2019. The club meets at 2 p.m. on the

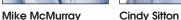
second Sunday of the month from October to April at The Community House, with a silent auction of shells, displays and shell-related items beginning at 1:30 p.m. Meetings are free and open to the public and include speaker, show and tell, door prizes and refreshments.☆

ISLAND SUN BUSINESS NEWSMAKERS

Royal Shell Real Estate







he top producers for December at the Royal Shell Real Estate Sanibel/ Captiva Office were: McMurray & Members, top listing and top sales team; and Cindy Sitton, top listing and top sales producer individual/partners.



Gregory Demaras Jennifer McSorely Pfeifer Realty Group

he top producers at Pfeifer Realty Group for December were: Greg Demaras, top sales agent; and





December at VIP Realty Group were: Kit and Lynda Traverso, top sales; Charles Sobczak, top listings; and Deb Smith, top producer.☆



Kit and Lynda Traverso



Deb Smith Charles Sobczak



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401 Lagoon Drive

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\$559,000

239.464.2984 \$970,000



827 East Gulf Drive #M2 239.464.2984 Burns Family



872 Limpet Drive

Burns Family \$1.495.000



478 Sea Oats Drive

Burns Family 239.464.2984 \$899.000



SANIBEL

868 Rabbit Road Burns Family

\$550,000

239.464.2984

239.464.2984



4143 West Gulf Drive

239.464.2984 Burns Family \$5,795,000



2964 Wulfert Road

239.464.2984 Burns Family \$3,699,000



911 Almas Court

Burns Family 239.464.2984 \$1.250.000



SANIBEL

1676 Middle Gulf Drive Burns Family 239.464.2984 \$825,000



18871 Serenoa Court Maxwell Thompson 239.989.3855 \$475,000



11549 Wightman Lane Burns Family 239.464.2984



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Will Power

Problems With Joint Ownership And Transfer On Death Accounts

by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

ecently, several new clients have arrived at my office explaining that they don't need revocable trusts. "My banker Ltold me simply to designate all of my accounts as 'transfer on death' to my children, so no probate is necessary, and even no trust is necessary." Other clients have placed bank and investment accounts in joint name with one or more of their children to accomplish the same thing.

Neither is a good idea.

Let's tackle the joint account with rights of survivorship first. The first is a gifting problem. When Mom places Daughter onto

a joint account, then Mom is deemed to have made a taxable gift as to one-half of the value of the account. This would require the filing of a Federal Gift Tax Return Form 709 if the total gifts to Daughter exceed \$15,000 in that year.

If Mom lives in a state that has a gift tax, a state gift tax filing may also be due. In today's world of high federal gift and estate tax exemptions, in Florida this isn't necessarily fatal, unless at some point in the future those exemptions should decrease. In 2025, absent any further legislation from Congress signed by the president, the exemptions are slated to return to their former levels. So a large gift today might

Further, when Daughter owns half of the account, she loses half of the step-up in tax cost basis at the time of Mom's death. If Mom owned the account solely in her own revocable trust (that avoids probate anyway) then all of the capital gain would have been eliminated at Mom's death. Daughter will pay additional capital gains taxes she otherwise

Further, assume Daughter has two siblings that Mom wants her to share the account with. Legally, Daughter doesn't have to. Even if Daughter is honest, it is a taxable gift from Daughter to her siblings when she makes transfers to them following Mom's death, resulting in the same problems discussed above but now they apply to Daughter.

If Daughter gets divorced or is a defendant in a lawsuit, or has bankruptcy or other creditor issues, those potential creditors can attack Mom's bank and investment accounts that were put into joint name with Daughter.

None of these problems exists using a revocable trust. Now let's turn our attention to Transfer on Death accounts. Assume Mom designates her investment account as "pay on death" to Daughter, but Mom also has Son. Daughter is expected to share with Son at Mom's death. Nothing says that Daughter must, and if Daughter does share with Son, then she has the gift issue

If one of the "pay on death (POD)" beneficiaries dies or has creditor issues, then another problem arises. Suppose Mom puts her investment account as "pay on death" to Daughter and Son. Mom becomes incompetent and then Son dies before Mom dies. Son is survived by a minor child, Grandson.

Mom wasn't able to change the POD beneficiary, so when she died, Son's will would need to be probated. Son's will left his assets to his wife, as opposed to grandson who Mom would have wanted the account to go to. Even if Mom was able to name Grandson directly, the bank could not make a transfer to a minor without an expensive and timeconsuming court process. This all could have easily been avoided with a revocable trust.

Let's consider Mom's incapacity as well. Because her accounts were not in a trust that authorized certain distributions, Mom's attorneys weren't able to assist the family with qualifying mother for Medicaid. Her nursing home expenses could deplete the account. Further, the bank wouldn't accept the durable power of attorney because it was "out of date," which required the family to enter into an expensive and time-consuming guardianship to access the funds.

Mom was financially supporting Daughter prior to Mom becoming incompetent. Those payments had to stop because under a POD account, there's no way to legally continue those gifts.

POD accounts usually require that you designate equal shares for all POD beneficiaries. This may or may not comply with your intent.

Finally, if one of your beneficiaries is undergoing a divorce or other creditor problem at the time of your death, the POD account may become subject to claimants of that

This is just a laundry list of some, not all, of the potential problems with POD and joint with survivorship accounts. Anyone with any degree of wealth should instead use a revocable trust vehicle to navigate these issues.

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From page 1B

Bee Buzz

showings. All films begin at 1 p.m. A short discussion follows each film. For descriptions of films, visit www. dingdarlingsociety.org/articles/ lecture-and-film-series.

January 22: Queen of the Sun: What Are the Bees Telling Us? February 5: Water & Power: A California Heist February 19: BLUE March 4: Ghost Bird March 18: The Swamp April 1: Bird of Prey. 4





Chamber members with Gov. Ron DeSantis in Tallahassee in 2019

Chamber Begins Advocacy Efforts For 2020

Tith the new year, the Sanibel and Captiva Islands Chamber of Commerce kicks off efforts to meet the legislative priorities set last year by the board of directors to advocate on behalf of its members.

Chamber President And Chief Executive Officer John Lai already took a solid step toward water quality advocacy, one of the board's two-pronged objectives, with attendance at the recent Everglades Coalition Conference at South Seas Island Resort on Captiva. The largest forum for discussing restoration progress in the Florida Everglades, its programming focused on the major role the Everglades plays in ensuring clean water for Southwest Florida shorelines.

Later this month, chamber

representatives will travel to Tallahassee to again support water quality, along with part two of the chamber's legislative priorities, namely funding for and stabilization of Visit Florida, the state's

tourism promotion agency.
On Tuesday, January 21, for Tourism
Day in the state capital, the push will be to support Visit Florida, which is set to dissolve in June if not re-funded for another year. Last year, the legislature decreased the agency's funding by 34 percent, from \$75 to \$50 million, for fiscal year 2019-20.

"We will urge legislators to increase the appropriations back to full funding for the upcoming fiscal year, with hopes to effect long-term reauthorization of Visit Florida following that," said Lai. "This year's cut meant the loss of one-third of the agency's staff, which really hurt. Visit Florida is crucial for promoting tourism worldwide

and asserting a positive state image when national media misrepresents us.

On January 30, more than 35 Southwest Florida Alliance of Chambers members and staff will attend Southwest Florida Day in the legislature. Sanibel and Captiva Islands Chamber is a founding member of the alliance, which coalesced seven local chambers in the wake of 2018's algae catastrophe.

Chamber representatives will meet with legislators and testify in the House and Senate on various pertinent issues, including improved water quality through strengthened standards for storm-water and agricultural runoff, advanced wastewater treatment, septic tank requirements, and funding for reservoirs and structures around Lake Okeechobee and the Everglades.

Our objective is to send clean water south and west as quickly as possible," said Lai, who also serves on the water resource accountability and collaboration committee for the South Florida Water Management District. "The climate for strong support is good right now at the federal and state executive levels, thanks to our efforts last year, and we mean to reinforce that

Other issues Southwest Florida chamber members plan to support in Tallahassee include increased funding for Southwest Florida transportation studies and improvements, and policy development for affordable workforce housing.

"The chamber last year began the Southwest Florida Day bus trip to Tallahassee, and it was highly successful," said Lai. "This year we hope to build on that momentum in more ways that benefit our membership and the region as a whole.'

Lai also will be representing the islands and Southwest Florida in Tallahassee in February for Everglades Coalition Action Day and in March during appropriations legislation.☆

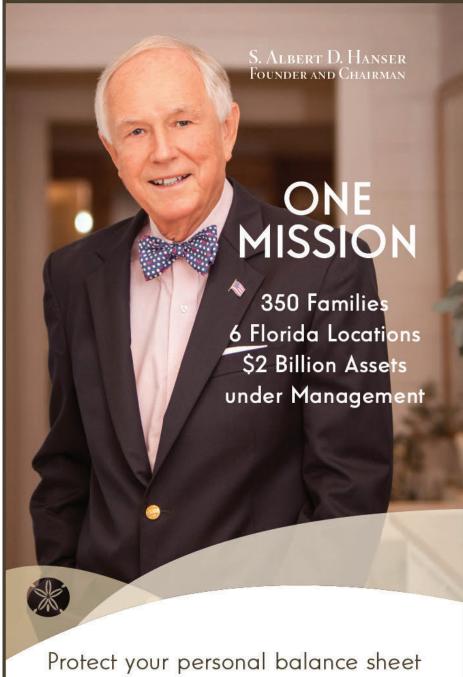
City Manager To Speak At CASI Breakfast

he Condominium Associations of Sanibel (CASI) will hold a breakfast meeting in the Sundial Room at Sundial Beach Resort & Spa on Thursday, January 23. Sanibel City Manager Judie Zimomra will be the guest speaker.

Registration begins at 8 a.m. A breakfast buffet will be held at 8:30 a.m., followed by the prgram at 9 a.m.

Cost is \$15 for CASI associations members and staff, or \$30 for guests. Cash and checks will be accepted at the

Advance registration is required by Monday, January 20. Sundial Beach Resort & Spa is located at 1451 Middle Gulf Drive on Sanibel. To RSVP, email casi.sanibel@gmail.com or call 691-5024.☆



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by Howard Prager

fter an exciting wild ard playoff weekend in the NFL, last Saturday was boring. Favored San Francisco won, favored Baltimore lost, but neither game was close. Then came Sunday,

and one of the most exciting games ever. Kansas City, with its 51-31 victory, is the first team in NFL history, regular season or playoffs, to trail by 24-plus points in the first half and be tied or leading entering halftime. Patrick Mahomes is the first player in NFL history with 300-plus pass yards, five-plus pass touchdowns and 50-plus rush yards in a playoff game. He joins Doug Williams (Super Bowl XXII) as the only players in postseason history with four passing TD in a single quarter. Tight end Travis Kelce and running back Damien Williams scored three touchdowns apiece, joining the 49ers' Jerry Rice and Ricky Waters in Super Bowl XXIX as the only teammates to score that many times in a postseason game. KC hosts Tennessee on Sunday in the championship, which should be most entertaining. A win puts them in their first Super Bowl in 50 years. If Tennessee wins, it would be their first trip back since 1999.

As I said, two exciting games, although the Packers never trailed the Seahawks in the late game. Except perhaps in one

way - the game of life according to Coach Pete Carroll. In a profile on the Seahawks coach in the New York Times, Carroll 'talks about creating a vision for yourself. The native Northern Californian asks you to think about what it really means to excel, whether it's winning a football game or just being a good person, and it goes a long way toward explaining what is going through his mind when he is galloping down the sideline." Carroll's longtime business partner, Michael Gervais, a sports psychologist who has worked with Olympic athletes, serves as the mind-set guru for the Seahawks. "Gervais has a simple mantra about the Seahawks. 'We are a relationship-based organization, rather than having an outcome-based approach,' he said. The idea is that strong, trusting relationships among people who are striving to be the best versions of themselves create something powerful." Not powerful enough to beat the Packers, yet over the past 16 years, the Seahawks have done relatively well with first and second place finishes 13 out of 16 years, three Super Bowl appearances and one

trophy.

Who's been naughty? Astros general Hinch were each suspended without pay for the 2020 season by Major League Baseball, which on Monday released the findings from its investigation into Houston's sign-stealing allegations. Subsequently, the owner of the Astros fired them both. Houston also forfeits its first- and second-round picks in the 2020 and 2021 Major League Baseball (MLB) Drafts. In addition, the Astros were fined \$5 million, which is the highest allowable fine under the Major League Constitution. I find this shows some spine by MLB. They continue to investigate the Boston Red Sox for similar allegations. The report says that, "the illegal sign-stealing was mostly player-driven, though it states that former bench coach Alex Cora, who is now the manager of the Red Sox, was involved in setting it up. Cora was not disciplined as part of this investigation, but the report states that he could face penalties at the conclusion of the ongoing investigation into allegations of illegal sign-stealing by the Red Sox during the 2018 season. So if it was primarily player driven, why weren't some of the players disciplined? They (the commissioner) did that in 1919 with the "Black" Sox scandal when eight players were tossed from baseball, which was made into the movie Eight Men Out.

Who's nice? Pop Warner football coach Carlton Spivey from Phenix City, Alabama has produced 26 collegiate level players in the last three years from his Bi-City Longhorns youth team. When Clemson's Justyn Ross and LSU's Peter Parrish faced each other in the NCAA national championship game (a well-played game that LSU won, 42-25, and captured the national championship), it's the second time in two years that Phenix City will watch its own battle in the college championship.

"On any given Sunday, the local football field in Phenix City is full of 60 to 75 kids, from age 10 to Central High School varsity players. It's a weekly training session for the city's football youth.

Most of the city's best players have been a part of this fabric, and often give back to the kids below them, because that's what they were taught: work hard, revere those who came before them, and pay it forward to the players behind them. Former

players who have moved on to the college

ranks train high school players when they

are home. The high school players train the youth players and the cycle continues, year in and year out. The product of their hard work lies before them as former players come back who are successful at the game's highest levels. Spivey has coached youth football for 15-plus years in Phenix City and won a Pop Warner National Championship in 2010. 'I had most of these kids from the time they were 7, 8, 9, 10 years old. They were taught to help each other. We instilled a family environment.' And as it usually goes with small towns, we have small town problems. 'There's not a ton to do in a positive sense, so it's easy to get distracted in a negative sense,' Spivey said, and he doesn't want the kids he works with to get involved in what he called "your hood stuff.' Spivey has seen this destroy some of the city's best athletes so he created his program as a means to combat those distractions and to set up the players with something greater. Seeing the players he helped groom, like Justyn Ross, suit it up in the national championship game creates a feeling of pride for Spivey and others who have witnessed their ascension. It brings pride to a city and actualizes dreams for kids watching. 'It's a once in a lifetime dream," coach Spivey said. It makes young kids believe anything is possible.

Speaking of making anything possible, the first comeback story of the year. Serena Williams won her first major tennis tournament in three years in New Zealand last weekend. She donated her winnings to Australia's efforts to battle the devastating forest fires. Classy all the way.

Howard Prager is the son-in-law of longtime columnist Ed Frank. Prager is a sports enthusiast from the Chicago area who also writes and blogs about leadership. Email comments or questions to press@islandsunnews.com.☆

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SPORTS QUIZ

- 1. Kendrys Morales set a Toronto Blue Jays record in 2018 by homering in seven consecutive games. Who had held the franchise mark?
- 2. How many consecutive seasons did Boston's Wade Boggs have 200 or more hits?
- 3. Who was the first offensive lineman to twice finish in the top 10 of Heisman Trophy
- 4. Name the first woman to coach a championship-winning team in the WNBA.
- 5. Who was the oldest player to win the Conn Smythe Trophy as the NHL playoff
- 6. Jill Ellis set a record in 2019 for most games coached with the U.S. women's national soccer team (132). Who had held the mark?
- 7. From whom did boxer James J. Braddock win the heavyweight title from in 1935, and who beat him for it in 1937?

ANSWERS

7. He won the title from Max Baer and lost it to Joe Louis. Tim Thomas was 37 when he won the award in 2011. 6. April Heinrichs, with 124 games coached. 1. Jose Cruz Jr., with six consecutive games in 2001. 2. Seven consecutive years (1983-89). 3. Pittsburgh's Bill Fralic (1983 and '84). 4. Anne Donovan, with Seattle in 2004. 5. Boston goalies Transconders of the series of the

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Imagine



by Kay Casperson

emember the days when Lyou were young and would dream up scenarios in your head and envision yourself right there in the midst of them? Or maybe you can remember watching

your child play for hours with dolls, trucks or figurines, creating a village, a home, a world where the possibilities were endless.

I remember those days well when my daughters would not even want me to listen in to their playtime because they wanted to create a private space where they could be whoever they wanted to be and make up a world of their own.

I also remember the days when I was very young and imagined myself helping people look and feel better, so they would be happy and thrive in life. And, today, I am living my dreams. So, how important is your imagination? I believe that it is essential, not only for young children to dream, envision and imagine, but for adults to keep doing it

Imagination gives you so many positive things, including a road map to your dreams and your goals. When

you imagine something, you will most likely stay focused, hopeful, happy and healthy. Now that is exactly what I would call living your most balanced and beautiful life.

One of my favorite Christian songs is I Can Only Imagine by MercyMe. I read some of the words to this song at my mother's celebration of life when she passed five years ago. This song is about imagining what it would be like to be in heaven singing and dancing with the angels, and being surrounded by the glory of God. To this day, I imagine my mother doing just that as well as smiling down and blowing kisses like she used

Now you see how your imagination can continue to bring you feelings of joy, peace and hope. Today I want to encourage you to find your quiet place once in a while to imagine yourself doing whatever you dream of, and being wherever you want to be, just like you did when you were young.

My affirmation for you this week is: "I will continue to let my imagination roam and will cherish all the possibilities that lie ahead."

Kay Casperson is a beauty and lifestyle expert, founder and CEO of Beautifulife by Kay Casperson. She owns resort spas on Sanibel and Captiva islands and manufactures beauty and lifestyle products sold across the country. To stay inspired, visit www.kaycasperson.com or follow on social media @kaycasperson.☆

Doctor and Dietician

Non-Surgical Options For Pain





by Ross Hauser, MD and Marion Hauser, MS, RD

e have been treating patients with painful conditions for over 25 years. Unfortunately, some traditional practitioners use treatments that may not only worsen the painful conditions but accelerate the degenerative process with the eventual plan of joint replacement surgery. We would like to avoid surgery of any kind - especially if successful nonsurgical options exist. Some of our patients tell us their providers told them, "Take this anti-inflammatory medication, it's all I can offer until you are old enough for joint replacement surgery." Really?

There are many reasons to want to avoid surgery. Surgery is traumatic; it puts stress on the body and could cause one to feel less confident using the surgerized limb. Surgery irreversibly alters anatomy. Surgery potentially involves many complications. Surgery can lead to long-term arthritis due to the removal

of tissue needed to help the body bear weight, such as cartilage, meniscus and disc tissue. Rehabilitation is longer after surgery than conservative measures, such as prolotherapy. Surgery does not always resolve the pain, which either means it did not address the cause (typically ligament laxity with resultant joint instability), or it caused another problem.

Goals of the non-surgical H3 (Hackett-Hemwall-Hauser) Prolotherapy treatments include providing better function, increased strength, pain relief, elimination of stiffness, swelling and muscle spasms, and improved physical examination and test findings, with the end result being able to do the things you want to.

H3 Prolotherapy involves injections. We offer options for pain relief during the treatments. We have both been cured of many (and we mean MANY) injuries over the last 25-plus years, including migraine headaches, runner's knee, back pain, carpal tunnel, shin splints, turf toe, thumb pain, torn meniscus, cervical radiculopathy, post-crash hematomas, pelvic floor and pubic injuries post trauma, plantar fasciitis, and the list goes on. Why would we get so many areas treated with prolotherapy? Because it works.

We want to remain active for as long as possible and this is what we wish for our friends, family and those who suffer with painful conditions.

This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park. Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical. com.☆

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From page 15B

Emergency Care

everything we can to make them feel comfortable and safe, then that makes them happy.

If a child needs to be admitted to Golisano Children's Hospital from its emergency room, they stay right in the same building, a major convenience for already stressed-out parents.

The care they need will all be provided in one facility, so they don't have to be transferred out to a different hospital," said Dr. Garcia. And kids will receive the same kind of treatment throughout the hospital as they did in the ER. "We are one team,"

added Silverman.

No matter the circumstances that brought them in, families receive information throughout their time in the ER and at discharge to help prevent future accidents or simply ensure that their child is getting any additional care still needed once they leave the hospital.

"Our social workers are knowledgeable about services offered for children and where parents can look for them when they go home," said Silverman. "At discharge it's not just about the child but also about the family, about teaching mom and dad how to care for the child. That's why we send them home with a lot of

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Four Top Options For Tension Headaches

by Suzy Cohen, RPh

ear Readers: Tension headaches are the most common type of headache, and I'm willing to bet you've experienced more than one yourself. Millions of people endure this pain on a regular

basis just in the United States alone.

In the January 2020 edition of the Journal of Cosmetic Dermatology, there was a case study about a 32-yearold woman who received an injection of hyaluronic acid to her forehead and glabella (right between your eyebrows).

Hyaluronic acid is a popular wrinkle filler. She promptly developed severe anxiety, depression and tension headaches. These and other symptoms persisted for a year after her injection, and they sent her to a psychiatrist. Sad. I bet these doctors put her on all kinds of new medications without realizing the actual problem.

But not all of you are fortunate enough to determine your "migrenade," which is a word I made up that means the trigger for your headache (or migraine). She was lucky to find out her problem, otherwise she would probably have kept up with those shots.

Tension headaches can actually occur on and off for years, but it's important to make sure that what you're dealing with is truly a tension headache. The root cause must be determined. Some headaches are spawned by MRI contrast media agents, while others are related to tick-borne illness, and still others are actually related to the side effects of medication. If you'd like more information on headaches and migraines, I have an excellent book resource for you called Headache Free, which is a book I wrote several years ago.

In the meantime, here's a little 'script' for some herbs, amino acids and vitamins that might help you feel better, until you can figure out your migrenade. Please

ask your practitioner(s) what is right for you, with your individual sensitivities and medical history and/or current meds.

Rhodiola rosea – About 100 mg once daily, dosages vary. Not for pregnant or nursing women, or those with bipolar.

Magnesium – Approximately 500 total daily dose. This mineral is essential to the electrical circuitry of your brain. You can take it as a dietary supplement by mouth, or alternatively apply magnesium oil to your skin.

CoQ10 or Ubiquinol – Take approximately 100 to 200 mg for your total daily dose (you can divide it up).

Glycine – About 500 mg once at bedtime. Glycine is an important amino acid that has widespread effects in hundreds of metabolic pathways. It is usually very calming.

Medications and analgesics can help, however if you're on them long-term, there will be side effects and nutrient depletions. I would like to caution you about the long-term use of addictive opiates (don't start them unless you absolutely have to) and the combination of serotonergic or SSRI antidepressants which can create a harmful excessive amount of serotonin. Also, the use of NSAIDs (ie naproxen, ibuprofen) should be limited and those drugs should always be taken with food to protect the fragile lining of your esophagus and stomach.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www. SuzyCohen.com.☆

From page 1B

Historical Village

Village is a nonprofit organization formed with the mission to preserve, share and celebrate Sanibel's history. The museum will remain open during the BIG ARTS construction project, from 10 a.m. to 4 p.m. Tuesday through Saturday. The traditional entrance to the village is open, and there is adequate parking available. There is handicap access to the buildings. Admission is \$10 for adults over 18. Members and children are free.

The Sanibel Historical Museum & Village is located at 950 Dunlop Road. For more information or to make a donation, visit www.sanibelmuseum.org or call 472-4648 during business hours.☆

Got A Problem? Dr. Connie Is In



by Constance Clancy

Q: With the holiday season behind us, can you share some tips to stay healthy and not get caught up in drama?

A: Holidays are notorious for bringing up family

issues and unresolved grief, resentment and frustration around family and tradition. Yet it is also a time for celebration and joy.

The best way to stay healthy is to be present and set healthy boundaries, For example, make it a point not to discuss politics especially if there is opposition in the family.

Try to keep it simple without deep issues arising. You may want to start some new rituals, yes, it's okay not to follow old family traditions. Here are a few simple tips to keep it simple:

1. Be sure to express gratitude for what you are grateful for: i.e., health, friends, family, loved ones and the ability to give. It feels good to be grateful for what you do have rather than focus on what you don't have.

2. Take time to help others that are not as fortunate. Look at what is going on in your community and offer some of your time to volunteer and offer your services. This is so needed not just at holiday time but year round.

3. Cultivate plenty of self-love and time for you. Holidays can be overwhelming and it's important you give yourself a break. If the weather is pleasant, go for a walk after your holiday meal and get some fresh air.

You don't have to spend every minute with your family. You might want to plan ahead what you want to eat and say to others.

4. Be willing to forgive and let go of resentment. You can tell yourself that it's possible to let go of the small stuff and honor others during holiday time. We are all human, and we need to recognize we are not perfect. Let go and enjoy.

5. Make it a point to create what works for you and make the necessary sacrifices you need to in order to get along with those whom you will be with this holiday season.

Constance Clancy, EdD, LMHC, LPC, NCC is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at drconstanceclancy@ gmail.com or visit www. drconstanceclancy.com.☆

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Broadway Palm Dinner Theatre	. 278-4422
Fort Myers Symphonic Mastersingers	. 288-2535
Gulf Coast Symphony	
Lee County Alliance for the Arts	939-2787
Naples Philharmonic	
The Herb Strauss Schoolhouse Theater	
Conibal Music Footings	. 4/2-0002
Sanibel Music Festival	.336-7999
Sanibel-Captiva Art League sand	
SW Florida Symphony	
Symphonic Chorale of SW Florida	. 560-5695
CLUBS & ORGANIZATIONS	
ABWA · American Business Women's Assoc http://abwasanibel	
American Legion Post 123	. 472-9979
Angel Elight CE 4 077 4	
Angel Flight SE 1-0//-4	AN-ANGEL
Angel Flight SE	. 472-3744
Audubon Society	. 472-3744 . 472-1189
Audubon Society	. 472-3744 . 472-1189
Audubon Society	. 472-3744 . 472-1189 . 274-5900
Audubon Society	. 472-3744 . 472-1189 . 274-5900 ti@coti.org
Audubon Society	. 472-3744 . 472-1189 . 274-5900 ti@coti.org . 472-3644
Audubon Society	. 472-3744 . 472-1189 . 274-5900 ti@coti.org . 472-3644 gmail.com
Audubon Society	. 472-3744 . 472-1189 . 274-5900 ti@coti.org . 472-3644 gmail.com . 984-5920
Audubon Society	. 472-3744 . 472-1189 . 274-5900 ti@coti.org . 472-3644 gmail.com . 984-5920 . 472-4775
Audubon Society. CHR Community Housing & Resources. Community Foundation of Sanibel-Captiva. COTI Committee of the Islands	. 472-3744 . 472-1189 . 274-5900 ti@coti.org . 472-3644 gmail.com . 984-5920 . 472-4775 . 472-0404
Audubon Society. CHR Community Housing & Resources. Community Foundation of Sanibel-Captiva. COTI Committee of the Islands	. 472-3744 . 472-1189 . 274-5900 ti@coti.org . 472-3644 gmail.com . 984-5920 . 472-4775 . 472-0404 . 472-8994
Audubon Society. CHR Community Housing & Resources. Community Foundation of Sanibel-Captiva. COTI Committee of the Islands	. 472-3744 . 472-1189 . 274-5900 ti@coti.org . 472-3644 gmail.com . 984-5920 . 472-4775 . 472-0404 . 472-8994 . 472-6940
Audubon Society. CHR Community Housing & Resources. Community Foundation of Sanibel-Captiva. COTI Committee of the Islands. COROW - Clinic For The Rehabilitation of Wildlife. Democratic Club of the Islands. Disabled Am Vets #108 (San-Cap Rep Ted Tyson) Help 211. FISH OF SANCAP Neighbors Helping Neighbors FISH. OF SANCAP 24-hr service. Sanibel Island Fishing Club. Horticultural Society of the Islands. Horticulture and Tea Society of Sanibel and Captiva.	. 472-3744 . 472-1189 . 274-5900 ti@coti.org . 472-3644 gmail.com . 984-5920 . 472-4775 . 472-0404 . 472-8994 . 472-6940
Audubon Society. CHR Community Housing & Resources. Community Foundation of Sanibel-Captiva COTI Committee of the Islands. COCROW - Clinic For The Rehabilitation of Wildlife. Democratic Club of the Islands. Disabled Am Vets #108 (San-Cap Rep Ted Tyson) Help 211. FISH OF SANCAP Neighbors Helping Neighbors FISH. OF SANCAP 24-hr service. Sanibel Island Fishing Club. Horticultural Society of the Islands. Horticulture and Tea Society of Sanibel and Captiva Kiwanis Club	. 472-3744 . 472-1189 . 274-5900 ti@coti.org . 472-3644 gmail.com . 984-5920 . 472-4775 . 472-0404 . 472-8994 . 472-6940 . 472-8334 . 677-7299
Audubon Society. CHR Community Housing & Resources. Community Foundation of Sanibel-Captiva COTI Committee of the Islands. COTI Committee of the Islands. COTI Committee of the Islands. Demclubislands@Disabled Am Vets #108 (San-Cap Rep Ted Tyson) Help 211. FISH OF SANCAP Neighbors Helping Neighbors FISH. OF SANCAP 24-hr service. Sanibel Island Fishing Club. Horticultural Society of the Islands. Horticulture and Tea Society of Sanibel and Captiva Kiwanis Club League of Women Voters. SanibelLWV@	. 472-3744 . 472-1189 . 274-5900 ti@coti.org . 472-3644 gmail.com . 984-5920 . 472-4775 . 472-0404 . 472-8994 . 472-6940 . 472-8334 . 677-7299 gmail.com
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Audubon Society. CHR Community Housing & Resources. Community Foundation of Sanibel-Captiva. COTI Committee of the Islands	. 472-3744 . 472-1189 . 274-5900 ti@coti.org . 472-3644 gmail.com . 984-5920 . 472-4775 . 472-0404 . 472-8994 . 472-6940 . 472-8334 . 677-7299 gmail.com 2-521-1158 . 472-6940
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Audubon Society CHR Community Housing & Resources Community Foundation of Sanibel-Captiva COTI Committee of the Islands COROW - Clinic For The Rehabilitation of Wildlife Democratic Club of the Islands Disabled Am Vets #108 (San-Cap Rep Ted Tyson) Help 211 FISH OF SANCAP Neighbors Helping Neighbors FISH. OF SANCAP 24-hr service Sanibel Island Fishing Club Horticultural Society of the Islands. Horticulture and Tea Society of Sanibel and Captiva Kiwanis Club League of Women Voters Lions Club, Jeff MacDonald Master Gardeners of the Islands MOAA - Military Officers Assc. of America, Alex MacKenzie Newcomers Notre Dame Club of Southwest Florida Optimist Club. PAWS - Protection of Animal Welfare Society	. 472-3744 . 472-1189 . 274-5900 ti@coti.org . 472-3644 gmail.com . 984-5920 . 472-4775 . 472-0404 . 472-8994 . 472-6940 . 472-8334 . 677-7299 gmail.com 2-521-1158 . 472-6940 . 395-9232 . 472-9332 . 472-9332 . 472-9336 . 472-4823
Audubon Society CHR Community Housing & Resources Community Foundation of Sanibel-Captiva COTI Committee of the Islands COROW - Clinic For The Rehabilitation of Wildlife Democratic Club of the Islands Disabled Am Vets #108 (San-Cap Rep Ted Tyson) Help 211 FISH OF SANCAP Neighbors Helping Neighbors FISH. OF SANCAP Neighbors Helping Neighbors FISH. OF SANCAP 24-hr service Sanibel Island Fishing Club Horticultural Society of the Islands. Horticulture and Tea Society of Sanibel and Captiva Kiwanis Club League of Women Voters Lions Club, Jeff MacDonald Master Gardeners of the Islands MOAA - Military Officers Assc. of America, Alex MacKenzie Newcomers Notre Dame Club of Southwest Florida Optimist Club. PAWS - Protection of Animal Welfare Society Rotary Club . 472-7257 of	. 472-3744 . 472-1189 . 274-5900 ti@coti.org . 472-3644 gmail.com . 984-5920 . 472-4775 . 472-0404 . 472-8994 . 472-6940 . 472-8334 . 677-7299 gmail.com 2-521-1158 . 472-6940 . 395-9232 . 472-9332 . 472-9332 . 472-0141
Audubon Society. CHR Community Housing & Resources. Community Foundation of Sanibel-Captiva COTI Committee of the Islands	. 472-3744 . 472-1189 . 274-5900 ti@coti.org . 472-3644 gmail.com . 984-5920 . 472-4775 . 472-0404 . 472-8994 . 472-6940 . 472-6940 . 395-9232 . 472-9332 . 768-0417 . 472-0836 . 472-4823 or 472-0141 cleclub.org
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Audubon Society. CHR Community Housing & Resources. Community Foundation of Sanibel-Captiva COTI Committee of the Islands	. 472-3744 . 472-1189 . 274-5900 ti@coti.org . 472-3644 gmail.com . 984-5920 . 472-4775 . 472-0404 . 472-8994 . 472-6940 . 472-8334 . 677-7299 gmail.com 2-521-1158 . 472-6940 . 395-9232 . 768-0417 . 472-0836 . 472-4823 or 472-0141 cleclub.org . 470-2866 . 472-6940
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PETS OF THE WEEK

photos provided

Lee County Domestic Animal Services

Sunny And CJ

Tello, my name is Sunny. I am an 8-year-old male domestic shorthair who is the unofficial mascot at Lee County Domestic Animal Services (LCDAS) as I am a staff and volunteer favorite. I am a social butterfly when it comes to people (other cats, not



Sunny ID# A777916

so much!). I will need to be the king of his castle as I do better being the only feline in the house. I am quite the character and keep the staff quite entertained.

My adoption fee is \$25 with the adopt one, get a feline friend free special.

Does this superhero remind you of another famous former resident of LCDAS? My name is no small coincidence. I remind volunteers of Deputy Chance so much that they honored me with a name reflecting the similarities we share.

As you can see, I am a 3-year-old male hound mix who thinks I am ready to fight crime like my

great counterpart does - or perhaps just chase some tennis balls, go for long walks, and hang out after a long day with you and your family.

My adoption fee is \$25.

People make millions of New Year's resolutions each January. Lee County Domestic Animal



CJ ID# A805188

Services invites you to "Skip the Jog and Walk a Dog" as part of yours. Make pets a part of your New Year's plan and consider that a new pet can help you achieve many of the most popular goals set each year. The adoption fee for dogs over 30 pounds will be just \$25 through January 31 to assist potential pet owners in finding a new exercise partner and best friend.

The shelter is open to the public Monday through Saturday at 5600 Banner Drive in Fort Myers. Adoptions are available 10:30 a.m. to 3:30 p.m. Monday through Saturday. For information, visit Lee County Domestic Animal Services at www.leegov.com/animalservices or call 533-7387.☆

Haven on Earth Animal League

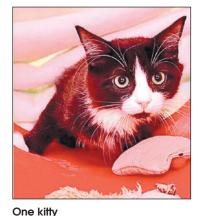
Lve

i There! My name is Eve -- perfect for Christmas Eve and New Year's Eve. I'm only about two or three years old, so I'm still young and playful. I've had a rough life so I'm looking for someone to love me forever. I was found in a garden center, trying to protect my five kittens. I was emaciated, full of tapeworms and missing fur. Luckily, someone from Haven on Earth Animal League took me in and fostered me. I'm all better now and ready to spend my life being pampered, as I should be. I am very affectionate and like to cuddle in bed or on the sofa with my human. I get along with other cats, and I even like the dogs in the house – but don't tell anyone. If you want to meet me, call Aviva (my foster mom) at 204-6849 or email Haven on $Earth\ Animal\ League\ at\ have nonearth an imalleague @yahoo.com.$

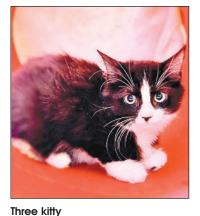
We are being cared for by Haven on Earth Animal League. For more information, call Diane at 860-833-4472 or email havenonearthanimalleague@yahoo.com.\\\$



Eve







Two kitty

PAWS Of Sanibel

Three Kittens

AWS, in conjunction with VCA Coral Veterinary Hospital in Fort Myers, has three beautiful kittens up for adoption.

The two males and one female are approximately 14 weeks old. They have had their first round of shots; worming and combo test were negative. For a \$50 adoption fee, they will be spayed/ neutered but remaining shots will be at owner's expense. Medical records will be provided.

Call Pam at PAWS at 472-4823, if you'd like to take one, two or all three of these gorgeous kittens home in 2020.☆

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PUZZLES

Super Crossword **OCCUPATIONS**

1 Ship parts 6 One in a veil 11 Verv small:

ACROSS

- Prefix 15 Sealed, say 19 Early TV's Stu
- 20 Posteriors 21 Stick - in the water
- 22 Songwriter's creation 23 Martin
- the ticket collector? 26 Actor Bana or Stoltz
- 27 Pay to play poker 28 Game with
- Wild cards 29 Clinton the doctor?
- 31 Caught at a rodeo
- 33 Pollen lover 34 Hardly fresh 35 Worldwide
- 38 Ellington the Peppermint Pattie factory worker?
- 45 More greasy 49 Ending for Israel
- 50 llk 51 Car owners' org.

- 55 Former Apple 95 Girls in the messaging software
- **57** See 64-Down 58 Primate studier
- Fossev 59 Benny the aolfer? 61 Markey and
- Bagnold **63** Actor Hinds of 2017's "Justice
- League' 65 Negligent 66 Sen. Kirsten Gillibrand's
- purview 67 Bailey the philosopher?
- 72 Folder flap 75 Meal tie-on 76 Rice-based Spanish dish
- 77 Ivory's counterpart 79 Benatar the dairy owner?
- 85 Fuzzy stuff 87 Departure 88 Standoffish
- 89 Karmann -(bygone VW sports car) 90 Nolte the
- clockmaker? 92 Skeleton part 93 +

- family
- 96 Liotta the lamp designer? 100 Gets dilated
- 102 Basic deg. for designers 103 Supermodel
- Carangi or actress Scala 105 End profit 110 Behar the
- chef? 116 Airport stat 117 Hotel chain 118 Morales of
- film and TV 119 Arden the demolition contractor? 122 Shady giants
- 123 Get-out-of-iail money 124 Super-mad
- **125** "The Flea" poet John 126 Blog addition
- 127 Pot for stew 128 Lauder of makeup 129 Evil smile

DOWN

- 1 Get gold, e.g. 2 Target
- Center, e.g. 3 Smacks 4 Spork parts

- 7 Alter totally 8 Reply to "Who's
- in charge here? 9 Bounced down the
- court 10 Actress Davis of two "Matrix" films
- 11 Spam, say 12 Langston Hughes poem
- 13 Athletic team assoc. 14 Film anew
- 15 Not wobbly 16 Throw 17 Troop body
- 18 Pt. of MIT or STEM 24 Nuclear reactor tube
- 25 Polar vehicle 30 Polar pixie 32 Curved arch
- 36 High jump on a skateboard, informally 37 Lacking a
- key, in music 39 "Semper Fi" mil. branch
- 40 Weirdo 41 Rubik of cube fame
- 42 Aiea's island 43 Broccoli

- 45 Poet Nash 46 Twisted wit 47 — lazuli
- 48 Frosted 53 Abbr. on a pay stub
- 54 "Please. Mommy, will you let us?'
 55 "Veni," in
- English **56** Nero's 160 59 Villain in Disney's
- 'Aladdin' 60 Waitress on TV's "Alice" 62 Spruce (up)
- 64 With 57-Across, Ali ring strategy
- 68 Abate 69 "Fighting" Big Ten team 70 Cut, as pizza
- 72 Like poison 73 Japanese cartoon art
- 74 Measures of memory 75 Scaring cry **78** — noire
- 79 One of Henry VIII's Catherines
- 80 Ft -81 Mug in a
- dug 82 Jamaican

- 83 Mean ruffian 84 Wife on "The Addams Family." to her hubby 86 Cover for a
- truck bed 90 Crystal rubbers. perhaps
- 91 Jab deliverer 93 Control in a clinical study
- 97 Certain wind plaver 98 Very loudly,
- musically 99 9-to-5er's
- weekly cry 101 Main dish 104 Art house film, often
- **106** Went aboard 107 Nitrogen compound
- 71 Cold and wet 108 Words after all or hole 109 San Fran
 - gridder 110 All-terrain vehicle
 - 111 Fjord city 112 Tasty tubers 113 Egg-shaped
 - 114 Eve. in Paris
 - 115 Nut with caffeine

King Crossword

11

ACROSS

- 1 Possesses Cribbage
- scorer Ringlet
- 8 Preclude 10 "M*A*S*H"

13

36

Manuel

DOWN

38

- setting Scents
- 13 Kitchen pair 16 - and outs 17 "The - Show
- With Jon Stewart'
- 18 Whopper
- 19 Citi Field team 33 20 Marching musicmakers
- Topper for Miss USA
- 23 Rushmore or Rainier
- 25 Responsibility 41 More, to 26 Cried 27 Lawyers' org.
- 28 Memorable mission
- 30 Shooter ammo
- 33 13-Across, e.g.
- 36 African desert wind
- 37 Ointment 38 Military subdi-
- vision
- 39 Unattractive 40 Mauna -

10 Japanese pond carp 12 Epithet

sleeve

- Throws hard 2 Neighborhood
- 3 : spoken :: 'The") libel: written 14 Information 15 Scarlet
- 4 Danger 5 Black wood 6 Ready for

9 Overcoat

- action Quarter, e.g. 8 CSA president letterina
- 20 On the other hand Big brass 22 Slanted, as

23 Viral Web

phenom One skilled in playing dead

31

"- Kapital" for Simon 26 Goes up a Templar (with few degrees

39

41

- 28 Worship 29 Parkinson's treatment
- 19 Spring month 30 Doctor's orders?
 - 31 Jealousy 32 Iron or Bronze
 - 34 Out of control 35 Long story

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CGDAXUROLJGDAXV ΙF C A(W S T HECAXV Н R P S E HFLDSBRY X V Т T R P \mathbf{E} OMOYKE I G E E E D B DNAHKXHD L MMKWU Τ RWDNSLAC I DARC R P R E TN ENAO I TNG F(G)U V M D THGUOHTCAYLOXWV TSRZPONLKJIGLFE

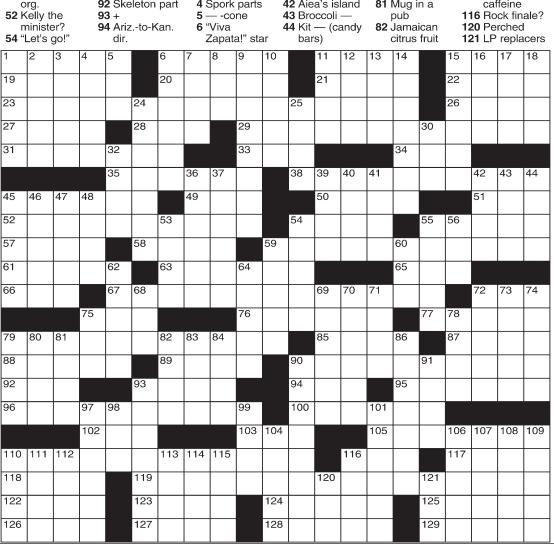
Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Enterprise Form Kick Loading

Love Lunches Markets Radicals

Thinker Thought Time Trade

Wheeling Zone



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Schwetz Schwetz

"Hey Mom, maybe you'd reconsider letting me ____ if you'd stand on this for a second."

Answer on page 30B

	BLERS within each rectangle to form four ordinary words. Then ters to form the mystery word, which will complete the gag!
Group REESIS	
Shame GAMITS	
Point DOPIER	
Docile TENGLE	
	TODAY'S WORD

7					5		4	
		8		6		9	1	
	3		4					2
1		7		8			3	
	4		2					6
		5			6	1		
		1	9	4		5		
6				3				7
	9				7		2	

SUDOKU

To play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

Answer on page 31B

HOCUS-FOCUS

BY HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



missing. 4. Chair back is lower. 5. Nose is smaller. 6. Hair is different. Differences: 1. Button is missing. 2. Skirt is different. 3. Food splat is

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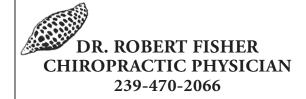
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My Stars *** FOR WEEK OF JANUARY 20, 2020 Aries (March 21 to April 19) That

lower-than-acceptable performance you're getting from others in your group might be the result of miscommunication. If so, correct it before serious problems arise later

Taurus (April 20 to May 20) An unexpected situation could call for a change of plans. If so, you might feel that this is unfair. But it's best to make the needed adjustments now. There'll be time later for rescheduling.

Gemini (May 21 to June 20) The new year brings opportunities you might want to look into. Some might be more interesting than others. But take time to look at all of them before you make any decisions.

Cancer (June 21 to July 22) It's a good

idea to be careful about expenses until you've worked out that pesky financial problem. You might find it advisable to get some solid advice on how to proceed.

Leo (July 23 to August 22) Romance looms large over the Leonine aspect. Single Lions looking for love should find Cupid very cooperative. Paired Cats can expect a renewed closeness in their relationships.

Virgo (August 23 to September 22) Making contact with a former colleague might not be high on your list of priorities. But it could pay off personally as well as professionally. Avoid bringing up any negatives about the past.

Libra (September 23 to October 22) A personal relationship could face added stress because of a situation involving someone close to both of you. Be supportive and, above all, try to avoid playing the blame game.

Scorpio (October 23 to November

21) You might well find some lingering uncertainties about a decision. If so, take that as a warning that you might not be ready to make that move yet. More study would be in order.

Sagittarius (November 22 to December 21) Music is a dominant theme for Sagittarians right now, and it should remind you to make a greater effort to restore some much-needed harmony in that very special relationship.

Capricorn (December 22 to January 19) Although family matters might demand much of the Sea Goat's attention this week, you'll want to try to make time to handle those all-important workplace situations as

Aquarius (January 20 to February 18) A recurring unresolved issue might need to be revisited before you can move forward. Consider asking someone familiar with the situation to act as an impartial counselor.

Pisces (February 19 to March 20) Ignore pressure to make a decision. Keeping your options open is still the wisest course, at least until you're sure you've learned all you need to know about the matter at hand.

Born This Week: You're capable of great loyalty to those around you, which is one reason you can count on devotion from friends and family.

STRANGE BUT TRUE

- It was nonviolent Indian activist Mahatma Gandhi who made the following sage observation: "First they ignore you, then they laugh at you, then they fight you,
- Ín 1905, Sir Arthur Conan Doyle, author of the Sherlock Holmes stories, became one of the first people ever to be fined for speeding.
 - Appropriately, the patron saint of

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COMMERCIAL RENTAL

COMMERCIAL UNIT

FOR RENT
East End of Sanibel in Punta Ybel Plaza. Perfect for Office or Small Retail. Call Dee at 472-0121, leave a message.

POPULAR RENTAL LOCATION ON SANIBEL



Call Judy at 239-851-4073.

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PELICAN PLACE SHOPPING CENTER

Palm Ride Road on Sanibel 3 units available or combined 2,400 sq. ft. (2 at 700 sq. ft., 1 at 1,000 sq. ft). Call 703-593-7024

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EAST ROCKS HOME SANIBEL

On River, Sanctuary land, Beach access, Deluxe 3 BR. March, April. 405-307-8949

EAST END ON CANAL GROUND LEVEL

3 BR, 2 BA, Sleeps 8 Large enclosed lanai and pool Deep water access Dog friendly 239-472-3458 or 319-651-9132 mknake@aol.com 12/20 **A** TFN

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ANNUAL RENTAL

UPDATED 2/2 UF CONDO

Close to Sanibel & FM Beach, this Ground level condo has fresh paint, new Wood vinyl in LR, new Carpet in BR's, Full size W/D, in unit, overlooks courtyard, view of lake. Clubhouse, pool, exercise, etc. \$1.300/mo.

Call 472-6747 R Serving The Islands Rental Needs Since 1975

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Inbox me your monthly rent amount and I'll send you 3 houses you could OWN for the same monthly payment. chip@chipwolfe.com chipwolfe.com 239-848-0906 REMAX OF THE ISLANDS

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1. Series; 2. Stigma; 3. Period; 4. Gentle

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A Full Service Landscape Co.

• Landscape Design, Install & Maintenance

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Barbara Valenti Barber Styist Also Watch Battery Replacement (\$6 To \$8)

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Reliable and Experienced Reasonable Prices Pick Up & Delivery Available 239-472-8655

HELP WANTED

SANIBEL RETAIL SHOP

3 To 5 days a week. Open year round. Must be mature and reliable. Email resume to rootbeer@comcast.net 01/10 & 01/17

SEASONAL PART TIME

Cricket Shop - womens swim & resort wear No experience needed Jeff @ 239-992-4546

OCCASIONAL CLEANING HELP NEEDED

Small Inn seeking help with cleaning services. No experience required. Average 4 to 6 days per month. Variable days of the week. Hours vary between 10 a.m. to 4 p.m. Start at \$15. per hour. Sanibel resident preferred. Call 239-472-9088.

SCARNATO LAWN SERVICE

Lawn Service, Shrubs and Tree Trimming Weeding, Installation of Plants, Trees and Mulch (one month free service available) Joe Scarnato (239) 849-6163 scarnatolawn@aol.com

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Dock Lighting, affordable LED conversion. FPE panel replacement, Landscape Lighting. Generator Sizing, etc, etc, etc. Call or text Roger 239-707-7203 State License #13002788

> To advertise in the Island Sun Call 395-1213

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MID CENTURY FURNITURE

Danish, Modern, Teak and/or made in the USA during 1950s, 60s and 70s. Send photos to Joyldupree@AOL.com or text 941-313-5427. I make housecalls and pay up front/not consignment. Call Joy 941-313-5427 with questions. Retro Home Furnishings, 12717 McGregor Boulevard, Fort Myers. Open Tues.-Sat., 10 a.m. to 4 p.m.

GARAGE SALE

MULTI-FAMILY GARAGE SALE

Saturday, January 18, 9 a.m. to 1 p.m. 697 Spartina Court, Sanibel Many household items, small appliances, bicycles, furniture

bankers is St. Meingold.

- Ever wonder how BVDs came to be called that? From the names of the men who originally manufactured them: Bradley, Voorhies and Day.
- Less than half the people in the world use a spoon, fork and knife to eat. The rest use chopsticks, just a knife or their hands.
- In Babylon 4,000 years ago, it was accepted practice that for a month after the wedding, the bride's father would supply his son-in-law with all the mead he could drink. Mead is a honey beer, and so that time became known as the honey month – what we know today as the honeymoon.
- People who pick chili peppers in Costa Rica have to wear special suits to avoid getting blisters just from coming into contact with them.
- The Pledge of Allegiance was published in 1892 in celebration of the 400th anniversary of Columbus' voyage to the New World. It didn't contain the words "under God," though, until 1954, when they were added by an act of Congress in an attempt to check the creeping advance of "Godless Communism.'
- Abraham Lincoln was the only American president to witness battle firsthand while in office.
 - A caterpillar has 4,000 muscles.

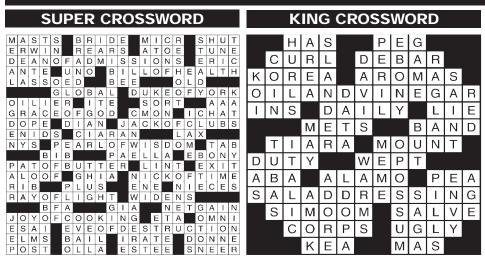
THOUGHT FOR THE DAY

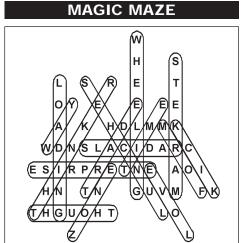
"Going to the opera, like getting drunk, is a sin that carries its own punishment with it, and that a very severe one." - Hannah More

HORTOONS



PUZZLE ANSWERS





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4	2	8	7	6	3	9	1	5
5	3	6	4	1	9	7	8	2
1	6	7	5	8	4	2	3	9
9	4	3	2	7	1	8	5	6
2	8	5	3	9	6	1	7	4
3	7	1	9	4	2	5	6	8
6	5	2	1	3	8	4	9	7
8	9	4	6	5	7	3	2	1

Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Bayfront Gardens	Bonita Springs	2018	5,648	\$4,999,000	\$4,500,000	3
Captiva Beach	Captiva	1990	4,736	\$4,900,000	\$4,250,000	935
Fa Lanes Bayview	Captiva	1999	2,599	\$2,695,000	\$2,368,000	306
Siena	Miromar Lakes	2005	2,895	\$1,250,000	\$1,200,000	78
Heron Point	Estero	1998	3,154	\$1,199,000	\$1,150,000	110
Yacht Club	Cape Coral	1979	2,748	\$990,000	\$875,000	228
Pinehurst Estates	Fort Myers	1986	5,380	\$899,000	\$835,000	283
Cape Coral	Cape Coral	2006	3,953	\$872,500	\$809,000	166
Hyde Park	Fort Myers Beach	1953	1,462	\$750,000	\$707,000	26
Cape Coral	Cape Coral	2019	2,162	\$685,900	\$640,000	257

3767 W. GULF DR., SANIBEL

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- Wine Room, Elevator, Game Rooms \$7,995,000 MLS 219071271 Trevor Nette 239.281.4435

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SANIBEL ISLAND



1226 ISABEL DR., SANIBEL

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MLS 218015347 \$1,295,000 McMurray & Members 239.850.7888

SANIBEL ISLAND



6053 SANIBEL-CAPTIVA RD., SANIBEL

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979 E. GULF DR. #E532, SANIBEL

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- Dazzling Gulf Views from Living Room/Lanai MLS 219076277 Cindy Sitton 239.810.4772



Florida Locations: Bonita Springs/Estero, Cape Coral, Captiva Island, Fort Myers, Naples/Marco Island, Ocala and Sanibel Island

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- Lakefront, Steps to Beach
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POINTE SANTO



2445 W. GULF DR. #C23, SANIBEL

- 3 BR. Direct Panoramic Gulf Views
- See 3D Tour: www.PointeSantoc23.info \$1,150,000 MLS 219083100 Bob Radigan 239.691.6240

SUNDIAL OF SANIBEL



1501 MIDDLE GULF DR. #C210, SANIBEL

- Views of Gulf of Mexico
- 1 Bedroom, 1 Bathroom

MLS 219072600 \$485,000 Brian Murty 239.565.1272

OFF W. GULF DR.



228 VIOLET DR., SANIBEL

- Near Beach Masterpiece, 4,000+/- S.F.
- 4 BR, Pool, Remodeled to Finest Standards \$1,749,000 MLS 219009841
- Jason Lomano, Lomano-Nicholson Team 239.470.8628

SOUTH SEAS ISLAND RESORT



1404 BEACH COTTAGES, CAPTIVA

- Direct Beachfront
- 2 Bedrooms, 2 Baths, Updated Interior
- MLS 219080497 \$1,245,000
- Vicki Panico & Fred Newman 239.980.0088

SANIBEL RIVER ESTATES

3570 BUNNY LN., SANIBEL

- Walk to Gulf, Deeded Beach Access
- 3 BR, 3 BA, Pool w/Waterfall MLS 219078043 \$739,000
- Sharon Kottraba, Lomano-Nicholson Team 804.240.3115

SUNDIAL OF SANIBEL

UNDER CONTRACT



1501 MIDDLE GULF DR. #H210, SANIBEL

- Phenomenal Income
- •Open Floor Plan Studio

MLS 218080098 \$379,000

Brian Murty 239.565.1272

GOLD COAST BEACHFRONT

16500 CAPTIVA DR., CAPTIVA

- •Over \$500K in Rental Income!
- 6 BR, 6.5 BA, Private Elevator, Art Studio
- MLS 219081879 \$7,989,000 McMurray & Members 239.850.7888

SANIBEL ISLAND



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- 1 of 3 Lots Available, 104'+ Beachfront
- Incredible Opportunity, Ideal Location \$3,895,000 MLS 218085212
- McMurray & Members 239.850.7888

SOUTH SEAS ISLAND RESORT



1635 LAND'S END VILLAGE, CAPTIVA

- 2 BR, 2 BA on Redfish Pass & Gulf
- Stunning Waterfront Views
- \$1,429,000 MLS 219013772
- Vicki Panico & Fred Newman 239.980.0088

POINTE SANTO



2445 W. GULF DR. #C3, SANIBEL

- Gulf Views, Great Weekly Rental • Gorgeous 3 BR, 2 BA, Ground Level
- \$1,195,000 MLS 219076630
- John Nicholson, Lomano-Nicholson Team 239.849.3250

EAST ROCKS



566 BOULDER DR., SANIBEL

- Updated 3 BR, 2 BA, Near Beach
- Spectacular Pool, Lake Views MLS 220001443 \$699,900
- Sharon Kottraba, Lomano-Nicholson Team 804.240.3115

BEACHVIEW ESTATES



1331 PAR VIEW DR., SANIBEL

- Rare Near Beach Residential Homesite
- Sanibel River & Golf Course Views
- \$349,000 MLS 220003411 Cindy Sitton 239.810.4772